International Update on Surgical Controversies of the Shoulder and Elbow

Saturday, May 11, 2013

Pre-Course

www.isakos.com/2013congress
May 11, 2013

Dear Colleagues,

On behalf of the Course Chairs, we welcome you to Toronto and to the ISAKOS Pre-Course: International Update on Surgical Controversies of the Shoulder and Elbow.

ISAKOS is pleased to offer this surgical skills pre-course on Upper Extremity procedures. The goal of the International Update on Surgical Controversies of the Shoulder and Elbow pre-course is to evaluate the optimal use of diverse techniques for a variety of upper extremity surgical procedures. This half-day pre-course will also help participants to formulate surgical protocols for upper extremity procedures that integrate strategies to avoid potential complications. This pre-course is unique in its presentation of surgical techniques, involving demonstrations, as well as pearls and pitfalls, and discussions for each topic. Featured procedures will include Instability with Arthroscopic Reconstruction, SLAP Repair, Biceps Tenodesis, Open Distal Biceps Repair, Arthroscopic Radial Head Excision, Arthroscopic Subscapularis Repair, Double Row Rotator Cuff Repair, and Arthroscopic AC Reconstruction.

We have assembled an international faculty, including experts from around the world, presenting on their areas of expertise. We thank them in advance for their time and their presentations.

Thank you for your participation, and we hope you find the ISAKOS Pre-Course International Update on Surgical Controversies of the Shoulder and Elbow to be a valuable educational experience.

Best Regards,

Guillermo Arce, MD, ARGENTINA
Felix Savoie III, MD, USA
ISAKOS Congress 2013: Pre-Course
International Update on Surgical Controversies of the Shoulder and Elbow
May 11, 2013 • Toronto, Canada

Pre-Course Chairs
Guillermo Arce, MD, ARGENTINA
Felix Savoie III, MD, USA

Faculty
Gregory Bain, MB BS, FRACS, PhD AUSTRALIA
Klaus Bak, MD DENMARK
Giovanni Di Giacomo, MD ITALY
Philippe Hardy, PhD FRANCE
William Kibler, MD USA
Graham King, MD CANADA
Mario Larrain, MD, ARGENTINA
Osvandré Lech, MD BRAZIL
Tom Ludvigsen, MD NORWAY
Luigi Pederzini, MD ITALY
Kevin Plancher, MD, FACS, FAAOS USA
Alberto Pochini, MD BRAZIL
Marc Safran, MD USA
Hiroyuki Sugaya, MD JAPAN
W. Jaap Willems, MD, PhD NETHERLANDS
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3b – Paid Consultant
3c – Unpaid Consultant
4 – Stock
5 - Research or Institutional Support
6 - Financial or Material Support
7 - Royalties (Publisher)
8 - Editorial or Governing Board of Medical or Orthopaedic Publication
9 - Board of Directors, Owner or Officer for Healthcare Organization

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<th>Pre-Course Chairs</th>
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<tr>
<td>Arce, Guillermo R.</td>
<td>2 - Mitek; 3b - Mitek; 4 - Storz</td>
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<td>Savoie III, Felix Henry</td>
<td>2 - Smith &amp; Nephew, Mitek; 6 - Smith &amp; Nephew, JJ Mitek; 8 - J Arth; Tech Sh &amp; Elbow; JSES; 9 - AANA</td>
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<td>Bain, Gregory Ian</td>
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<td>Di Giacomo, Giovanni</td>
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<td>Hardy, Philippe P.</td>
<td>1 – Zimmer; 2 - Arthrex; 3a - ; 3b – Arthrex, Mathys, Zimmer</td>
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<td>King, Graham J.W.</td>
<td>1 - Tornier Inc., Wright Medical Technology; 3b - Tornier Inc., Wright Medical Technology; 8 - Assistant Editor, Journal of Shoulder and Elbow Surgery and Journal of Hand Surgery American</td>
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<td>Larrain, Mario Victor</td>
<td>3c - Arthrex</td>
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<td>Lech, Osvandré Luiz</td>
<td>2 - Jansen, Sanofi; 7 - DiLivros, Sarvier, Manole, Artmed; 8 - Bone and Joint Journal, Revista Brasileira de Ortopedia, Revista Dor; 9 - Partner of Instituto de Ortopedica e Traumatologia, Passo Fundo, Brazil</td>
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<td>Ludvigsen, Tom Clement</td>
<td>2 - Mitek, Smith &amp; Nephew; 3b - Mitek; 7 - Fagbokforlaget; 8 - Bone and Joint 360; 9 - Ortoservas</td>
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<td>Safran, Marc Raymond</td>
<td>1 - Stryker; 3c - Cool Systems, Inc., Biomimedica, Cradel Medical; 5 - Ferring, Smith &amp; Nephew, Ossur, ConMed; 6 - Ferring, Smith &amp; Nephew, Ossur, ConMed; 7 - Ferring, Smith &amp; Nephew, Ossur, Zimmer, ConMed; 8 - Elsevier, Lippincott</td>
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<td>Sugaya, Hiroyuki</td>
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<td>Willems, W. Jaap</td>
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**CME Hours**
The ISAKOS Sports Rehabilitation Concurrent Course: Global Perspectives for the Physical Therapist and Athletic Trainer is planned and implemented in accordance with the essential areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint sponsorship.

**CME Accreditation**
This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint sponsorship of the American Academy of Orthopaedic Surgeons (AAOS) and the International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS).

The AAOS is accredited by the ACCME to sponsor continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Course Objectives**
Upon completion of this course, participants should be able to:
- To Evaluate the optimal use of diverse techniques for a variety of upper extremity Procedures
- Evaluate clinical cases and practice evidence-based, informed orthopedic care.
- Demonstrate the application of current techniques, procedures and research
- Identify and analyze current research data pertaining to the upper extremity
- Aim to help participant’s formulate surgical protocols for upper extremity procedures that integrate strategies to avoid potential complications
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PRE-COURSE AGENDA

Pre-Course Chairs: Guillermo Arce, MD ARGENTINA
Felix Savoie III, MD USA

7:00 - 9:15 Session I: Instability
Moderators: Felix Savoie III, MD USA
Philippe Hardy, PhD FRANCE
Tom Ludvigsen, MD NORWAY

7:00 - 7:30 Arthroscopic Reconstruction with Bone Graft
Hiroyuki Sugaya, MD JAPAN, Surgeon
Giovanni Di Giacomo, MD ITALY

7:30 - 7:45 Discussion
Felix Savoie III, MD USA
Hiroyuki Sugaya, MD JAPAN
Giovanni Di Giacomo, MD ITALY

7:45 - 8:15 SLAP Repair: New Techniques and Biomechanics
W. Jaap Willems, MD, PhD NETHERLANDS, Surgeon
William Kibler, MD USA

8:15 - 8:30 Discussion
Philippe Hardy, PhD FRANCE
W. Jaap Willems, MD, PhD NETHERLANDS
William Kibler, MD USA

8:30 - 9:00 Biceps Tenodesis
Klaus Bak, MD DENMARK, Surgeon
Felix Savoie III, MD USA

9:00 - 9:15 Discussion
Tom Ludvigsen, MD NORWAY
Klaus Bak, MD DENMARK
Felix Savoie III, MD USA

9:15 - 9:30 Break

9:30 - 10:30 Session II: Elbow
Moderator: Marc Safran, MD USA

9:30 - 9:50 Open Distal Biceps Repair
Gregory Bain, MB BS, FRACS, PhD AUSTRALIA, Surgeon
Alberto Pochini, MD BRAZIL

9:50 - 10:10 Arthroscopic Radial Head Excision
Luigi Pederzini, MD ITALY, Surgeon
Graham King, MD CANADA

10:10 - 10:30 Discussion
Marc Safran, MD USA
Gregory Bain, MB BS, FRACS, PhD AUSTRALIA
Luigi Pederzini, MD ITALY
Alberto Pochini, MD BRAZIL
Graham King, MD CANADA
10:30 - 1:00  **Session III: Rotator Cuff**  
*Moderator: Klaus Bak, MD DENMARK*

10:30 - 11:00  **Arthroscopic Subscapularis Repair**  
*Guillermo Arce, MD ARGENTINA, Surgeon*  
*Osvandré Lech, MD BRAZIL*

11:00 - 11:30  **Arthroscopic Double Row Rotator Cuff Repair**  
*Felix Savoie III, MD USA*  
*Mario Larrain, MD ARGENTINA*

11:30 - 12:00  **Arthroscopic AC Reconstruction**  
*Felix Savoie III, MD USA, Surgeon*  
*Kevin Plancher, MD, FACS, FAAOS USA*

12:00 - 12:30  **Discussion**  
*Klaus Bak, MD DENMARK*  
*Guillermo Arce, MD ARGENTINA*  
*Mario Larrain, MD ARGENTINA*  
*Osvandré Lech, MD BRAZIL*  
*Kevin Plancher, MD, FACS, FAAOS USA*  
*Felix Savoie III, MD USA*

12:30 - 1:00  **Questions & Answers and Closing Remarks**  
*Pre-Course Chairs: Guillermo Arce, MD ARGENTINA*  
*Felix Savoie III, MD USA*