

EFFECT of POLYDEOXYRIBONUCLEOTIDE and POLYNUCLEOTIDE COMBINED with PLATELET RICH PLASMA on HEALING and FATTY DEGENERATION of ROTATOR CUFF in RAT MODEL

Jung-Taek Hwang, MD, PhD

Department Orthopedic Surgery, Chuncheon Sacred Heart Hospital, Hallym University Medical College, KOREA



Faculty Disclosure Information

Nothing to disclosure





INTRODUCTION

For chronic rotator cuff tear, the rate of healing failure after surgical repair and fatty degeneration is considerably high (Park et al. Arthroscopy. 2013., Goutallier et al. JSES. 2003.).

Polydeoxyribonucleotide (PDRN) has been used as a tissue regeneration activator (Altavilla et al. Surgery. 2011., Galeano et al. Wound Repair Regen. 2008.).

Platelet rich plasma promoted proliferation of myoblast cells, and suppressing fatty degeneration change in rat torn rotator cuff muscles. (Takase et al. J Orthop Res. 2017)



polydeoxyribonucleotide?

What is PDRN

Low molecular weight deoxyribonucleic acid

(DNA) fragment (mean molecular weight 350KD)

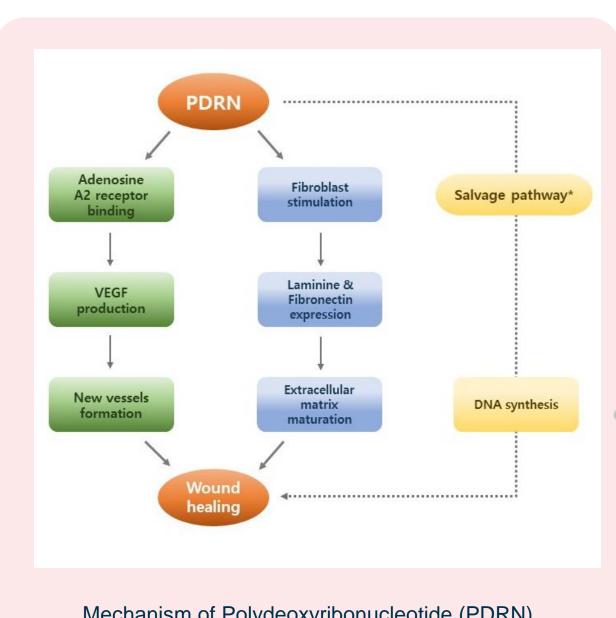
- thermoduric
- bio-revitalizing agent
- act as tissue regeneration activator

polynucleotide?

What is PN

- a little higher molecular weight nucleotide fragment compared with PDRN
- gel-type
- later onset, longer duration

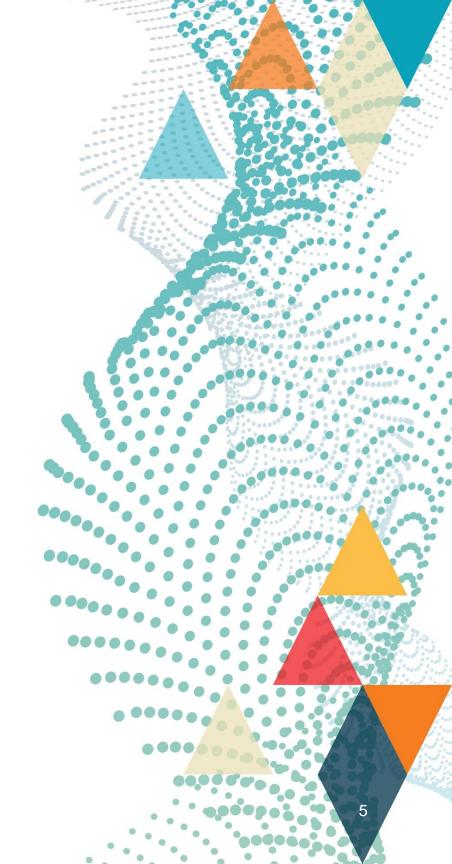




Mechanism of Polydeoxyribonucleotide (PDRN)

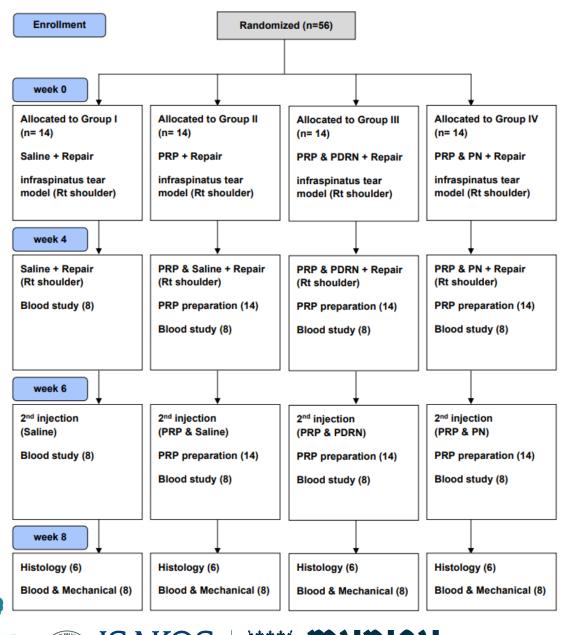
PURPOSE

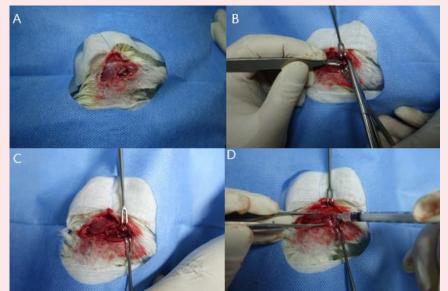
To verify the effects of polydeoxyribonucleotide (PDRN) and polynucleotide (PN) combined with platelet rich plasma (PRP) on tendon healing and reversal of fatty degeneration in a chronic rotator cuff tear model using the infraspinatus of rat.





METHODS Randomized (n=





Week 4 surgery. A. Torn cuff wrapped by penrose hose , B. Hole making using Retractor of Rat Humeral Head (KR Patent 10-2195860) and 22-gauge needle, C. Repaired cuff, D. Injection

PRP: platelet rich plasma

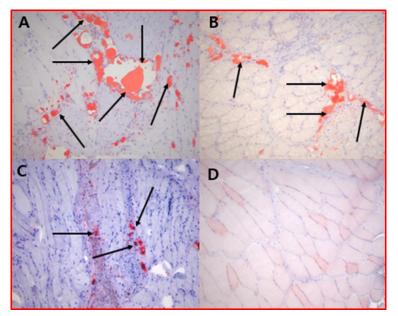
PDRN: polydeoxyribonucleotide

PN: polynucleotide

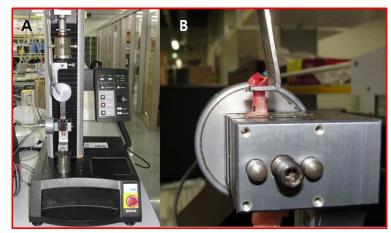
Blood test: vascular endothelial growth factor, fibroblast growth factor,

insulin like growth factor

Funded by Ministry of Science, ICT (NRF-2016R1C1B2007014)



Oil red O stain at musculotendious region: A. Group 1, B. Group 2, C. Group 3, D. Group 4, Arrow indicates adipose cell. x 200.



A. The materials testing machine. Instron 5543, pneumatic grip, and Rat Humeral Head Grip (KR Design Registration 30-0854878). B. Tensile load is being applied to infraspinatus of rat.



Histologic evaluation

Fatty degeneration - musculotendinous (M-T)

H&E stain

Oil Red O stain

Immunohistochemisty

CD68: macrophage marker indicating tissue degeneration

CD168: macrophage marker indicating tissue regeneration

CD68/CD168 ratio

Tendon healing - tendon to bone (T-B)

H&E stain

Masson's Trichrome stain

Mechanical evaluation

Instron material testing machine

parameters -peak load to failure (N)

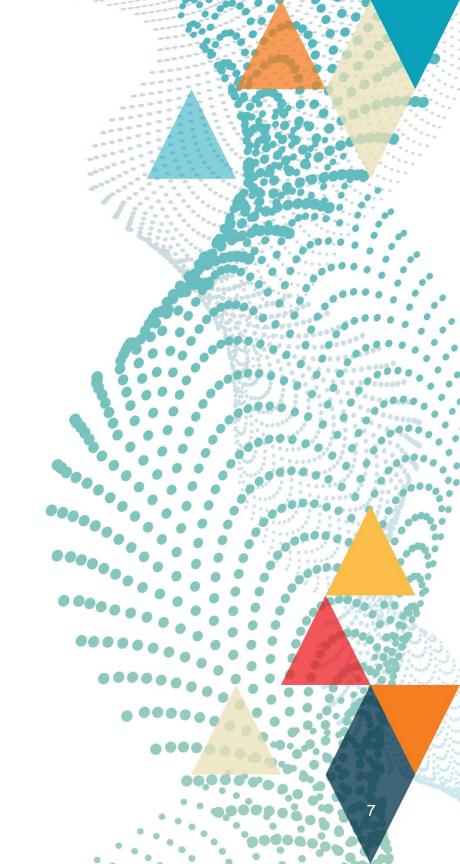
tear pattern (insertional Vs midsubstance)

Blood evaluation

VEGF(vascular endothelial growth factor)

FGF (fibroblast growth factor)

IGF (insulin like growth factor)



RESULTS

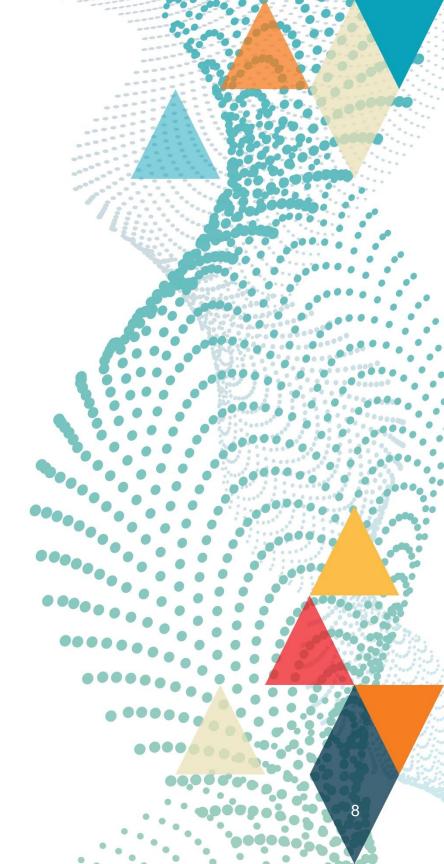
| | G1 (n=7) | G2 (n=7) | G3(n=7) | G4(n=7) |
|---|---------------|---------------|--------------|---------------|
| Load to failure-operated side (N) | 18.48 ±4.78 | 21.64 ± 12.17 | 22.68 ±9.12 | 24.72 ± 6.58 |
| Load to failure-control side (N) | 28.89 ± 3.67 | 33.67 ± 5.49 | 27.69 ± 1.85 | 31.94 ± 6.88 |
| P value | .001 | .043 | .200 | .068 |
| Tear pattern Insertional : Midsubstance – operated side (n) | 6:1 | 5:2 | 5:2 | 4:3 |
| Tear pattern Insertional : Midsubstance – control side (n) | 0:7 | 0:7 | 0:7 | 0:7 |
| P value | .002 | .007 | .007 | .023 |
| Elastic modulus-operated side (MPa) | 8.26 ± 3.2 | 10.03 ±3.14 | 13.1 ±9.42 | 12.18 ± 10.01 |
| Elastic modulus-control side (MPa) | 61.98 ± 26.78 | 61.21 ± 24.19 | 67.04 ± 29 | 45.4 ± 7.4 |
| P value | .002 | .002 | .003 | .002 |

Mechanical testing. G: group, G1: saline+repair, G2: PRP+repair, G3: PRP+PDRN+ repair, G4: PRP+PN+repair, p<.05

| | P value | Load to fai | lure (N) | Tear pattern | | Elastic modulus (MPa) | |
|-------|----------|-------------|----------|--------------|------|-----------------------|------|
| | G1 Vs G2 | 1.000 | .598 | .530 | .717 | .277 | .773 |
| | G1 Vs G3 | 1.000 | | .530 | | .482 | |
| Group | G1 Vs G4 | 1.000 | | .254 | | .848 | |
| | G2 Vs G3 | 1.000 | | 1.000 | | .949 | |
| | G2 Vs G4 | 1.000 | | .591 | | .655 | |
| | G3 Vs G4 | 1.000 | | .591 | | .565 | |

Comparison of outcome in mechanical testing between treated right sides. G: group, G1: saline+repair, G2: PRP+repair, G3: PRP+PDRN+ repair, G4: PRP+PN+repair, p<.05

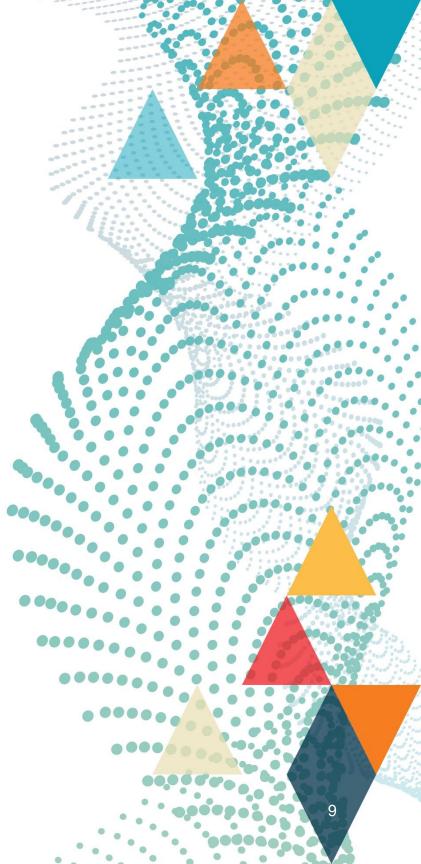


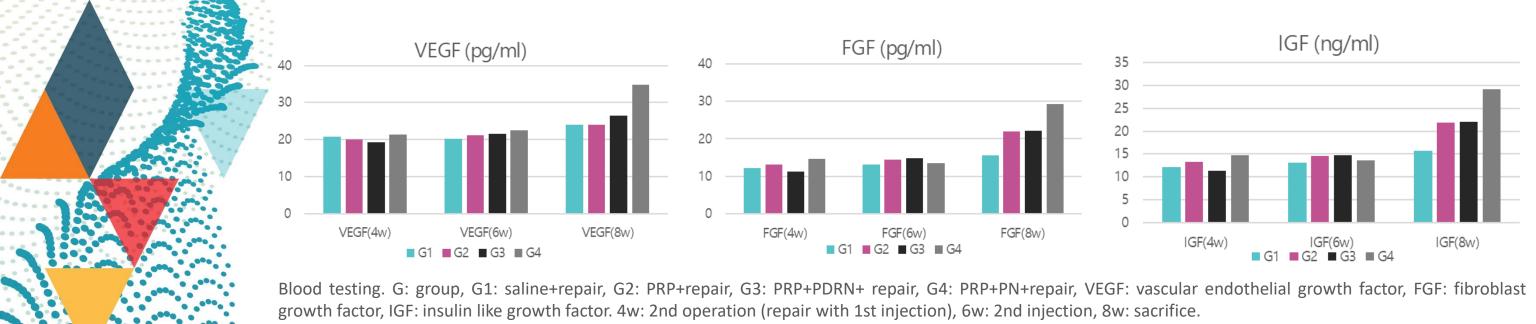


| | MT-H&E | MT-ORO | MT-CD68 | MT-CD168 | MT-CD68/CD168 | TB-V | ТВ-С | ТВ-Со | TB-Pa | CSA |
|-------------------------------------|--------|--------|---------|----------|---------------|-------|-------|-------|-------|-------|
| Sham Vs G1 | .011 | .011 | .014 | .013 | | .013 | .008 | .013 | .013 | .101 |
| Sham Vs G2 | .040 | .011 | .014 | .014 | | .011 | .013 | .013 | .011 | .382 |
| Sham Vs G3 | .040 | .011 | .014 | .011 | | .011 | .013 | .040 | .040 | .424 |
| Sham Vs G4 | .317 | .011 | .013 | .013 | | .008 | .011 | .040 | .127 | .526 |
| One-Way ANOVA or Kruskall Wallis | .032 | .032 | .009 | .161 | .021 | .475 | .210 | .114 | .100 | .454 |
| G1 Vs G2 | .040 | .040 | 1.000 | 1.000 | .043 | .495 | .127 | 1.000 | .495 | 1.000 |
| G1 Vs G3 | .040 | .040 | .271 | .575 | .059 | .495 | .127 | .096 | .096 | 1.000 |
| G1 Vs G4 | .022 | .022 | .023 | .231 | .021 | .127 | .040 | .096 | .061 | .844 |
| G2 Vs G3 | 1.000 | 1.000 | .302 | 1.000 | .386 | 1.000 | 1.000 | .096 | .186 | 1.000 |
| G2 Vs G4 | .186 | .186 | .026 | 1.000 | .021 | .317 | .495 | .096 | .096 | 1.000 |
| G3 Vs G4 | .186 | .186 | 1.000 | 1.000 | .386 | .317 | .495 | 1.000 | .495 | 1.000 |

Comparison of outcome in histologic results. Sham: non-operated Lt shoulder of G1, G: group, G1: saline+repair, G2: PRP+repair, G3: PRP+PDRN+ repair, G4: PRP+PN+repair, MT: musculotendinous, TB: tendon to bone, Co: continuity of collagen fiber, Pa: parallelism of collagen fiber, P<.05







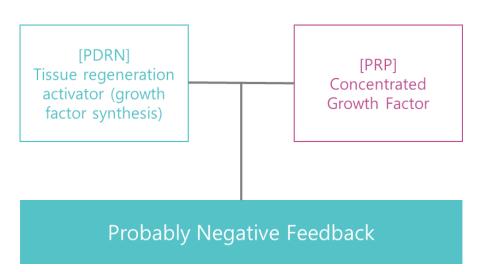
Comparison of outcome in blood tests among the groups. G: group, G1: saline+repair, G2: PRP+repair, G3: PRP+PDRN+ repair, G4: PRP+PN+repair, VEGF: vascular endothelial growth factor, FGF: fibroblast growth factor, IGF: insulin like growth factor. 4w: 2nd operation (repair with 1st injection), 6w: 2nd injection, 8w: sacrifice. P<.05.

| One-way ANOVA or Kruskal- Wallis Test | Group Vs Group | P-value (Bonferroni Post Hoc tests or Mann-Whitney test) |
|--|-------------------|--|
| VEGF(8w) (P=.007) | I Vs II | 0.749 |
| | I Vs III | 0.110 |
| | I Vs IV | 0.006 |
| | II Vs III | 0.142 |
| | III Vs IV | 0.025 |
| FGF(8w) (P=.003) | I Vs II | 0.030 |
| | I Vs III | 0.035 |
| | l Vs IV | 0.003 |
| | II Vs III | 0.949 |
| | III Vs IV | 0.025 |





DISCUSSION

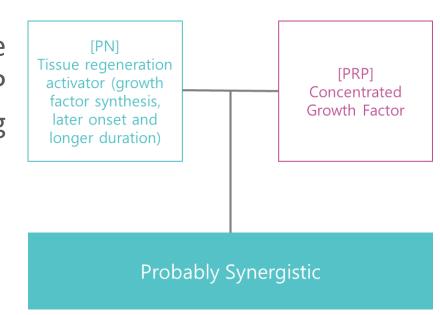


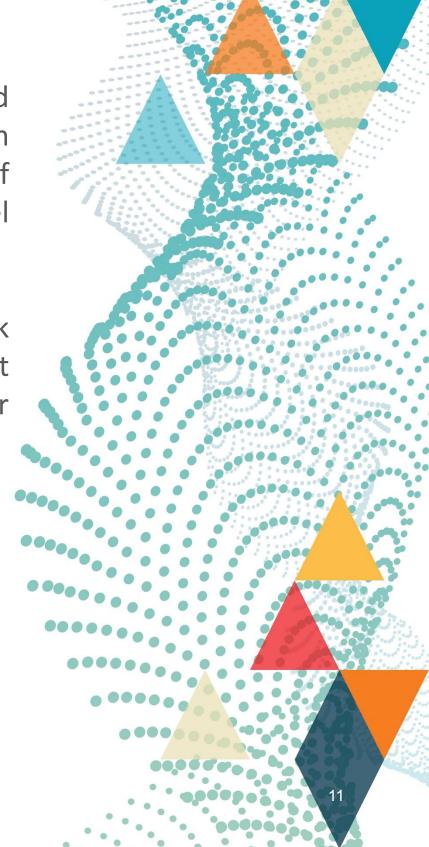
In the present study, PDRN and PN combined with PRP showed a property of tendon healing and reversal of fatty degeneration of chronic rotator cuff tear in rat model associated with growth factors.

However, there could be a negative feedback between PRP and PDRN which might not show a synergistic effect because of their mechanism associated with growth factors.

On the other hand, there could be a synergistic effect between PRP and PN because of different timing of growth factors' surges.









CONCLUSION

PDRN and PN combined with PRP might enhance rotator cuff healing and decrease fatty degeneration.

However, PN could be more suitable for combined therapy with PRP than PDRN to escape a negative feedback due to simultaneous surges of growth factors.



REFERENCES

- 1. Park JY, Lhee SH, Oh KS, Moon SG, Hwang JT. Clinical and ultrasonographic outcomes of arthroscopic suture bridge repair for massive rotator cuff tear. Arthroscopy. 2013 Feb;29(2):280-9.
- 2. Goutallier D, Postel JM, Gleyze P, Leguilloux P, Van Driessche S. Influence of cuff muscle fatty degeneration on anatomic and functional outcomes after simple suture of full-thickness tears. J Shoulder Elbow Surg. 2003 Nov-Dec;12(6):550-4.
- 3. Altavilla D, Squadrito F, Polito F, Irrera N, Calò M, Lo Cascio P, Galeano M, La Cava L, Minutoli L, Marini H, Bitto A. Activation of adenosine A2A receptors restores the altered cell-cycle machinery during impaired wound healing in genetically diabetic mice. Surgery. 2011 Feb;149(2):253-61.
- 4. Galeano M, Bitto A, Altavilla D, Minutoli L, Polito F, Calò M, Lo Cascio P, Stagno d'Alcontres F, Squadrito F. Polydeoxyribonucleotide stimulates angiogenesis and wound healing in the genetically diabetic mouse. Wound Repair Regen. 2008 Mar-Apr;16(2):208-17.
- 5. Takase F, Inui A, Mifune Y, Sakata R, Muto T, Harada Y, Ueda Y, Kokubu T, Kurosaka M. Effect of platelet-rich plasma on degeneration change of rotator cuff muscles: In vitro and in vivo evaluations. J Orthop Res. 2017 Aug;35(8):1806-1815.
- 6. Hwang JT, Lee SS, Han SH, Sherchan B, Panakkal JJ. Polydeoxyribonucleotide and Polynucleotide Improve Tendon Healing and Decrease Fatty Degeneration in a Rat Cuff Repair Model. Tissue Eng Regen Med. 2021 Dec;18(6):1009-1020.
- 7. Seo SJ, Lee SS, Hwang JT, Han SH, Lee JR, Kim S. Effect of polydeoxyribonucleotide and polynucleotide on rotator cuff healing and fatty infiltration in a diabetic rat model. Sci Rep. 2024 Sep 4;14(1):20623.



