



# International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine

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## PRESIDENT'S MESSAGE

Gary Poehling, M.D., 1997-99 ISAKOS President

The past six months have seen tremendous activity by ISAKOS. The Program Committee has done a fantastic job in putting together a very innovative program focused on the practicing orthopaedist. There has been tremendous input from everyone. John Bergfeld, M.D., and his committee have done an excellent job in putting all the pieces of the puzzle together.

The Local Host Committee, headed by Mike Malek, M.D., has been working with the organizers to provide an exciting venue that will offer you the wealth of interesting sites in and around the wonderful international city of Washington, D.C.

Additional ongoing projects have kept our committees busy. The Education Committee has been approving teach-

ing centers and courses around the world. We have organized support for a new teaching center in Nairobi, and the Sports and Knee Committees have received and graded papers for the Achilles and Trillat Awards. The focus of this activity is, of course, for the upcoming meeting in Washington, D.C., which will prove to have something for everyone.

I personally have been overwhelmed by the large number of people who have committed time and energy for the benefit of ISAKOS. That will pay large dividends for all of us in the future. Things are being organized properly to promote education, research and fellowship. I look forward to seeing you all in Washington, D.C., in May of 1999.

## SPORTS MEDICINE COMMITTEE WORKS TOWARD INTEGRATION

Gideon Mann, M.D., 1997-99 Orthopaedic Sports Medicine Committee Chair

We are meeting again in the great shadow of the coming Washington meeting. The world has not changed much, nor have we yet achieved our goal of incorporating sports medicine as an integral part of ISAKOS. I feel that many of our members have still to understand that the human body is made up not only of knees, and that surgery may still be performed without sophisticated optical systems and other toys for adults.

Yet we are on our way. Our Program Committee Chair and our President worked with us to enable a strong introduction of sports medicine to the coming congress, which is probably our main target. Other targets seem to be in range, provided that we push forward. They include:

- An ISAKOS written series in sports medicine;
- Awards of various kinds for research, public or clinical work;
- An ISAKOS journal; and
- International coordinated research, common protocols, and evaluation methods.

*"The day is short and the work is great."*

*"It is not our duty to complete the work,  
but neither are we free to desist from it."*

We shall keep trying to do our best!

**1999 ISAKOS BIENNIAL CONGRESS**  
**MAY 29 - JUNE 2, 1999 • WASHINGTON, D.C. • USA**  
**PREREGISTRATION DEADLINE: APRIL 15, 1999**

## FROM THE HOME OFFICE

Kathryn Grady, ISAKOS Executive Director

Greetings from cold and snowy Chicago!

We are busy preparing for the 1999 ISAKOS Congress in Washington, D.C. I hope, of course, that you can come, and I encourage you to advertise this meeting as widely as possible to your co-workers and friends. ISAKOS will grow as increasing numbers of surgeons recognize the value and quality of this organization. The Washington meeting is going to be a terrific example of ISAKOS' increasing role in international medical education.

As you read through this newsletter, you will see many other projects that are currently under way in the committees. The ISAKOS-Approved Teaching Centers, ISAKOS-Approved Courses, arthroscopic endeavors in Kenya, upcoming Trillat, Joyce and Achilles Awards, and growing Web site are all symbols of the progress made in the last 18 months.

Your society is reaching all corners of the world in its efforts to educate and unite regions. In fact, it is now serving as a role model for many other societies that are attempting to break into the international scene.

ISAKOS has a new staff member to assist with the paperwork required of these projects as well as the upcoming Congress. Her name is Marci Trick, and she has been working with us since September. She will be joining me at the AAOS Annual Meeting and at the ISAKOS Congress, so you may have the opportunity to meet her. She is a tremendous help and has a great sense of humor. I think you will like her very much!

As a final note, I would like to remind you to please pay your dues on time. We are regularly dropping people now who are delinquent. Also, you will not receive your journal subscription until your dues have been paid.

Please call us if you have not received a Preliminary Program. I look forward to seeing you in Washington, D.C., May 29-June 2.

## ARTHROSCOPY COMMITTEE COLLABORATES WITH ISAKOS COMMITTEES

Alfredo Panni, M.D., 1997-99 Arthroscopy Committee Chair

The time is running very quickly and the Washington meeting is coming. The committee will be working very hard to evaluate the 200 accepted papers of the upcoming ISAKOS Congress for the 1999 John Joyce Award. The high standard of these papers is promising a very successful meeting.

In cooperation with the Program Committee, especially its Chairman, Dr. John Bergfeld, we have tried to stimulate interest in arthroscopic papers, instructional course lectures, lectures and symposia for the upcoming Congress in Washington, D.C.

In the last two years, the Arthroscopy Committee has been working in collaboration with the Education Committee to organize fellowships sponsored by various companies. We have been trying to communicate and collaborate with national and continental arthroscopic associations or committees of continental organizations.

The Arthroscopy Committee has begun to develop standardized data sheets in the fields of arthroscopy with the Documentation and Outcomes Committee. It will be important to develop societal outcome studies that can serve as a basis for treatment protocols. These protocols can then be recommended by our society.

I hope that all ISAKOS members, as well as many non-members, are able to join us in Washington, D.C. I look forward to seeing all of you there.

## ARTHROSCOPY TEACHING CENTER INSTITUTED IN NAIROBI, KENYA

Dieter Kohn, M.D., 1997-99 Education Committee Chair

The ISAKOS Education Committee has organized support for a new arthroscopy teaching center in Nairobi, Kenya.

Dr. Kinuthia Gichuhi, an ISAKOS member working at the Mater Misericordia Hospital, will disseminate and teach arthroscopic techniques in East Africa. Arthrex Germany has generously provided hand instruments.

## ISAKOS-APPROVED COURSE HELD IN TBILISI, GEORGIA

An educational meeting was held in Tbilisi, Georgia, in July 1998, focusing on sports medicine and arthroscopy. The meeting, chaired by Georgian member Michael Zimlitski, M.D., featured ISAKOS members Ramon Cugat, M.D., Montserrat Garcia, M.D., and Jean-Pierre Dubos, M.D., as invited lecturers.

The opening ceremony was conducted by Marina Gudushauri, M.D., Deputy Minister of the Ministry of Healthcare of Georgia.

The meeting was advertised heavily on Georgian Central T.V. and in medical magazines, and the meeting aroused much interest among Georgian orthopaedic traumatists.



Top Left: Jean-Pierre Dubos, M.D., and Marina Gudushauri, M.D.; Top Right: Jean-Pierre Dubos, M.D., Montserrat Garcia, M.D., and Ramon Cugat, M.D.; Bottom Right: Levan Nachkebia, M.D., and Ramon Cugat, M.D.



# EDUCATIONAL COMMITTEE PUSHES ISAKOS WORK FORWARD

Dieter Kohn, M.D., 1997-99 Education Committee Chair

The Education Committee was involved in several activities during the past months. One hundred and nine certificates have been sent out to approved ISAKOS teaching centers. These centers are willing to accept doctors that want to learn about arthroscopy, knee surgery, and orthopaedic sports medicine as guests. Details have to be negotiated between the guest doctor and the teaching center.

A new application form for approval as a teaching center was made available by Evan Ekman, M.D., a member of the ISAKOS Education Committee. It will be published in the journal *Arthroscopy* and allow for a more standardized application process.

Several courses were approved by ISAKOS and held

under the ISAKOS logo. They included the Second European Congress of Sports Medicine and Science in Tennis in Rome, Italy, on December 3-4, 1998, and the Second Congress of the International Cartilage Repair Society in Boston, Massachusetts, on November 16-18, 1998.

For the upcoming congress in Washington, D.C., P. Thiagarajan, M.D., a member of the ISAKOS Education Committee, has prepared an evaluation form to receive optimal feedback for our organization and speakers. J.B. King, F.R.C.S., a member of the ISAKOS Education Committee, will provide guidelines for ISAKOS-approved courses. In the future, applications will be reviewed on a regional and international basis.

## ISAKOS-APPROVED TEACHING CENTERS

These centers have been approved to host fellows who request further training and/or exposure to arthroscopy, knee surgery and orthopaedic sports medicine. Interested fellows should consult the ISAKOS Web site ([www.isakos.com](http://www.isakos.com)) for contact information for the following centers. Financial assistance is at the discretion of the teaching center and may not be available. The centers listed below are organized alphabetically by country.

- Centro de Ortopedia y Traumatologia Centenario, *Argentina*
- Centro de Traumatologia y Ortopedia San Isidro, *Argentina*
- Instituto de Cirugia Artroscopica, *Argentina*
- Brisbane Orthopaedic & Sports Medicine Center, *Australia*
- The Department of Orthopaedics and Trauma, *Australia*
- Sportsmed-SA Orthopaedic Division & Hospital, *Australia*
- Orthopadisches Spital, *Austria*
- Orthopedisch Chirurg Salvator, *Belgium*
- Centro De Ortopedia E Fraturas De Joinville, *Brazil*
- Orthopaedic Department of Federal University of San Paulo, *Brazil*
- Fowler Kennedy Sport Medicine Clinic, *Canada*
- QEII Health Sciences Centre Dalhousie, *Canada*
- Sports Medicine Clinic, *Canada*
- University of Alberta, *Canada*
- Central Hospital of Montbeliard, *France*
- Centre de Chirurgie Orthopedique et Sportive, *France*
- Clinique des Cedres, *France*
- Clinique Mutualiste de la Dignonniere, *France*
- Hospital Ambroise-Pare, *France*
- Scientific Center of Orthopaedics & Trauma, *Georgia*
- Alpha-Klinik for Knee-and Spine Surgery, *Germany*
- Center for Knee Surgery, Foot Surgery, Sportstrauma, *Germany*
- Ortho Clinic Kassel, *Germany*
- Orthopaedic Abteilung, *Germany*
- Orthopaedische Univ, KlinikSaarland Univ, *Germany*
- Orthopedische Klinik Abteilung Fur Rheumatologie und Arthroskopische, *Germany*
- Southwestern Sports Medicine & Orthopaedic Surgery Center, *Germany*
- Bishop's Stortford, *Great Britain*
- Chelsea and Westminster Hospital, *Great Britain*
- Chesterfield Nuffield Hospital, *Great Britain*
- Droitwich Knee Clinic, *Great Britain*
- Halas Abbey Chambers, *Great Britain*
- Institute of Orthopaedics, Royal National Orthopaedic Hospital Trust, *Great Britain*
- Princess Elisabeth Orthopaedic, *Great Britain*
- Queen's Medical Center, *Great Britain*
- The Royal Liverpool University Hospitals, *Great Britain*
- The Royal London Hospital, *Great Britain*
- University of Aberdeen, *Great Britain*
- Wellington Knee Surgery Unit – The Wellington Hospital, *Great Britain*
- Worcester Royal Infirmary NHS Trust, *Great Britain*
- The Chinese University of Hong Kong, *Hong Kong*
- Hadassah University Hospital, *Israel*
- Clinica Ortopedica del Universita Di Firenze, *Italy*
- Clinica Ortopedica-Terni Sport Medicine, Arthroscopy and Knee Center, *Italy*
- Instituto Ortopedico Toscan-Firenze, *Italy*
- Instituto Ortopedico Rizzoli, *Italy*
- Istituto Di Clinica Ortopedica & Traumatologica, *Italy*
- Universita Cattolica Del Sacro Cuore, *Italy*
- Department of Orthopaedic Surgery, Saiseikai Kanagawaken Hospital, *Japan*
- Department of Orthopaedic Surgery of Medicine Chiba University, *Japan*
- Gyeong-Sang National University Hospital, *Korea*
- The National University of Singapore, *Singapore*
- Panorama Medi-Clinic G15, *South Africa*
- The Centre for Sports Medicine, *South Africa*
- Clinica Del Pilar, *Spain*
- Hospital Santa, *Spain*
- Karolinska Institute-Department of Surgery, Anaesthesiology, Radiology and OS, Huddinge University Hospital, *Sweden*
- Service de Chirurgie Orthopedique Hopital Cantonal, *Switzerland*
- Baskent University – Department of Orthopaedics & Traumatology, *Turkey*
- D.E.U. School of Medicine – Department of Orthopaedics and Traumatology, *Turkey*
- Allegheny University Hospitals Department of Orthopaedic Surgery, *USA*
- American Institute of Orthopaedic and Sports Medicine, *USA*
- American Sports Medicine Institute, *USA*
- Arlington Orthopaedic Associates, *USA*
- Arnold Orthopaedic Associates, *USA*
- Arthroscopic Knee & Shoulder Center, *USA*
- Baltimore Medical Mall, *USA*
- Bergen Medical Center, *USA*
- Boston University School of Medicine, *USA*
- Center for Orthopaedics, *USA*
- Fairfax Medical Center, Neurology Inc., *USA*
- Hovis Orthopaedic Clinic, *USA*
- Island Sports Medicine, *USA*
- Knee and Laser Institute, *USA*
- Lehigh Valley Hospital, *USA*
- Lonnie Paulos, Physician and Surgeon, *USA*
- McDonough Orthopaedic and Sports Medicine Center, *USA*
- Methodist Sports Medicine Center, *USA*
- Michigan State University, *USA*
- Mississippi Sports Medicine and Orthopaedic Center, *USA*
- Nicholas Institute of Sports Medicine and Athletic Trauma, *USA*
- Oklahoma Orthopaedics Incorporated, *USA*
- Orthopaedic Associates of Aspen and Glenwood, *USA*
- Orthopaedic at Woodbury, Woodbury, NJ, *USA*
- Orthopaedic Clinic of Mt. Vernon, *USA*
- Orthopaedic Specialty Group, *USA*
- Orthopaedic Surgery Associates of San Antonio, *USA*
- Orthopaedic Surgery Massachusetts General Hospital, *USA*
- Orthopedic Healthcare Northwest, *USA*
- Pacific Orthopedic Medical Group, *USA*
- Resurgens Orthopaedics, *USA*
- San Diego Orthopedics and Sports Medicine, *USA*
- San Francisco Orthopaedic Residency Program, *USA*
- Springfield Clinic, LLP, *USA*
- The Cleveland Clinic Foundation, *USA*
- The Orthopedic Specialty Hospital, *USA*
- The Sports Clinic Laguna Hills, Brooklyn, NY, *USA*
- The Texas Arthroscopic Surgery Clinic, *USA*
- The University of Vermont, *USA*
- Town Center Orthopaedic Associates, *USA*
- Tuckahoe Orthopaedic Associates, Ltd., *USA*
- Tucson Orthopaedic Institute, *USA*
- University of Colorado Health Sciences Center, *USA*
- University of Missouri Health Science, *USA*
- University of South Carolina School of Medicine, *USA*
- University of Southern California – School of Medicine, *USA*