

Surgical Technique and Case Presentations for the Knee

March 24-25, 2012 • Mumbai, India

Scientific Program

Saturday, 24th March 2012

8:00 am onwards Registration

Session 1 - Cartilage and Osteoarthritis		Moderator: Nicholas Antao
9:00 - 9:15	Inauguration & Introduction to the Course	Moises Cohen, Brazil Parag Sancheti, India Dinshaw Pardiwala, India
9:15 - 9:30	Cartilage Basic Science and Overview of Articular Cartilage Treatment Options	
9:30 - 9:45	Osteochondral Autologous Transplantation in Chondral Lesions	Joao Espregueira-Mendes, Portugal
9:45 - 10:00	The role of Scaffold in cartilage treatment options	Dr. Willem M. van der Merwe
10:00 - 10:15	History & types of Proximal Tibial Osteotomy	Rajan Kothari, India
10:15 - 10:30	Planning & techniques of HTO	Milind Chaudhary, India
10:30 - 10:45	Discussion	
	Total Knee Replacement in Complex Cases	
10:45 - 10:55	• Varus Knee	Kanchan Bhattacharya, India
10:55 - 11:05	• Valgus Knee	Parag Sancheti, India
11:05 - 11:15	• Obese Patients	Sanjeev Jain, India
11:15 - 11:25	• Ligament balancing in TKR	Dr. Willem M. van der Merwe
11:25 - 11:40	Discussion	
11:40 - 12:10	Case Problems Discussion	<u>Moderator: Moises Cohen, Brazil</u> Kanchan Bhattacharya, India Milind Chaudhary, India Joao Espregueira-Mendes, Portugal Parag Sancheti, India Dinshaw Pardiwala, India
12:10 - 12:25	Coffee Break - Exhibit Area	

Session 2 - Meniscus		Moderator: Atul Patil
12:25 - 12:40	Menisci Anatomy and Basic Science	Moises Cohen, Brazil
12:40 - 12:55	Meniscus Repair vs. Resection	Vic Goradia, USA
12:55 - 13:10	Meniscus Transplantation	Joao Espregueira-Mendes, Portugal
13:10 - 13:25	Meniscus Lesion and ACL Reconstruction	Luigi Pederzini, Italy
13:25 - 13:40	Discussion	
13:40 - 14:10	Case Problems Discussion	<u>Moderator: Parag Sancheti, India</u> Moises Cohen, Brazil Luigi Pederzini, Italy Dinshaw Pardiwala, India Vic Goradia, USA
14:10 - 15:00	Lunch Break	

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Session 3 – ACL		Moderator: David Rajan
15:00 - 15:15	ACL Reconstruction-Transtibial X Medial Transportal Approach	Moises Cohen, Brazil
15:15 - 15:30	ACL Single Bundle Techniques (BTB)	Anant Joshi, India
15:30 - 15:45	Anatomic ACL Single Bundle (Hamstring)	Vic Goradia, USA
15:45 - 16:00	ACL Double Bundle Techniques	Dr. Willem M. van der Merwe
16:00 - 16:15	ACL Reconstruction in Open Physis	Moises Cohen, Brazil
16:15 - 16:30	What to Consider in ACL Revision?	Luigi Pederzini, Italy
16:30 – 16:45	ACL Reconstruction: Rehabilitation & Return to Sports	Joao Espregueira-Mendes, Portugal
16:45 - 17:00	Discussion	
17:00 - 17:30	Case Problems Discussion	<u>Moderator: Luigi Pederzini, Italy</u> Moises Cohen, Brazil Anant Joshi, India Vic Goradia, USA Willem M. van der Merwe David Rajan, India

17:30 - 17:45	Coffee Break - Exhibit Area
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17:45- 19:00	Model Workshops or Special Lectures Model Workshops or Special Lectures ACL Tightrope Sponsored by Arthrex <i>Vic Goradia, USA</i> Title To Be Determined Sponsored by Smith & Nephew <i>Luigi Pederzini, Italy</i> Title to Be Determined Stryker <i>Faculty To Be Determined</i>
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19:00 Onwards	GALA DINNER
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Sunday, 25th March 2012

Session 4- PCL and PL Instability		Moderator: _____
8:00 - 8:15	PCL – Anatomy, Biomechanics and Diagnosis	Pranjal Kodkani, India
8:15 - 8:30	PCL Reconstruction	Dinshaw Pardiwala, India
8:30 - 8:45	Combined PCL and ACL Lesion Management	Abhay Narwekar, India
8:45 - 9:00	Posterolateral Complex Anatomy	Neeraj Adkar, India
9:00 - 9:15	Posterolateral Reconstruction	Luigi Pederzini, Italy
9:15 - 9:30	PCL and Postero Lateral Rehabilitation	Luigi Pederzini, Italy
9:30 - 9:45	Discussion	
9:45 - 10:15	Case Problems Discussion	<u>Moderator: Moisés Cohen, Brazil</u>
		Luigi Pederzini, Italy Pranjal Kodkani, India Abhay Narwekar, India Dinshaw Pardiwala, India
10:15 - 10:30	Coffee Break - Exhibit Area	

Session 5- MCL and Complex Lesions		Moderator: Kanchan Bhattacharya
10:30 - 10:45	Medial Compartment Anatomy	Atul Patil, India
10:45 - 11:00	MCL Lesion Treatment	IPS Oberoi, India
11:00 - 11:15	Chronic MCL Reconstruction	Vic Goradia, USA
11:15 - 11:30	Multiligament Injury Management	Dinshaw Pardiwala, India
11:30 - 11:45	Discussion	
11:45 - 12:15	Case Problem Discussion	<u>Moderator: Moises Cohen, Brazil</u>
		Joao Espregueira-Mendes, Portugal Parag Sancheti, India
12:15 - 14:15	Lunch Break	

Session 6 – Patellofemoral Joint		Moderator: Parag Sancheti
14:15 - 14:30	Patellar Tendonitis	Kanchan Bhattacharya, India
14:30 - 14:45	Patellofemoral Instability –Anatomy and Diagnosis	Shirish Pathak , India
14:45 - 15:00	Osteochondral Patellar Lesion	Moises Cohen, Brazil
15:00 - 15:15	Medial Patellofemoral Ligament Reconstruction	Shirish Pathak, India
15:15 - 15:30	Distal Patellofemoral Realignment	David Rajan, India
15:30 - 15:45	Patellofemoral Rehabilitation	Moises Cohen
15:45 - 16:00	Treatment Algorithm	Willem M. Van der Merwe
16:00 - 16:15	Discussion	
16:15 - 16:45	Case Problems Discussion	<u>Moderator: Moises Cohen, Brazil</u>
		Kanchan Bhattacharya, India Joao Espregueira-Mendes, Portugal IPS Oberoi, India Shirish Pathak , India

16:45 - 17:00	Closing Remarks	Moises Cohen, Brazil Parag Sancheti, India
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17:00 - 17:15	Coffee Break - Exhibit Area
17:15 - 19:00	Model Workshops or Special Lectures ACL Tightrope Sponsored by Arthrex <i>Vic Goradia, USA</i> Title To Be Determined Sponsored by Smith & Nephew <i>Luigi Pederzini, Italy</i> Title to Be Determined Stryker <i>Faculty To Be Determined</i>