

March 4, 2026



Welcome to ISAKOS eNewsletter 2026 — Volume I!

We're excited to kick off the first issue of 2026 with the latest updates in a dynamic, interactive format. Explore key features like 5-in-1 slide videos, quick quizzes, expert debate podcasts and more — all thoughtfully designed to keep you informed, engaged and connected across the globe. [Access Here](#)

Inside 2026 Vol. I

ISAKOS President's Message

João Espregueira-Mendes reinforces research as the DNA of ISAKOS, emphasizing collaboration over competition to advance orthopaedic knowledge without borders. Through expanded mentoring programs, research grants, inclusive authorship initiatives, and global partnerships, he highlights ISAKOS's commitment to building scientific capacity, fostering innovation and strengthening patient care worldwide. [Read More](#)



ISAKOS eNewsletter Editor's Message

Iftach Hetsroni reflects on a milestone year for ISAKOS, highlighting the Society's growing global impact and the expansion of the eNewsletter into a dynamic, three-issue digital platform. He introduces the first 2026 issue, featuring expert perspectives, podcasts, and global fellowship insights designed to enhance education and engagement worldwide. [Read More](#)

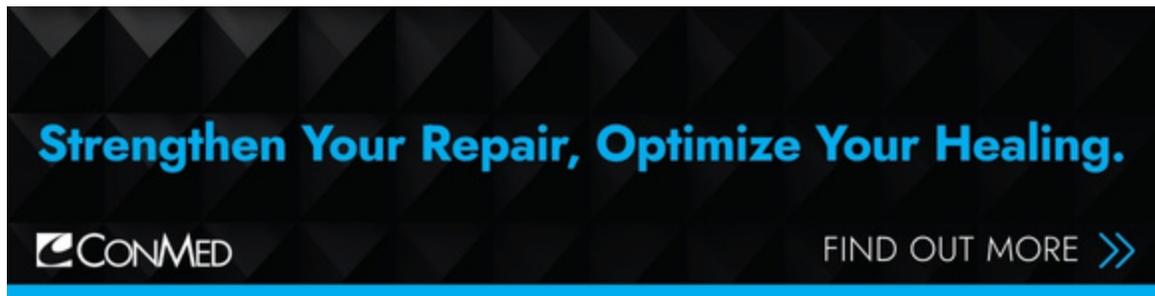


JISAKOS Editor in Chief's Message

Olufemi R. Ayeni announces the second Excellence in Authorship program and welcomes Dr. Volker Musahl as Associate Editor-in-Chief of JISAKOS. He reaffirms the Journal's commitment to global inclusivity, academic excellence and advancing high-quality sports medicine research worldwide. [Read More](#)



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ISAKOS Current Perspectives



 **ISAKOS**
PODCAST

ISAKOS Newsletter
Inside 2026 Volume I


Ilach Hetsroni
Editor

Development of Orthopaedic Clinical Practice in Emerging Countries: Innovation, Adaptation and Reciprocal Collaboration for Global Excellence

This article highlights key insights from the 2025 ISAKOS symposium on orthopaedics in developing countries, emphasizing innovation, collaboration and resilience in resource-limited settings. It underscores how adaptive research and surgical strategies can strengthen global orthopaedic practice. [Read](#)



MCL Management in Combined ACL-MCL Injuries: An Evolving Treatment Strategy

This article examines the management of combined ACL-MCL injuries, emphasizing the impact of persistent medial laxity on ACL graft failure. It highlights the need for careful assessment and individualized treatment to optimize stability and outcomes. [Read More](#)

Fibrin Clot Augmentation for Meniscal Repairs: A Practical Review

This article highlights fibrin clot augmentation as a simple, low-cost technique to enhance healing in complex meniscal repairs. It emphasizes practical methods that expand global access to biologically supported meniscal preservation. [Read More](#)

Intraosseous Regional Antibiotics and Analgesia in TKA: Pharmacokinetic Optimization in Arthroplasty

This article highlights intraosseous regional administration in total knee arthroplasty as a technique that delivers higher local drug concentrations with fewer systemic effects. Evidence suggests it may reduce infection rates and improve postoperative pain control compared with standard IV administration. [Read More](#)

Introduction to *Stiffness of the Elbow, Wrist and Related Pathologies* (ISAKOS Book, 2025)

This article presents *Stiffness of the Elbow, Wrist and Related Pathologies* as a comprehensive ISAKOS resource on diagnosing and managing upper-limb stiffness. It highlights the book's practical guidance on treatment strategies, rehabilitation, and emerging innovations to restore motion and function. [Read More](#)

Hip Arthroscopy and The Innovation Cycle in the United Kingdom: Data, Drivers and Global Context

This article explores the rise and subsequent decline of hip arthroscopy in the UK, describing a shift toward more selective, evidence-based practice. It presents the trend as a maturation of surgical innovation with important implications for training and service delivery. [Read More](#)



ISAKOS 2026 eNewsletter Vol. I — Quick Quiz

The first ISAKOS member to answer all questions correctly will be invited for an exclusive interview with the ISAKOS eNewsletter Editorial Team and featured across ISAKOS social media platforms. Quiz questions are based on the current Perspective article: *Hip Arthroscopy and The Innovation Cycle in the United Kingdom: Data, Drivers and Global Context*. [Take Quiz](#)



ISAKOS eNewsletter Archive

The Evolving Landscape of Surgical Competency in the Age of Artificial Intelligence and Technology-Enhanced Learning

Competency in surgical practice has always been more than just acquiring a set of skills; it is an ongoing journey of continuous learning, mastery and refinement. Traditionally, this journey has been shaped by rigorous training, hands-on experience, and a commitment to lifelong education. However, as we move further into the 21st century, the landscape of surgical competency is undergoing a profound transformation, driven by the rapid advancements in artificial intelligence and technology-enhanced learning. [Read More](#)

ISAKOS in the News

ISAKOS Announces a New Brand Experience — A Fresh Look for a New Era

Inspired by who we are. Built for what's next. [Read More](#)



2023-2025 ISAKOS Global Traveling Fellowship: Our Journey Across Europe in Sports Medicine

Magaly Iñiguez, MD, CHILE [Read](#)



2025-2027 Traveling Fellowship Winners Announcement

Congratulations! [Read](#)

Throughout its history, ISAKOS has forwarded its mission of **promoting a high standard in scientific quality** in a number of different ways, such as the **creation of ISAKOS Research Awards, Fellowships, and research grants**, among other initiatives.

Magaly Iñiguez, MD
CHILE



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Every day, you help patients regain mobility and quality of life. By supporting ISAKOS, you extend that impact — funding research, expanding education and creating opportunities for surgeons worldwide.

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Upcoming ISAKOS Events

2026 ISAKOS Regional Summit

June 4 — 6, 2026

Mumbai, India

[Register](#)



ISAKOS Knee Arthroplasty

Forum 2026

October 15 – October 16, 2026

Brussels, Belgium

[Register](#)



ISAKOS 2027 Congress: Save the Date!

May 30 — June 2, 2027

Sydney, Australia



Regional & Collaborative Courses

ISAKOS eNewsletter

International Society of Arthroscopy, Knee Surgery and
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