

Symposium

Failure of Patellofemoral Stabilisation

Presentation outline

Failure by missed torsional Abnormalities

Florian Dirsamer

Patellofemoral Instability is often multifactorial. A thorough analysis of every single case is therefore essential. Torsional abnormalities (most likely femoral), which are often combined with frontal femoral malalignment play an important role – especially in severe cases.

The biomechanical background of these bony risk factors will be discussed and the current evidence for treatment will be demonstrated. Unsolved issues as reference values, measurement methods and more will be addressed as a basis for audience discussion. Case examples will be presented.