Prognostic Factors for the Non-operative Treatment of Stiff Shoulder

Yoshihiro Hagiwara, MD, PhD

Department of Orthopaedic Surgery, Tohoku University School of Medicine, Sendai, Japan

I  Background

- Incidence: 2-5% (1, 2)
- Age: 40s-70s (3)
- Predominant in woman (3, 4)
- Diagnosis: Codman's criteria (5)
- Definition: AAOS (6)
- Classification: primary (idiopathic), secondary (e.g. surgery or trauma) (7)
- Clinical features: freezing, frozen, and thawing phases (8)

II  Risk Factors

- Diabetes Mellitus (9-11)
- Dupuytren’s contracture (12, 13)
- Thyroid disease (14, 15)
- Parkinson’s disease (16)
• Osteopenia (17, 18)

• Hyperlipidemia (19)

• Subarachnoid hemorrhage (20)

• Cardiac surgery (21)

References


11. Balci N, Balci MK, Tüzün K. Shoulder adhesive capsulitis and shoulder range of


