



Southwestern Sports Medicine & Orthopaedic Surgery Center

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STAFF

Director
 Orthopaedic Surgeon
 45 Employees

Dr. med. Dimitr-Alexander Jontschew
 Dr. Ivan Vassilev
 (Among them: 6 Anesthesiologists, 2 OR Nurses,
 10 Nurses, 8 Physical Therapists, 3 Radiological
 Technicians)

COURSES

Arthroscopy courses for both beginners and the advanced were organized for Eastern European doctors four times in 2001, using five working stations with cadaver specimens.

Topics included:

BEGINNERS

Knee

Description of surgical approach & portals
 Steps in diagnostic arthroscopy
 Arthroscopic meniscectomy
 Lateral release
 Removal of loose body

Shoulder

Description of surgical approach and portals

ADVANCED

Knee

ACL Reconstruction
 PCL Reconstruction
 Unicondylar arthroplasty
 Total knee arthroplasty
 Unispacer

Shoulder

Arthroscopic repair of anterior instability and rotator cuff plasty

CENTER ORGANIZATION

The center has two operating rooms, which perform 1500 operations per year. Of those, 1000 are knee arthroscopies (including 350 ACL reconstructions), 350 are shoulder arthroscopies; and 150 are spinal nucleotomies, soft tissue operations & bony trauma procedures.

The outpatient clinic handles 5000 patients per year.

SCOPE OF SURGERIES

The center performs the following:

Knee and shoulder arthroscopy
 Ambulatory arthroscopic ACL & PCL surgery
 Cartilage transplantation
 Spinal disc surgery

Arthroscopic repair of instability
 Total knee replacement
 Partial knee replacement
 Sports & athletic trauma



In addition, the center has a physical therapy & rehabilitation ward (Ultrasound, Laser, Electrotherapy, Hydrotherapy, Fitness machines) as well as an imaging ward (Roentgen, Ultrasound, Digital x-ray, EMG, EKG, Spiroergometry, CT, MRI).

