July 7, 2025

ISAKOS
eNewsletter

Welcome to ISAKOS eNewsletter 2025 — Volume II!

Now in its second volume since transitioning to a fully digital platform, the ISAKOS eNewsletter continues to deliver the latest updates in a dynamic, interactive format. Discover new features like 5-in-1 slide videos, quick quizzes, expert debate podcasts and more — designed to keep you informed, engaged and connected across the globe.

Inside 2025 Vol. II

ISAKOS President's Message

João Espregueira-Mendes begins his 2025-2027 term as the new ISAKOS President with deep gratitude and a bold vision for the future of orthopaedic sports medicine. He highlights ISAKOS's global growth, commitment to excellence in education, diversity and innovation — uniting members worldwide through collaboration and purpose. Read More

ISAKOS eNewsletter Editor's Message

During the 2025 ISAKOS Congress in Munich, the first-ever "ISAKOS eNewsletter session" celebrated the transition from a printed newsletter to a dynamic digital platform. Highlights included award-winning Current Perspective presentations, a live podcast recording, and the launch of new video and quiz features designed to deliver orthopaedic knowledge efficiently and globally. Read More

JISAKOS Editor in Chief's Message

Editor-in-Chief Dr. Olufemi Ayeni proudly announces a major milestone: *JISAKOS* has achieved an impressive impact factor of 3.3. With continued global engagement and the successful launch of the Global Excellence in Authorship Cohort Program, the journal is rapidly expanding its influence as a leading platform for orthopaedic research and innovation. Read More

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Willem M. van der Merwe MBChB, FCS(SA)Ortho 1960-2025

It is with heavy hearts that we remember Willem M. van der Merwe MBChB, FCS(SA)Ortho, who served as ISAKOS President from 2019 to 2021 and guided our organization through unprecedented challenges. A visionary leader, dedicated surgeon and passionate mentor, Willem made a lasting impact on sports medicine worldwide. Beyond his medical achievements, he was a true sportsman, scholar and friend to many in our community. Read More

ISAKOS Current Perspectives

Arthroscopic Management of Glenoid Fracture and Shoulder Dislocation: Surgical Technique

This article details a surgical technique for arthroscopic management of glenoid fractures and shoulder dislocations, emphasizing a method that utilizes labral repair for fracture reduction and extra-articular screws for fixation, highlighting its advantages over traditional open surgery in terms of reduced complications and improved patient outcomes. Read

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Road to the Olympics: Three Female Orthopaedic Surgeons' Journeys

This article discusses the experiences of three female orthopaedic surgeons, Dr. Gloria Beim, Dr. Sharon Hame and Dr. Ruth Delaney, who have worked with Olympic athletes, highlighting the increase in female representation among Olympic team physicians and the positive influence this experience has had on their medical practices and personal lives. Read

The Global Arc of Motion (GAM): A Novel and Intuitive Way of Studying Clinical Shoulder Kinematics

This article discusses the challenges of accurately assessing the shoulder's complex 3D movements using traditional methods and introduces the Global Arc of Motion (GAM) model — a more intuitive, spherical-coordinate-based approach that better captures the shoulder's full range of motion for improved clinical evaluation and treatment. Validation studies show GAM's potential to enhance diagnosis and rehabilitation by providing a comprehensive visualization of shoulder kinematics beyond conventional models. Read

Elbow LUCL Reconstruction Using Local Extensor Fascia Septum Transposition: Surgical Technique

This article describes a surgical technique for reconstructing the lateral ulnar collateral ligament (LUCL) using local extensor fascia septum transposition, detailing the procedure, postoperative care and preliminary clinical outcomes from ten patients who underwent the surgery, highlighting its effectiveness and advantages over traditional grafting methods. Read

Total Knee Arthroplasty After Anterior Cruciate Ligament Reconstruction

This article reviews the increased risk and surgical challenges of performing total knee arthroplasty (TKA) after prior anterior cruciate ligament reconstruction (ACLR), highlighting the need for careful preoperative evaluation, potential hardware removal and often greater implant constraint due to instability. Despite comparable functional outcomes to primary TKA, these cases involve longer operative times and higher complication risks, requiring specialized surgical planning and techniques. Read

ISAKOS 2025 eNewsletter Vol. II — Quick Quiz

One question for each Current Perspective — Become the first to ace the quiz and earn a social media call out! The first ISAKOS Member to score 100% will be invited for a social media interview with the ISAKOS eNewsletter Editorial Team. Take Quick Quiz

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Gender-Based Health Care Inequities in Orthopaedics

Gender disparities within the medical system lead to significant differences in the treatment received by men and women. Sex and gender influence various aspects of medical care, including the allocation and speed of treatment, the type of interventions offered and the availability of funding. Research indicates that men generally have greater access to medical and surgical interventions than women. Read More

ISAKOS in the News

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2025 ISAKOS Congress Recap

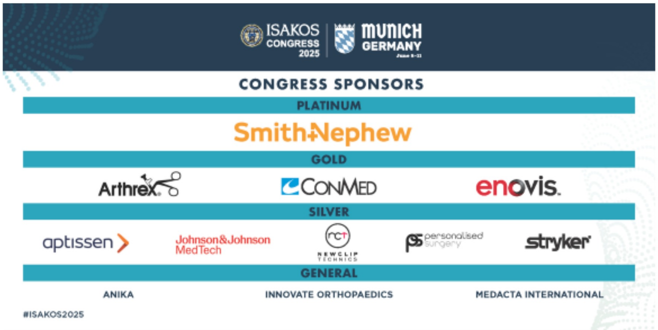
Thank you to everyone who joined us at the 2025 ISAKOS Congress in Munich, Germany! Be sure to check out the Congress recap and discover the event highlights. Read

2023-2025 ISAKOS eNewsletter Top Current Perspectives

> **First Place: The Impact of Artificial Intelligence on Total Knee Arthroplasty: Revolutionizing Patient Care and Surgical Outcomes**. Read
>
> **Second Place: Peroneus Longus Tendon is a Viable Graft Option for ACL Reconstruction**. Read
>
> **Third Place: The Use of Ortho-Biologics in Medicine: An ISAKOS Survey Report**. Read

Attendees may login to ***myCongress*** *at any time, after completion of the evaluation, to download or print certificates.*

Thank you to all ISAKOS 2025 Sponsors and Exhibitors for your support and collaboration in making the Congress such a success!



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ISAKOS 2027 Congress: Save the Date!

May 30 — June 2, 2027
Sydney, Australia

Regional & Collaborative Meetings

ISAKOS Symposium at the 2025 AOSSM Annual Meeting

July 10-12, 2025 | Nashville, TN USA

ISAKOS Symposium at the 2025 ICRS World Congress

October 11-14, 2025 | Boston, MA USA

30 YEARS ISAKOS
ISAKOS CELEBRATES 30 YEARS IN 2025!

2024-2027 ISAKOS Strategic Plan

The **2024-2027 ISAKOS Strategic Plan** is a dynamic roadmap designed to advance ISAKOS's mission of global education, research and collaboration in arthroscopy, knee surgery and orthopaedic sports medicine. This plan reflects our shared commitment to innovation, inclusivity and excellence, and sets forth clear priorities to guide ISAKOS through the next few years. With your continued support and engagement, we look forward to strengthening our global impact and fostering meaningful connections across the orthopaedic community.

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