



Hospital USP – Santa Teresa

Contacts: Rafael Arriaza-Loureda, MD, PhD
Address: Penarredonda, 4, 15008 La Coruna, Spain
Phone: +34 981 21 98 31
Fax: +34 981 13 35 86
Email: ral@grupobbva.net
Web: www.usphospitales.com

The Hospital USP-Santa Teresa heads or collaborates in the organization of different type of courses. These include:

- Sport medicine courses within the “Menéndez - Pelayo Summer University”
Open courses with recognized university formation credits, for undergraduate students
- Symposia and congresses in different specialty fields
The 1995 National Congress of the Spanish Arthroscopy Association, for instance
- Courses within the University of La Coruña free-credit and post-graduate programs
For instance, a symposium on sports injuries prevention, as well as courses on proprioceptive rehabilitation, are in progress for the next university term

The Hospital Santa Teresa is now linked to several other Spanish hospitals through a net formed by hospitals owned by USP (United Surgical Partners) – Europe. Due to a common interest in orthopaedic sports medicine, a new body, called USPORT, has been created to allow patients to receive the best treatment option available, either sending them to the hospital where the staff has the greatest experience, or sending the surgeons to the patient in order to help local doctors perform the surgery.

This approach allows visitors to have a wider experience in the treatment of top-class athletes.



Our center is receiving patients from our hometown and, increasingly, from distant cities all around the northwest of Spain. Every surgeon (there are now seven of them) is allocated to surgery twice a week, and to outpatient consultation three times a week. A clinical session is held once a week to discuss difficult cases.

The organization of the outpatient clinic allows us to always have a spare doctor available to attend to athletes or other urgent cases in an immediate manner.

The hospital has recently been remodelled, and has experienced a near 20% increase in surgical activity over the first five months of this year.