The 6th ISAKOS Biennial Congress: A RECORD BREAKING SUCCESS

The 6th Biennial ISAKOS Congress, held in beautiful Florence, Italy was a fantastic success. More than 2,800 surgeons representing 83 countries attended the meeting held at the historical Fortezza da Basso from May 27 through May 31, 2007. Program Chair, Lars Engebretsen (Sweden) and the ISAKOS Program Committee developed an excellent educational program. ISAKOS wishes to thank Dr. Engebretsen, as well as Christopher Harner (USA), the past program chair, and Kazunori Yasuda (Japan), the 2009 Program Chair, for their assistance in developing an exceptional program.

The five day meeting included live surgical demonstrations, hands-on workshops, scientific paper presentations, instructional course lectures, and technical exhibits. The scientific program included more than 270 papers covering a wide range of topics including current and new approaches in sports injuries and arthritis of the knee, shoulder, elbow, hip and ankle. New technology highlights included double bundle ACL and PCL, minimally invasive joint arthroplasty, meniscal transplant, cartilage technology, arthroscopic rotator cuff repair and instabilities, injury prevention, and sports with joint replacement. All presentations reflected the vitality and variety that have become hallmarks of ISAKOS Congresses. The ISAKOS Board of Directors and Program Committee members also wish to extend their sincere gratitude to all who participated at the congress. The diverse topics and international perspective is the key to a successful congress.

The 6th ISAKOS Biennial Congress: A RECORD BREAKING SUCCESS

WIN A FREE REGISTRATION
Complete the online evaluation of the 2007 ISAKOS Congress and enter to win a free registration to the 2009 ISAKOS Congress in Osaka, Japan
FROM OUR LEADERSHIP

Editor's Note
James H. Lubowitz, MD (USA)
Cultural Confidence

Thanks to ISAKOS and my relationship with our society's official journal, Arthroscopy, as well as my penchant for research and teaching, I've had a chance to travel the world in the last few years, sharing and receiving educational pearls, meeting surgeons, and making friends. And thanks to my participation in the ISAKOS Biennial Congress in Florence, I was able to reconnect with friends and colleagues from North and South America, Europe and Asia, Australia and New Zealand, and Africa. In addition, I developed new relationships in Florence, meeting young surgeons, future surgeons (like Nick Sgaglione, Jr, following in his father's footsteps and sometimes leading to the gelato), and even some very old surgeons (names respectfully withheld upon request).

More seriously though, I base the title of this Editorial: “Cultural Confidence” on a related current concept in patient care, “cultural competence.” The venerated Augustus A. White and his colleagues define culture as a complex term that includes patterns of “language, thoughts, actions, customs, beliefs, and institutions of racial, ethnic, social, or religious groups.” They define competence broadly with regard to cross-cultural communication as evolving skills that allow one to function effectively with “individuals from cultural, ethnic, and racial backgrounds different from one’s own.” Sadly, some societies have found cultural competence to be challenging, which has led to the negative result of disparate health outcomes for disadvantaged groups. Fortunately, a solution is identified: education for health care practitioners.

Although ISAKOS members are not immune to the need for further education and knowledge regarding the cultural background of others, we have an enormous head start. We who are involved in the company of an international society gain fundamental understanding of dissimilar cultures and share the essential core value of respect for the preferences, needs, and customs of diverse individuals. While we will all benefit from continuing education in cultural competence, it seems clear that ISAKOS members, through practice, can feel comfortable as leaders in our community and the world. As a result of our experiences, ISAKOS members may thus show our leadership in the area of cultural competence by manifesting cultural confidence.

It is important here to acknowledge the Past-Presidency of John Bergfeld, the current leadership of Paolo Aglietti (who we all better understand now that we’ve discovered the character of the Florentine), and the upcoming energy of Freddie Fu. It is also moving to proclaim the ISAKOS Lifetime achievements of Gary Poehling and Roland Jakob, as well as Ruben Rosales and Ron Sparks of Smith & Nephew, who were honored in Florence with well-deserved ISAKOS Lifetime Memberships. However, as the new Editor of our ISAKOS Newsletter, it is a pleasure for me to devote the remainder of this space to acknowledging our immediate past-Editor, Ron Selby.

When ISAKOS Executive Director Michele Johnson asked me to serve as Newsletter Editor, my initial answer was, “No, Ron Selby is the Editor; he should stay in place, and I’ll remain as a member of the Editorial Board.” It was only when Michele assured me that Ron felt it was time to move on, but that he would remain on the Editorial Board as past-Editor, did I agree to accept the great honor to continue his tradition at the helm of our fine publication.

Ron is, in three words, humble, devoted, and encouraging. Ron’s humility is evident in his easy manner. One wouldn’t guess that he is a leader of ISAKOS (now on our Board of Directors), AANA, AOSSM, the AAOS, Arthroscopy journal, and a myriad of other organizations. Ron’s devotion is evident from this list of his activities. When Ron asks us to get involved in projects, he always begins, “I know you are really busy, but...” As busy as we might be, Ron is busier...how can we say no? Finally, Ron is encouraging. I remember when I first started attending meetings, Ron was the first to introduce himself with an outstretched hand; and, when I first started preparing podium presentations, Ron always managed to find me in the speaker ready room, and cheerlead: “You’ll be great.” Those mentioned above, Bergfeld, Aglietti, Fu, Poehling, Jakob, Rosales and Sparks are mentors to so many, including me. Ron Selby is my mentor as well. It’s a true pleasure to have a chance to try and fill his shoes.

Reference

ISAKOS Office Staff Update:
The ISAKOS Office is growing once again

As ISAKOS expands into new education and committee projects, the Board of Directors recognizes the need to increase the infrastructure and staffing of the ISAKOS Office. The ISAKOS Office would like to welcome Sarah Hutcheson, ISAKOS Administrative Assistant & Member Services, and Sandi Wasteney, ISAKOS Projects & Program Manager. Sarah and Sandi join Michele, Elizabeth, Katie and Donna in providing professional management and services to ISAKOS and its members.

Michele Johnson, Executive Director
Sandi Wasteney, Program & Project Manager
Donna Festo, Accounting
Elizabeth Collins-Gibson, Project Coordinator
Katie Anderson, Project Coordinator
Sarah Hutcheson, Administrative Assistant & Member Services
President’s Message
Paolo Aglietti (ITALY)

I am beginning the service of President for the biennium 2007–2009 of a Society which has grown considerably and has become more important in the last years, thanks to the work of all my predecessors. I am particularly thankful to Dr John Bergfeld for his strong leadership. John, for the last two years, has done considerable work for our Society in terms of relationship with other societies, committee charges and projects, and has always been on top of the situation.

Our meeting in Florence in May was very successful in terms of registrations (2850), new membership (300), scientific presentations, symposia, and live surgical demos. The attendance was always very high and the organization always very good. When we choose Florence two years ago we did the right thing. The large participation is certainly partially due to Florence but also our Society. I feel that the confidence we received from this large international attendance must stimulate all our efforts to continue working hard for improvements. In this context I want to thank the ISAKOS office and in particular Michele Johnson for her contribution and intelligent work. The office requires a lot of time and dedication and the staff has been recently increased.

The main strength of ISAKOS is its internationality. I believe that today we need to be open to the input of the world, which means to be open to the differences in opinion and experiences. In my mind, knowledge, if not science, comes from comparing different solutions. The internationality of ISAKOS is also on the other hand our main challenge, to cope with which we need many committees with many people involved and with many projects and ideas going on. Open knee surgery and Total Knee Arthroplasty should become more important with the involvement of the right people for this type of surgery. We need, I believe, a specialist that is strong in both aspects of our profession, arthroscopy and ligament reconstruction as well as arthroplasty. It is like this in most of the world.

One of the goals of ISAKOS is education: we will continue having ISAKOS approved or sponsored courses around the world, always in collaboration with local Societies or authorities and with the partnership of industry. Our funds are not endless and we continue to need the help of industry following the successful campaign of the past, which therefore must continue. We will be looking into different forms of useful collaboration with industry in terms of educational activities.

Our membership continues to grow and we are expanding in particular towards Asia and South America. In fact the next two ISAKOS meetings will be in Osaka 2009 and Rio de Janeiro 2011. The quality of our meetings and of our service to membership are the main attraction for new members. We should continue to work in order to increase our membership throughout the world. ISAKOS should be like “Google” or a search engine through which local or national Societies should work.

Finally the Journals. I believe we need to cooperate also with a Journal which would include also arthroplasty papers and for looking into this we have the Journal Advisory Task Force. On the other hand we recognize the importance of the Journal of Arthroscopy which has become the standard of reference in the world for good portion of our work and which will attract new members.

The best wishes for a very successful biennium for all and let us remember that “together everything becomes possible!”

Message from the ISAKOS Office:
Michele Johnson (Executive Director, ISAKOS)

The ISAKOS Office would like to take this opportunity to thank all of those who attended and participated in the 2007 ISAKOS Congress in Florence, Italy. Special thanks to Lars Engebretsen, the Congress Program Chair, and his program committee for their diligent work in creating a phenomenal educational program. The ISAKOS Office appreciates the continued support of the ISAKOS Executive Committee received during the Congress planning.

Additionally, ISAKOS would like to thank the Congress Platinum Sponsor, Smith & Nephew, as well as our Gold Sponsor ConMed Linvatec. Additional thanks to our Silver Sponsors, Arthrex, Arthrotek, Biomet Orthopedics, ArthroCare and DePuy Mitek. ISAKOS thanks these companies and all of the other exhibitors for their commitment to ISAKOS and our goal of global education.

I personally would like to acknowledge the ISAKOS Office team, Donna Festo, Elizabeth Collins-Gibson and Katie Anderson for their exceptional and professional execution of this complex conference.

A special thanks also goes to the live surgical demonstration assistants, Terry Heil, Judy Cooper, Rich Leutheuser, and Santana Gonzalez, who were very appreciated by ISAKOS and the surgeons involved in the demos. We also thank Integrated Events Management, led by Phil Haney, for their great help once again with the excellent audio visual coordination.

The ISAKOS office is already hard at work preparing for the 7th Biennial ISAKOS Congress in Osaka, Japan in 2009. We welcome your comments regarding the 2007 ISAKOS Congress on our website at www.isakos.com. Thank you for your membership and support of ISAKOS—we look forward to continued growth and success in the future.
NEW MEMBERS
We depend on our members to make the society what it is today and to embrace the potential it has in the future. It is the responsibility of members to recruit NEW MEMBERS to join ISAKOS and its goal to reach across the world.

Download an application online at www.isakos.com or contact the ISAKOS office at (925) 807–1197 for a NEW MEMBER Recruit Packet.

ISAKOS GROWTH BY REGION

ISAKOS MEMBERSHIP GROWTH

NEW! Go directly to the Arthroscopy: The Journal of Arthroscopic and Related Surgery through the Members Only Section on www.isakos.com.

ISAKOS MEMBER CHALLENGE
This is a critical time in the development of ISAKOS membership. We depend on our members to make the society what it is today, and to embrace the potential it has in the future. We continue to challenge all current members to recruit one NEW member to join ISAKOS and its Global Campaign to reach across the world.

It’s EASY!
Take applications with you when you travel and talk about ISAKOS. Tell others about the opportunities and benefits of being an ISAKOS Member. Have them look at the new ISAKOS website at www.isakos.com.

NOW AVAILABLE TO ISAKOS MEMBERS ONLY–ARTHROSCOPY TERMINOLOGY PROJECT
Arthroscopy Terminology of the Knee, Ankle and Shoulder
Presented by the 2005–2007 ISAKOS Arthroscopy Committee and ESSKA. Includes the ten most important diagnoses for the knee, shoulder and ankle joint to include:

- A definition
- Symptoms and signs: clinical classifications system
- Pathology: X-ray classification and staging systems
- Findings at arthroscopy: classification and staging systems
- Outcome measures
- Documentation sheet

Please visit the ISAKOS website at www.isakos.com and log on to Members Only to view this exciting Terminology project.

PAY YOUR ISAKOS MEMBERSHIP DUES TODAY!
Please visit www.isakos.com and log into the Member’s Only Section to pay your membership dues online or download your invoice. Your membership dues must be paid in full to receive the member registration fee for the 2007 ISAKOS Congress.

Your ISAKOS Membership includes:

- Automatic subscription to the official ISAKOS Journal Arthroscopy: The Journal of Arthroscopic and Related Surgery
- Optional online subscription to Knee Surgery, Sports Traumatology, Arthroscopy (KSSTA)—the official journal of the European Society of Sports Traumatology, Knee Surgery and Arthroscopy (ESSKA)
- ISAKOS Biannual Newsletter
- Discounted registration rate at the ISAKOS Congress
- Access to “Member’s Only” at www.isakos.com
- Opportunity to participate in ISAKOS Approved Teaching Centers and Approved Courses
- Complimentary publications from ISAKOS Committee Projects

WIN A FREE REGISTRATION FOR THE 2009 ISAKOS CONGRESS IN OSAKA, JAPAN

Thank you to everyone who participated and attended the 6th Biennial ISAKOS Congress in Florence, Italy. We would like your input and evaluation of the 2007 Congress in order to produce another extraordinary program at the 2009 ISAKOS Congress. Everyone who completes the online 2007 Congress Evaluation by September 30, 2007 will be entered into a drawing to win FREE REGISTRATION for the 2009 ISAKOS Congress, to be held on April 5–9, 2009 in Osaka, Japan. Please complete the brief ISAKOS Congress evaluation online at www.isakos.com.
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The Capio Artro Clinic is one of Sweden’s leading clinics for arthroscopic surgery, sports injuries and rehabilitation. The clinic offers highly specialized care by experienced orthopaedic surgeons and physiotherapists. Every year the clinic sees 25,000 patients and performs about 4,000 operations. The Stockholm County Council is our principal client, but we also work for other county councils, insurance companies, sports associations and private paying patients. The Swedish sports movement has chosen the Capio Artro Clinic as its co-operation partner. The clinic is responsible for providing medical services to a number of sports clubs and national teams, including the national teams in football, basketball, alpine skiing, snowboard, golf, diving and motor sport. Our Olympic athletes receive medical support via a close collaboration with the Swedish Olympic Committee.

THE STOCKHOLM SPORTS TRAUMA RESEARCH CENTER

The Stockholm Sports Trauma Research Center is a new concept where clinical treatment, research and education will be combined in a single building to achieve and sustain cutting-edge expertise at all levels of sports medicine. The center was founded by Karolinska Institutet and Capio Artro Clinic. Recently a new building was ready for occupation, some 80 or so persons will be active at the center, including:

- 20 researchers,
- 15 orthopedic specialists with long experience of arthroscopic surgery and sports injuries,
- 10 operating room nurses/enrolled nurses with a special interest in arthroscopic surgery,
- 15 physiotherapists specially trained to rehabilitate patients with sports injuries,
- 10 registered nurses/enrolled nurses in charge of reception, scheduling of operations and “customer service”,
- an administrative staff for accounting and IT.

The new building includes five brand new operating rooms equipped with Smith & Nephew devices, 2000 sqm out-patient and rehabilitation ward, lecture rooms with videolinks to our OR’s and additional 1000 sqm for administration, research and education.

The main goals of the Stockholm Sports Trauma Research Center are to:

- Offer treatment, rehabilitation and education at the highest international level in the field of sports medicine.
- Perform both basic and clinical research and prevent sports injuries through better information.

The center offers both seminars and courses, as well as fellowships (6-12 months) combined with surgical training and research activities. We can also take care about visitors for shorter periods.
ISAKOS 2007–2009 COMMITTEES
ISAKOS COMMITTEE MEMBERS APPOINTED

Following the ISAKOS Congress in Florence, Italy, the Committee on Committees and ISAKOS President Paolo Aglietti announced the 2007–2009 committee members.

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COMMUNICATIONS COMMITTEE

The Communications Committee is Chaired by Ramon Cugat, MD and co-Chaired by Eric McCarty, MD. The Committee Members are Stephen Burkhart, MD; Magnus Forsblad, MD; Ronald Selby, MD; Tehrany Armin, MD; Robert Marx, MD; Kim Seung-Ho, MD; Robert Stanton, MD; Wun Yiu-Chung, MD.

The Committee met on May 26th, 2007, in Florence, Italy, and there were six participants. The primary areas of discussion included possible ways to update and improve the ISAKOS website, provide members with greater and wider access to the latest surgical techniques and news from the organization, and ways to encourage collaboration with industry. Among the mail objectives set by the Committee is the increased use of new technologies to increase access for members to teaching tools and surgical techniques. The next meeting of the Communications Committee is scheduled for the AAOS Meeting in San Francisco, USA, in March, 2008.

KNEE COMMITTEE

The Knee Committee is Chaired by Julian Feller (AUS) and co-Chaired by Allen Anderson (USA). The current Committee Members are Jack Andrish, Peter Bonutti, Jesus Cardona- Munoz, Bill Clancy, Matteo Denti, Leopoldo Garcia, Jean-Yves Jenny, Abbas Madani, Shuichi Matsuda, Tony Miniaci, Philippe Neyret, Hans Paessler, David Parker, Rene Verdonk, Russell Winsor, and Eduardo Zamudio. More members are to be invited to join in the near future. The Committee met on Saturday, 26th May 2007 in Florence. Fourteen members participated in the meeting. The primary areas of discussion included current and future projects, the Patellofemoral Traveling Fellowship and other awards, and strategies to encourage “open knee surgeons” to join and participate in ISAKOS. The following goals have been accomplished:

Less invasive knee surgery for OA (CD and symposium for Florence meeting)
Patellofemoral biomechanics (CD and ICLS for Florence meeting and Arthroscopy journal current concepts article)

The following activities are planned:

Less invasive knee surgery for OA (Publication of article in Arthroscopy)
Meniscal tear classification (CD and ICLS/symposium to be ready for 2009 meeting)
Navigation for knee surgery (to be held in 2008 in conjunction with a knee arthroplasty meeting and to be ready for 2009 meeting as CD and ICLS/symposium)
Biologics for knee surgery (to be held in 2009 in conjunction with North American meeting and to be ready for 2011 meeting as CD and ICLS/symposium)

The next meeting of the Committee is scheduled for just prior to the AAOS Meeting in San Francisco in 2008. Communication amongst committee members between now and then will be largely by email.

MEMBERSHIP COMMITTEE

The ISAKOS Membership Committee met on Saturday, May 26 at the 2007 ISAKOS Congress. The meeting was led by committee chair M. Nedim Doral, Turkey, and Allen Anderson, USA, committee co-chair. The goal of the ISAKOS Membership Committee is to increase ISAKOS Membership in all regions of the world. The Membership Committee has been reorganized to include regional coordinators. The regional coordinators in attendance at the meeting included Rene Abdalla (Brasil), John Bartlett (Australia), Jose Huylebroek (Belgium), Mitsua Ochi (Japan) and Robert Smigielski (Poland). The regional coordinators will work with the ISAKOS Office to increase membership in their geographical area. The regional coordinator will coordinate with ISAKOS Members in their area to increase ISAKOS Membership through more direct contact with the orthopaedic surgeons in their countries and communities. These coordinators will provide information on ISAKOS Membership, along with their experiences in the society.

Other strategies to increase membership included a discounted membership fee to be offered to residents and fellows to encourage their involvement with ISAKOS early on in their careers. Also, translation of Arthroscopy: The Journal of Arthroscopic and Related Surgery was discussed along with other options to add value to ISAKOS membership.

The success of the membership drive at the 2007 Congress was deemed an immediate success as more than 275 membership applications were received. The next meeting of the Membership Committee will be held in San Francisco at the AAOS Meeting.
YOUR COMMITTEES AT WORK

SCIENTIFIC COMMITTEE

The Scientific Committee is Chaired by Savio L-Y. Woo, Ph.D, D.Sc. and has two co-Chairs. The committee members are Andrew Amis, Bruce Beynnon, Johnny Huard, Robert Johnson, Sinan Karaoglu, Jon Karlsson, Gideon Mann, Robert Marx, Norimasa Nakamura, William Rodkey, Ed Wojtys, Kazunori Yasuda, and Stefano Zaffagnini.

The Scientific Committee met on May 26, 2007 at 10:30 am and the Chair and co-Chairs met again on May 27. Ten members participated in the meeting. Our committee reviewed our charges from the board and it was felt that the area to focus our energy will be on the Evidence Based Medicine project. The project is moving forward very well and there are 6 manuscripts on different topics that have already been prepared and will now undergo a review process (every paper will be reviewed by two members of the committee). Drs. Woo and Karlsson have talked with Dr. Poehling about the possibility to publish these papers in Arthroscopy. Both Dr. Poehling and Jim Lubowitz are very positive and we plan to start with the first publication sometime in January 2008. We hope to publish at a frequency of one paper per month. The committee will be working hard on getting the review process established and moving forward. Meanwhile, we are also looking for new writers in this area as well as to develop a guideline for authors and for the review process. Potential future topics could include micro fracture, navigation in ACL injury, PRGF, visco supplementation, chondroitin-glucosamin supplementation as well as treatment of first time severe ankle sprains, and so on.

Another direction is the planning of a 2–3 day symposium on the future of sports medicine. The hope is to bring together 20–25 of the best scientists/clinicians and complete a project with a publication. It is hoped that the symposium will be carried out late 2008 or 2009 and to disseminate the results at the 2009 ISAKOS Meeting in Osaka.

Other business includes help with the preparation of the ISAKOS program. Our committee has already approached Dr. Yasuda, Program Chair for the Osaka Meeting, and we will propose several symposia as well as instructional courses.

Finally, the committee discussed individual goals of all committee members, we will prepare appropriate survey instruments on hot and interesting topics among ISAKOS members, for example graft choice for ACL reconstruction, papers to be submitted to the Newsletter as well as promote cell, gene, and other based biotherapy.

The scientific committee members are ready and willing to help any other committee as reviewers for research prize or publications when asked.

STRATEGIC PLANNING GOALS

ISAKOS Strategic Plan

Education—Promoting education in all areas of the world remains a focus of ISAKOS. In addition to continuing educational efforts in developed countries, ISAKOS will be working to promote education in developing areas such as China and India, Eastern Europe, Latin America and other non aligned areas like the Middle East.

Partner Societies—ISAKOS will be working to improve the interface and relationships with our partner societies, AOSSM, AANA, SLARD, ESSKA, and APOSSM.

Membership—ISAKOS will be working to increase membership through increasing marketing efforts, and the use of regional coordinators who will be able to promote the society in their geographical area. Efforts will also be made to encourage existing members to promote ISAKOS to non-members, and continue their existing memberships.

Finances—ISAKOS will be examining the prioritization and use of financial resources. ISAKOS will also be looking at ways increase existing financial resources, past and current use of funds, the Global Campaign for education, and research funding.

ISAKOS NEWSLETTER • SUMMER 2007 • 11
A MESSAGE FROM THE CHAIR

Thank you all for a fantastic meeting! I think that the combination of a great venue and an interesting program brought more than 2800 of you to our 6th Biennial ISAKOS Congress. A new record in submitted abstracts (1321) led to 272 podium presentations from 31 countries and 558 e-abstracts from more than 50 countries. In addition to this exciting new science, AANA, AOSSM, APOSSM, ESSKA and SLARD provided attendees with their highlight lectures. Thirty-five symposia, twenty-eight instructional course lectures, fourteen live surgical demonstrations, and nineteen highlight presentations took attendees to the edge of current research. My goal was to promote evidence based medicine, new developments and future directions. It is my feeling that we were able to synergize these three often mutually-exclusive areas.

I was happy to see new countries putting their mark on the ISAKOS Congress—we had more participants from Eastern Europe than ever before and we had exciting participation from China and India.

The challenge now moves to Osaka and the 7th Biennial ISAKOS Congress to be held on April 5–9, 2009. The program committee, led by Dr. Yasuda, will undoubtedly develop a great program.

My personal challenge to the committee is to continue holding the banner of evidence based medicine high so that ISAKOS can keep its deserved position as one of the leaders in medicine.
AWARD WINNERS

JOHN JOYCE AWARD
- Sponsored by Smith & Nephew Endoscopy
- Awarded to the Best Arthroscopy Paper read during the scientific program. In 1981 Dr. John J. Joyce offered a monetary prize for the best arthroscopy paper read during the scientific program of the 4th Congress of the International Arthroscopy Association in Rio de Janeiro. He endowed a prize to be awarded at every IAA congress thereafter.
- Winners are selected by the ISAKOS Arthroscopy Committee

Third Place:

Alexandre Estevao Vamos Kokron

Second Place:
“Semitendinosus Tendon Regeneration After ACL Reconstruction”

Toru Fukubayachi, MD (Japan)

First Place:
“Lower Extremity Neuromuscular Activation and Biomechanical Compensations Five Years Following ACL Reconstruction”

John Nyland, MD (USA)

RICHARD CASPARI AWARD
- Sponsored by DePuy Mitek
- For the Best UpperExtremity Paper read during the scientific program.
- Selected by the Upper Extremity Committee

Second Place:
“A Comparison of Open and Arthroscopic Techniques for Closure of the Rotator Interval: Impact on Glenohumeral Stability and Range of Motion”

Matthew Provencher, MD (USA)

First Place:
“Description and Clinical Consequences of the Posterosuperior Glenohumeral Ligament. An Unrecognized Part of the Shoulder Capsule”

Nicole Pouliart, MD (Belgium)
PATELLOFEMORAL RESEARCH EXCELLENCE AWARD
- Sponsored by The Patellofemoral Foundation
- Established in 2003 to encourage outstanding research leading to improved understanding, prevention and treatment of Patellofemoral pain or instability.
- **Winner:** “Repair of the Patellofemoral Ligament in Primary Dislocation of the Patella”

Svend Erik Christiansen, MD (Denmark)

ALBERT TRILLAT YOUNG INVESTIGATOR’S AWARD
- Sponsored by Stryker
- Awarded to the young researcher who has made outstanding clinical or laboratory research contributions to the understanding, care or prevention of injuries to the knee. This award is in member of Professor Albert Trillat, past president and founder of ISK.
- Selected by the ISAKOS Knee Committee
- **Winner:** “Optimization of Graft Fixation at the time of ACL Reconstruction: Part I: Effect of Initial Tension, Part II: Effect of Knee Flexation Angle”

Tatsuo Mae, MD (Japan)

ACHILLES ORTHOPAEDIC SPORTS MEDICINE RESEARCH AWARD
- Sponsored by DJO, Inc.
- Awarded to the researcher who has performed the most outstanding clinical or laboratory research in the field of orthopaedic sports medicine.
- Selected by the ISAKOS Orthopaedic Sports Medicine Committee
- **Winner:** “Have Static and Ballistic Stretching The Same Effect on the Muscle–Tendon and Tissue Properties?”

Nele Maheiu, MD (Belgium)
ISAKOS offered a series of live surgical demonstrations on cadavers to all Congress attendees. These demonstrations complimented the scientific lectures and presented the latest surgical innovations from some of the world’s top surgeons.
More than 550 electronic posters were available for review by Congress attendees. The e-posters were also included on a CD passed out to all Congress attendees.

Lunchtime workshops were sponsored by various companies and provided hands-on experience with the latest technology.

Concurrent Sessions offered a wide range of program options for registrants.
John Bergfeld, 2005–2007 ISAKOS President, welcomed all international society presidents to the Congress with a presentation (left) and breakfast (right) on Monday, May 28.
ISAKOS BREAKS
ATTENDANCE RECORDS

The 2007 ISAKOS Congress in Florence, Italy broke all previously established attendance records for an ISAKOS Congress. More than 2800 delegates traveled great distances to participate in the exciting and educational meeting.

ATTENDEES IN FLORENCE

DIVERSITY OF ATTENDEES

True to ISAKOS tradition, the 2007 ISAKOS Congress demonstrated the great diversity that ISAKOS has become known for. More than 82 countries were represented. Brazil once again had the largest number of delegates, with more than 320 surgeons attending.

ATTENDEES BY CONTINENT

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7TH BIENNIAL
ISAKOS CONGRESS
OSAKA, JAPAN
APRIL 5–9, 2009

Call for abstracts online at www.isakos.com in September 2007.
Abstract submission deadline: March 1, 2008.
Autologous chondrocyte implantation (ACI) emerged as a viable cell-based cartilage repair in the 1980’s and has subsequently become the most widely researched cartilage repair procedure. Following a short technical learning curve success rates for ACI surgery are now quoted as between 80 – 90%.

The two primary outcomes for an ACI rehabilitation program are:
1. Local adaptation and remodeling of the repair
2. Return to function.

The aim of the rehabilitation process is to optimize achievement of these outcomes within an individualized and progressive, yet safe, framework. However, there is considerable divergence in post-operative rehabilitation protocols across cartilage repair centres. It is pertinent to note that the published success and failure rates for ACI procedures do not appear to reflect these rehabilitative differences. For example, weight bearing status can range from non or partial weight bearing for a period of 12 weeks at one centre to a situation where full weight bearing is allowed at only 6 post-operative hour in another centre, yet these centres report comparable outcome success rates. Similar variance occurs in restrictions on range of movement and to a lesser extent the timing of the introduction of certain exercise and therapeutic modalities. This leads to the question as to why these variances are not being reflected in the success/failure rates despite rehabilitation being generally accepted as a critical factor to outcome?

There are a number of possible explanations but these unfortunately pose more questions than they supply answers. One possibility is that the current definitions of ‘success’ and ‘failure’ may either not be sufficiently sensitive, or may not accurately or fully reflect return to function. Initial definitions of outcome were predominantly focused on the local adaptation and remodeling of the repair and more specifically to graft delamination and further surgical interventions. More recently studies have included functional evaluations and patient satisfaction into outcome measures with the use of such instruments as the KOOS and SF-36. However, the post-operative scores are usually only compared against pre-injury and pre-operative baseline scores. If objective markers for return to function are being considered perhaps the goal should not just to be to show a significant clinical change between pre-operative and post-operative scores but to also compare the post-operative scores with average scores for age and sex matched controls with no pre-existing knee injuries.

An alternative explanation could support the potential for a more progressive rehabilitation protocol in as much as even the most ‘aggressive’ current rehabilitation programmes have not been shown to result in a significantly higher rate of failure. In fact, studies indicate that there is greater risk of intra-articular adhesions than there is of graft detachment/delamination.

It could also be possible that clinicians and researchers are selecting suboptimal objective markers to assess outcome. Any rehabilitation programme should be based on goals set around clearly defined markers that have been validated against overall treatment outcomes. At present the evidence base for rehabilitation following ACI procedures is neither extensive nor strong. Systems for longitudinal monitoring of patients’ adherence to rehabilitation and data collection regarding achievement of rehabilitation milestones are still in their infancy. One thing that is certain is the potential that exists for further work in the area of ACI rehabilitation with the paramount objective of improving patient outcomes.

Full article and references also available online at www.isakos.com
In a historical agreement without precedents for Latin America, ISAKOS has reached an agreement with SLARD to promote their scientific activities, the benefits for their Members, the payment of the annual membership fee, etc. In order to make this promotion effective we install a stand in the commercial area and we count with an Assistant trained to perform different tasks and to provide information to the people who require it.

In an initial plan for the first semester of year 2007, ISAKOS and SLARD were together in a stand in San Diego (USA), Martinique (Central America), Sao Paulo (Brazil), Tampa (USA), Buenos Aires (Argentina), Cartagena, (Colombia), Seville, (Spain), Florence, (Italy) Tampa, (USA), Acapulco (Mexico), Arequipa, (Peru), Rio de Janeiro, (Brazil); Valencia, (Spain); Santiago, (Chile), Porto Alegre, (Brazil); Campinas (Brazil). For the second part of the year we have programmed more than 10 important events where we will be present.

On the other hand, we have published a joint advertisement to become a Member of ISAKOS and SLARD in several publications in Spanish.

For the International Societies the presence in the local events is of vital importance rendering a service to its Members and potential future Members.

We invite all Members of ISAKOS and SLARD who organize events in Latin America to help in this fusion and we ask them to let us install in their Congresses and Courses a space to provide information related to both International Societies.
“2007 Ligament Reconstruction Seminar & Live Surgery” was held at the Hokkaido University Faculty House “Enreiou” in Sapporo, Japan on August 9–10, 2007. This course was sponsored by the Department of Sports Medicine and Joint Reconstruction Surgery at Hokkaido University School of Medicine, and was chaired by ISAKOS Member Prof. Kazunori Yasuda. The course consisted of one day of theoretical lectures and one day of live surgical demonstrations at the Yamanotoredor-Yagi Hospital. A total of 24 participants, including international orthopaedic surgeons, took part in the 1st Ligament Reconstruction Seminar and Live Surgery. Theoretical lecture topics included the fundamentals of knee ligament reconstruction including clinical and biomechanical basis, basic techniques, and arthroscopic anatomy, principles of meniscal and chondral surgery and so on. The surgical demonstrations included observation of anatomic double-bundle ACL reconstructions in an operating room and participants had opportunities to ask various questions to the instructors. Overall, this was a valuable opportunity for all participants and faculty to increase their knowledge of ligament reconstruction. The organizers thank ISAKOS for their support and acceptance as an ISAKOS Approved Course.

ISAKOS TEACH THE TEACHERS PROGRAM LAUNCHED IN CHINA
ISAKOS leaders in China launched the new ISAKOS Teach the Teachers Program in Beijing on June 29 through July 2, 2007. This comprehensive program was supported by ISAKOS, and included lectures, cadaver workshops and live surgical demonstrations. Arthroscopic techniques for joint surgery and mini-invasive arthroplasty were major topics included in the program. An astonishing total of 250 surgeons attended this program.

Professor Kurosaka from Kobe University, Japan and eight other foreign experts from Germany, United Kingdom, United States, Taiwan and Hong Kong, joined the teaching team. Professor Kurosaka gave the lecture for double band technique for ACL reconstruction and presented the demonstration for this technique in the cadaver workshop. Professor Kurosaka presented the lecture in absence of ISAKOS Vice President, Professor Freddie Fu, who was recovering from a recent operation.

On behalf of ISAKOS and Freddie Fu, Professor Kurosaka explained to the audience the mission of ISAKOS as it related to education and global outreach. Many local surgeons expressed their interest and excitement towards becoming a member of ISAKOS.

The ISAKOS China Teach the Teachers Program, chaired by Professor Yu Changlong, Freddie Fu and Ao Yingfang, will start again in October 2008, following the Beijing Olympic Games.

HOLD AN ISAKOS APPROVED COURSE
Applications for ISAKOS Approved Courses may now be completed online at www.isakos.com. Apply today!
NEW ONLINE PROSPECTIVE MULTI-CENTER SURVEY OF THE MEDIAL COLLATERAL LIGAMENT (MCL) OF THE KNEE

The ISAKOS Orthopaedic Sports Medicine Committee has developed a worldwide survey of ISAKOS members concerning the treatment of acute isolated tears of the Medial Collateral Ligament (MCL) of the knee. As there is presently no gold standard for treatment of isolated MCL injuries, the purpose of the survey is to establish an up to date overview of treatment options in current usage globally for this injury.

The aim of this study is to include as many patients as possible who are under the control, directly or indirectly, of an ISAKOS member. A 3 month period will be chosen by each participant according to the sports program that they are involved in (e.g. after the beginning of the season, training, games, etc.). The treating physician is to use his/her usual treatment protocols for managing the injuries during the course of the study.

Please go to www.isakos.com to enter your data for the diagnosis, treatment and follow up of isolated MCL injuries.

Data will be collated at the completion of the survey and the results presented at a future ISAKOS meeting.

Francois Kelberine, MD
Peter Myers, MD

NEW ONLINE ELBOW DISLOCATION & INJURY SURVEY IS NOW AVAILABLE

The ISAKOS Orthopaedic Upper Extremity Committee has developed a worldwide survey of ISAKOS members concerning the treatment of elbow dislocations, injuries and treatment. As there is presently no gold standard for treatment of elbow dislocations, the purpose of the survey is to establish an up to date overview of treatment options in current usage globally for this injury.

The aim of this study is to include as many possible responses from our ISAKOS members. Please go to www.isakos.com, and log in to Members Only to enter your data for the diagnosis, treatment and follow up of dislocated elbows.

Data will be collated at the completion of the survey and the results presented at the 2009 ISAKOS Congress in Osaka, Japan.

Kevin Plancher, MD
ISAKOS Orthopaedic Upper Extremity Committee 2007–2009

PARTICIPATE ON THE NEW ISAKOS BOARD OF TRANSLATORS

The ISAKOS Executive Committee is excited about new plans for our society’s official publication, Arthroscopy: The Journal of Arthroscopic and Related Surgery. ISAKOS is developing a Board of Translators from our membership who will volunteer to translate Journal abstracts. By mid 2008, Arthroscopy will make these translated abstracts available on the ISAKOS website for our members and national and international arthroscopy and sports medicine societies. This will be a first step toward making the entire Journal available in languages beyond English. All language fluencies will be needed.

By examining a few abstracts each month, you will help the Journal to supply key research to colleagues who are not fluent in English. As a volunteer on the Board of Translators, you will receive acknowledgment and recognition in the Arthroscopy Journal, ISAKOS Newsletter, and on the ISAKOS Website for your contributions.

If you would like to be considered for the Board of Translators, simply go to the ISAKOS website at www.isakos.com and complete the Board of Translators questionnaire found in “Members Only.”

A Board of Translators questionnaire must be submitted no later than September 20, 2007 for consideration. (The Journal Editors will contact all participants for the program by Mid-December.)
UPCOMING ISAKOS APPROVED COURSES

1ST STOCKHOLM ARTHROSCOPY CONFERENCE
Capio Arto Clinic
Stockholm, Sweden
September 6 – 8, 2007
For More Information, please contact:
Magnus Forssblad
Tel: +46 70 4842616
Fax: +46 84062691
magnus.forssblad@capio.se
www.capioartroclinic.com

SHOULDER ARTHROSCOPY NATIONAL ADVANCED COURSE
Dissection Lab, University of Barcelona
Barcelona, Spain
September 13 – 14, 2007
For More Information, please contact:
Jordi Argemt
Tel: +34 93 373 7301
Fax: +34 93 373 7453
jordi.argemi@smith-nephew.com

5TH CADAVER ARTHROSCOPY COURSE IN BASIC & ADVANCED KNEE, AND BASIC SHOULDER SKILL
Safdarjung Hospital
September 15 – 16, 2007
For More Information, please contact:
Dr. Ips Oberoi
Tel: +91 129 4047180
Fax: +91 11 29963291
ipsoberoi@hotmail.com
www.indiaarthroscopy.co.in

2007 KOREAN ARTHROSCOPY SOCIETY ANNUAL MEETING WITH ARTHROSCOPY MASTERS OF ASIA
Konkuk University Hospital
Seoul, Korea
October 5, 2007
For More Information, please contact:
Jae Doo Yoo
Tel: +82 2 2650 6142
Fax: +82 2 2644 6142
yjdos@ewha.ac.kr
www.korarthro.com

INTERNATIONAL ARTHROSCOPY FESTIVAL
Grand Hotel Bernardin Conference Center
Portorose, Slovenia
October 24 – 27, 2007
For More Information, please contact:
Dr. Mohsen Hussein
Tel: +386 40 300551
Fax: +386 7 3321092
mohsen.hussein@guest.arnes.si
www.arthroscopy_festival.com

31ST FRESH CADAVER KNEE ARTHROSCOPY WORKSHOP
Yonsei University Hospital
Seoul, Korea
November 3, 2007
For More Information, please contact:
Sung-Jae Kim, MD
Tel: +82 2 22285679
Fax: +82 2 3636248
sungjaekim@yumc.yonsei.ac.kr
www.severanscopy.com

VI BASIC ARTHROSCOPY COURSE
Sheraton Hotel
Antalya, Turkey
November 9 – 10, 2007
For More Information, please contact:
Mustafa Irguden, MD
Tel: +90 242 2496172
Fax: +90 242 2274 329
urgeden@akdeniz.edu.tr
www.artroskopi.org

32ND FRESH CADAVER SHOULDER ARTHROSCOPY WORKSHOP
Yonsei University Hospital
Seoul, Korea
November 10, 2007
For More Information, please contact:
Sung-Jae Kim, MD
Tel: +82 2 22285679
Fax: +82 2 3636248
sungjaekim@yumc.yonsei.ac.kr
www.severanscopy.com

33RD FRESH CADAVER KNEE ARTHROSCOPY WORKSHOP
Yonsei University Hospital
Seoul, Korea
December 8, 2007
For More Information, please contact:
Sung-Jae Kim, MD
Tel: +82 2 22285679
Fax: +82 2 3636248
sungjaekim@yumc.yonsei.ac.kr
www.severanscopy.com

4TH BASIC ARTHROSCOPY COURSE
Sheraton Hotel
Antalya, Turkey
November 9 – 10, 2007
For More Information, please contact:
Mustafa Irguden, MD
Tel: +90 242 2496172
Fax: +90 242 2274 329
urgeden@akdeniz.edu.tr
www.artroskopi.org

34TH FRESH CADAVER SHOULDER ARTHROSCOPY WORKSHOP
Yonsei University Hospital
Seoul, Korea
December 15, 2007
For More Information, please contact:
Sung-Jae Kim, MD
Tel: +82 2 22285679
Fax: +82 2 3636248
sungjaekim@yumc.yonsei.ac.kr
www.severanscopy.com

6TH CADAVER ARTHROSCOPY COURSE IN BASIC & ADVANCED KNEE, AND BASIC SHOULDER SKILL
Safdarjung Hospital
December 22 – 23, 2007
For More Information, please contact:
Dr. Ips Oberoi
Tel: +91 129 4047180
Fax: +91 11 29963291
ipsoberoi@hotmail.com
www.indiaarthroscopy.co.in

ARTROSCOPIC SURGERY 2008: THE ROBERT W. METCALF MEMORIAL MEETING
Sun Valley Resort
Sun Valley, Idaho, USA
February 2 – 5, 2008
For More Information, please contact:
Karon A. Sorensen
Tel: +1 801 587 5446
Fax: +1 801 587 5411
karon.sorensen@hsc.utah.edu
www.arthroscopyseminars.org

X PRE-Congress of the International Arthroscopy and Sports Medicine
Buenos Aires University
Buenos Aires, Argentina
May 6, 2008
For More Information, please contact:
Laura Esposito
Tel: +54 11 4811 2089
Fax: +54 11 4811 2389
artroscopia_arg@ciudad.com.ar
www.artroscopia.com.ar

X CONGRESS of the International Arthroscopy and Sports Medicine
Hilton Buenos Aires
Buenos Aires, Argentina
May 7 – 11, 2008
For More Information, please contact:
Laura Esposito
Tel: +54 11 4811 2089
Fax: +54 11 4811 2389
artroscopia_arg@ciudad.com.ar
www.artroscopia.com.ar

III SLARD CONGRESS, XIII AMECRA CONGRESS
Hilton Cancun Golf and Spa Resort
Cancun, Mexico
June 4 – 7, 2008
For More Information, please contact:
Mariana Etchegaray
Tel: +54 11 4801 2320, ext 131
Fax: +54 11 4801 7703
slard_06_08@hotmail.com
www.slard.org

EFOST 2008: 5TH MEETING OF THE EUROPEAN FEDERATION OF NATIONAL ASSOCIATIONS OF ORTHOPAEDIC TRAUMATOLOGY
Sheraton Hotel
Beach Antalya, Turkey
November 26 – 30, 2008
For More Information, please contact:
Mahmut Nedim Doral, Professor
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