



C.O.R.E. Hospital do Coração

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Teaching Center Courses

Our teaching center holds several courses annually. Course topics include sports medicine, such as physiotherapy applied to sports lesions, arthroscopic advanced techniques and knee replacement. The Brazilian Knee Society periodically sponsors courses that the center jointly organizes with other centers, such as an open activity where participants discuss clinical cases.

We usually have a guest doctor, twice a year, who spends two or three days sharing knowledge, performing surgery and giving lectures.

Organization

The center hosts four main areas where education is provided: in clinical practice, in surgical training, through observed rehabilitation techniques and in an active learning center.

Clinical Practice

The fellows work with four doctors, focusing on knee and arthroscopic surgery, shoulder and sports medicine. The center has an average of 200 patients a week, including new and returning ones.

Surgical Training

The fellows follow four doctors in their surgical practice, having a chance to observe and discuss surgical techniques. The average number of surgeries is about 30 a week, mostly including arthroscopy, ligament surgery, knee replacement and shoulder procedures.

Advanced Rehabilitation Techniques

In our rehabilitation center, the fellows have a chance to observe advanced techniques that include isokinetics tests, proprioception evaluations, training and routine KT¹⁰⁰⁰ tests. The fellows follow our rehabilitation protocols as they relate to each of the procedures.





Learning Center

The center's objective is to promote knowledge and improved surgical techniques. It has a training lab with models (knee, shoulder, ankle, etc.) to allow skills improvements.

The center holds workshops and courses. It has a library, Internet access and data bank. It is used for lectures and weekly clinical sessions where the staff discusses papers, clinical reports and special lectures.

Learning Center (Fellows in arthroscopy models training) →



Clinical Staff – Rene Jorge Abdalla, Rogério Olivi, Gilberto Luís Camanho, Sérgio Augusto Xavier

