

Long-Term Sustainability of Multiligament Knee Reconstruction: A Prospective Cohort Study

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Disclosure

Authors have no financial conflicts to disclose

Mid-Term outcomes after multiligament reconstruction are good

52 patients, mean follow-up 3.8 years

- ☐ Return to **Work**: **Manual laborers: 69%**
- ☐ Return to **Sport**: **IKDC level 1 : Contact & pivot sports : 25%**
 IKDC level 2 : Pivot sports : 47.5%.
- ☐ **Osteoarthritis**: **T0 : at injury : 37 %**
 T1 : at 3.8 years : 38%, with 80% of patellofemoral
 45% of medial tibiofemoral changes.

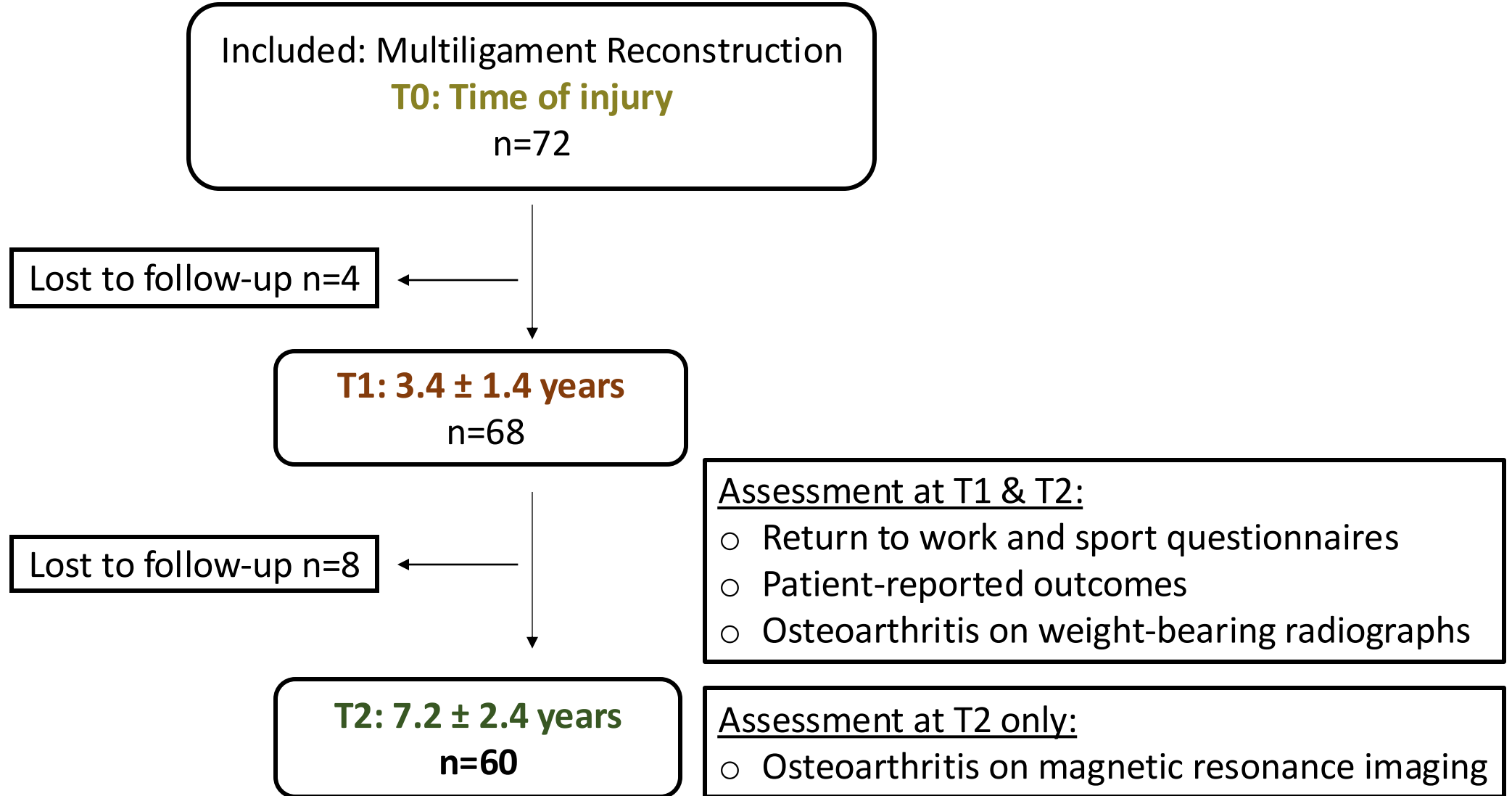
Mid-term findings

Purpose : Multiligament Knee Injuries Treated by Multiligament Reconstructions

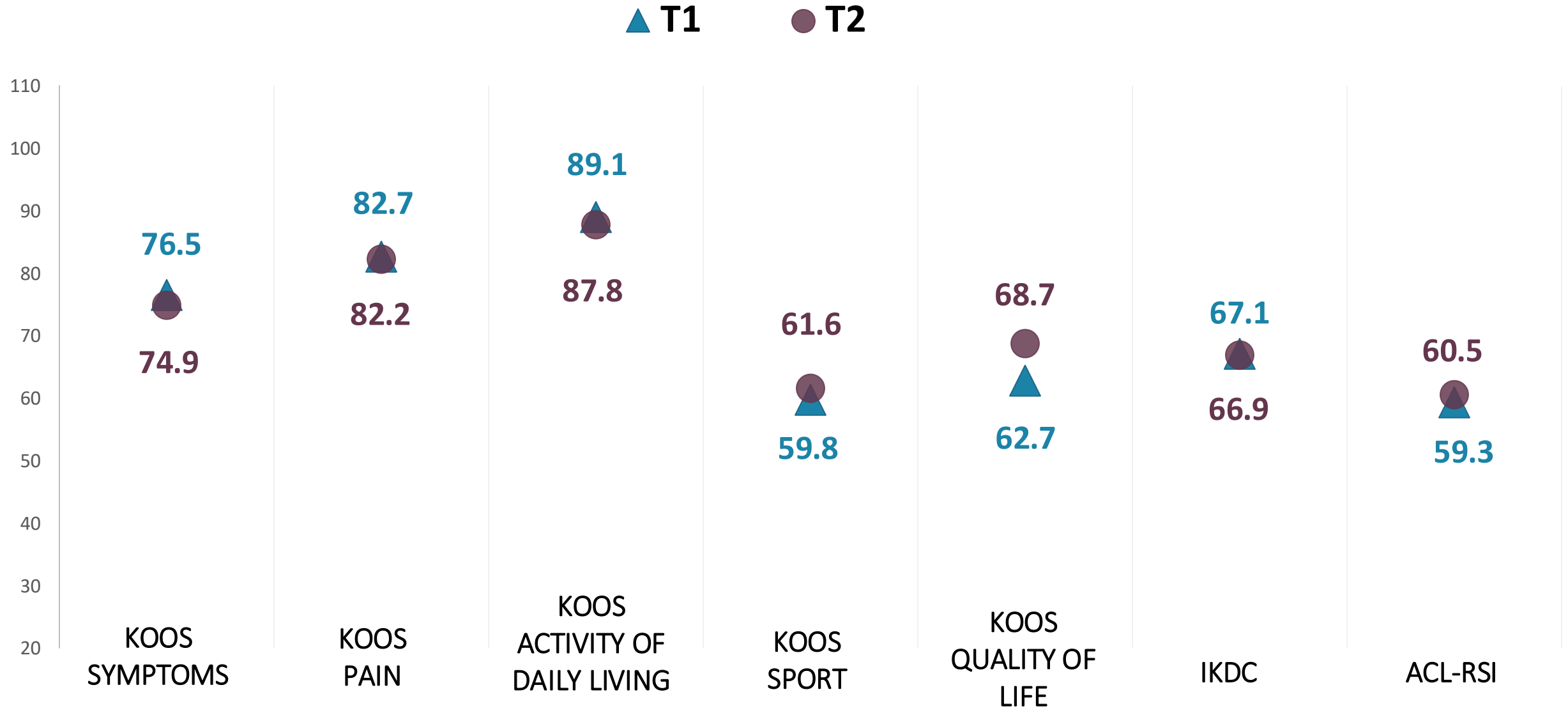
To assess the **LONG-TERM SUSTAINABILITY** of **FUNCTIONAL AND RADIOLOGICAL OUTCOMES** including:

- ✓ Patient reported outcomes
- ✓ Return to work
- ✓ Return to sports
- ✓ Chondral injuries progression to osteoarthritis

Flowchart



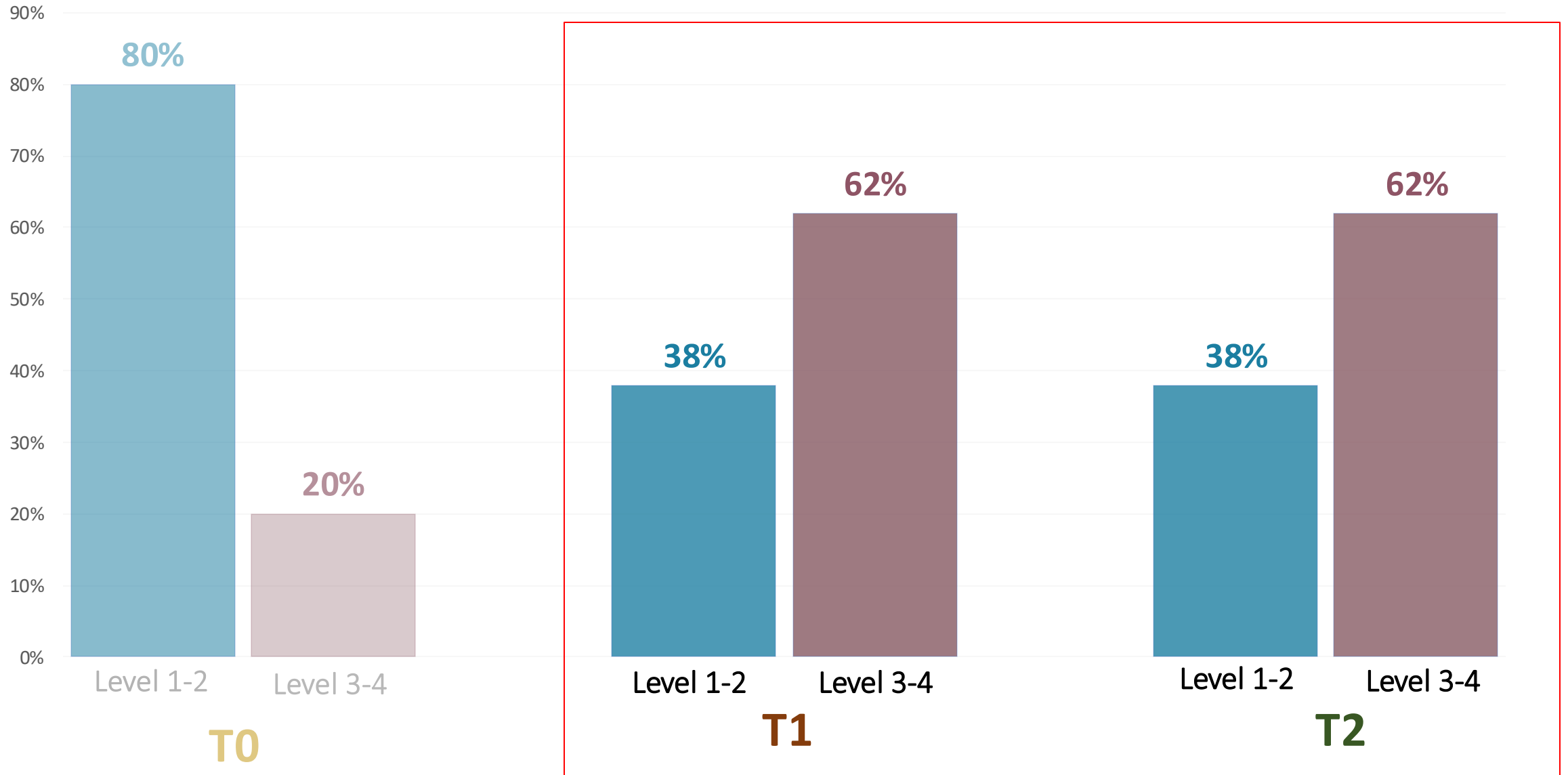
Functional Outcomes: Patient Reported Outcomes



Functional Outcomes: Return To Work



Functional Outcomes: Return To Sport

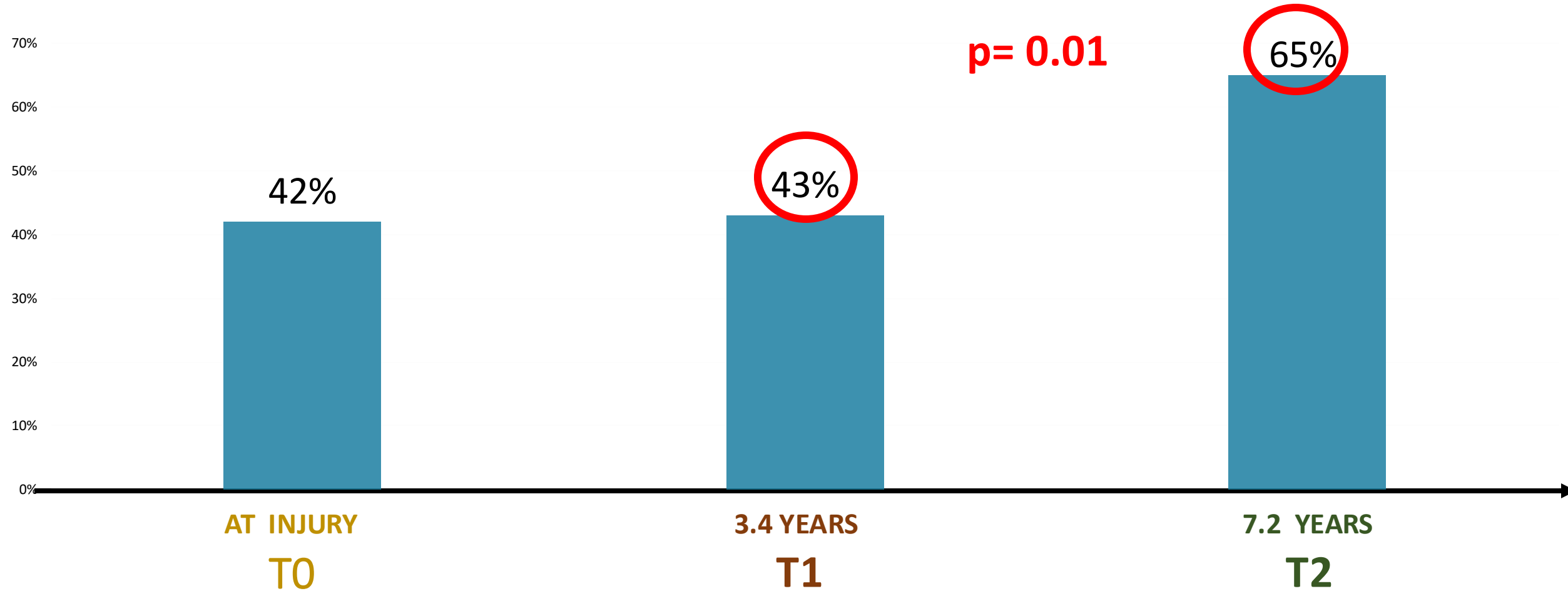


Overall radiographic evolution

Traumatic cartilage damage
Outerbridge grade >2

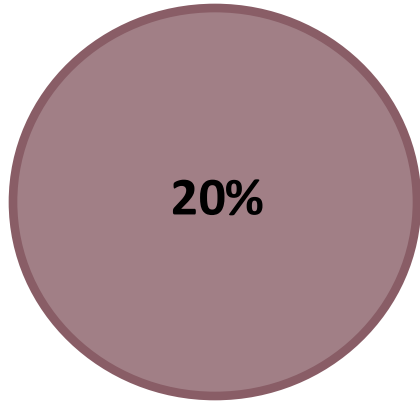
Radiographic Osteoarthritis
Kellgren-Lawrence grade ≥ 2

Radiographic Osteoarthritis
Kellgren-Lawrence grade ≥ 2



Osteoarthritis Development: Medial compartment

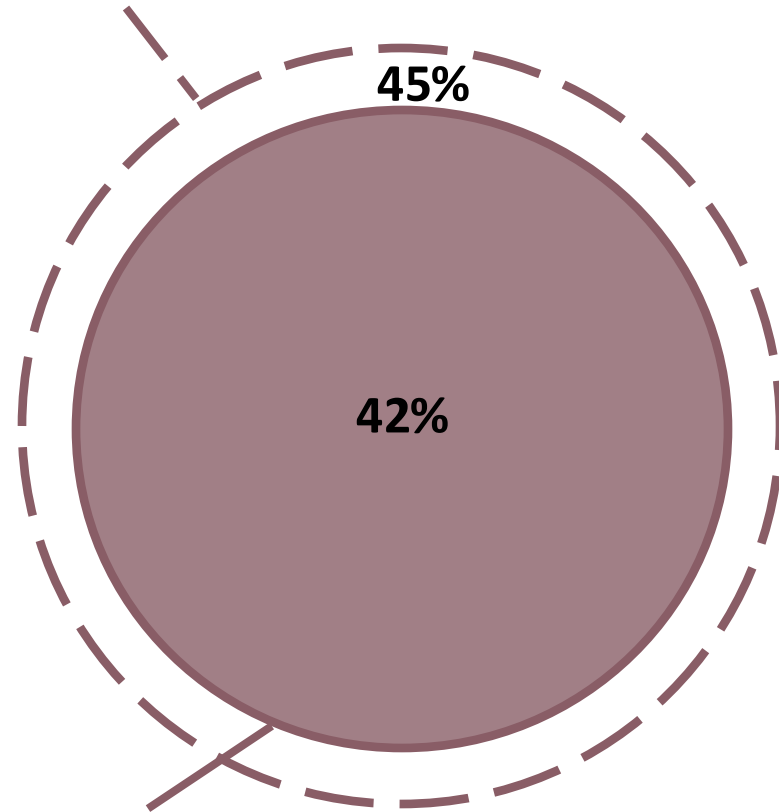
Radiographic Osteoarthritis
Kellgren-Lawrence grade ≥ 2



T1

Focal cartilage lesion on MRI
Modified Outerbridge grade >2

p= 0.01



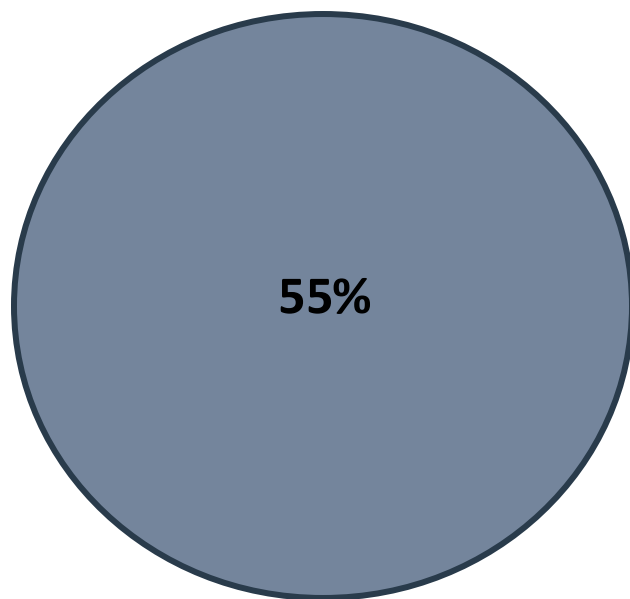
Radiographic Osteoarthritis
Kellgren-Lawrence grade ≥ 2

p= 0.01

T2

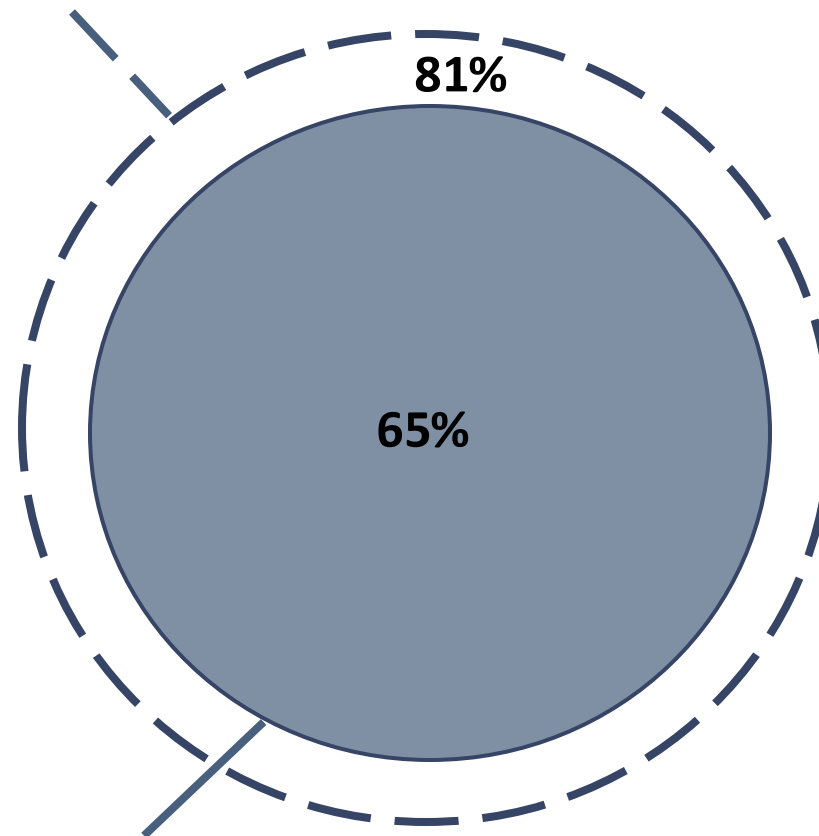
Osteoarthritis Development: Patellofemoral compartment

Radiographic Osteoarthritis
Kellgren-Lawrence grade ≥ 2



T1

Focal cartilage lesion on MRI
Modified Outerbridge grade >2 **p= 0.03**



Radiographic Osteoarthritis
Kellgren-Lawrence grade ≥ 2 **p= ns**

T2

Conclusion

- ❑ **Functional outcomes remain stable between 3 and 7 years postoperatively:** including patient-reported outcomes, return to work, and return to sport.
- ❑ **Osteoarthritis progresses over time,** especially in the **patellofemoral** and **medial tibiofemoral** compartments.
- ❑ **Osteoarthritis does not appear to affect functional outcomes over time,** including return to work and sport. Further analysis is still warranted.

References

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