



# Relationship between PF pressure and femorotibial posterior overhang and posterior tibial slope pre- and post-TKA

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**COI DISCLOSURE**

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# Patellofemoral (PF) pressure changes in TKA

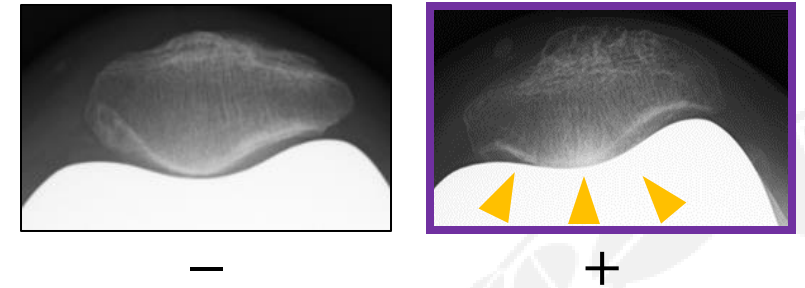
- ✓ TKA alters the biomechanics of the patellofemoral (PF) joint
- ✓ Postoperatively, PF joint pressure may increase



Anterior knee pain<sup>1)</sup>

**Patellar osteosclerosis (POS)**<sup>2)</sup> after TKA

POS



**Figure 1.**

Postoperative imaging showing Patella subchondral osteosclerosis in the PF joint.

Factors contributing to increased PF pressure

- Internal rotation placement of femoral component<sup>3)</sup>
- Trochlear groove design of femoral component<sup>4)</sup>
- Thick patella<sup>5)</sup>

# Relationship with FTPO and PTS

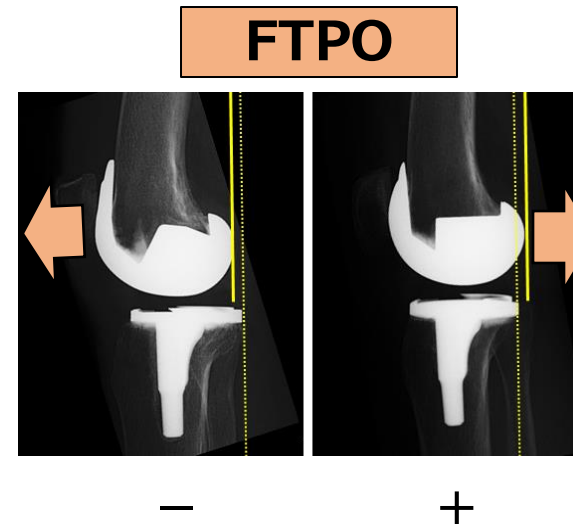
- Femorotibial posterior overhang (FTPO)<sup>6)</sup>

The anteroposterior position of the femur relative to the tibia

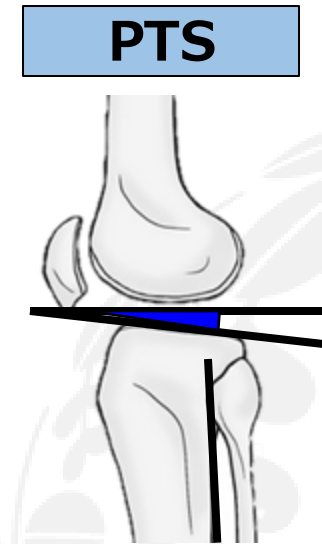
✓ A smaller FTPO ➡ PF pressure ↑<sup>7)</sup>

- Posterior tibial slope (PTS)

✓ A smaller PTS ➡ PF pressure ↑<sup>8)</sup>



**Figure 2.**  
Smaller FTPO is associated with higher PF joint pressure.

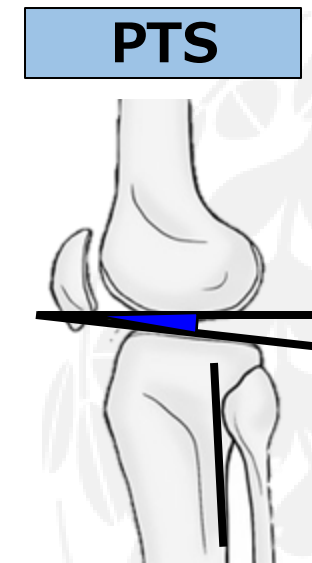
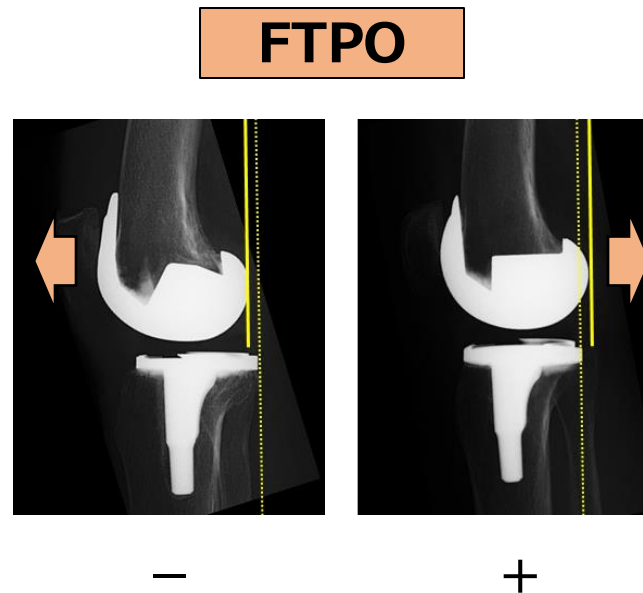
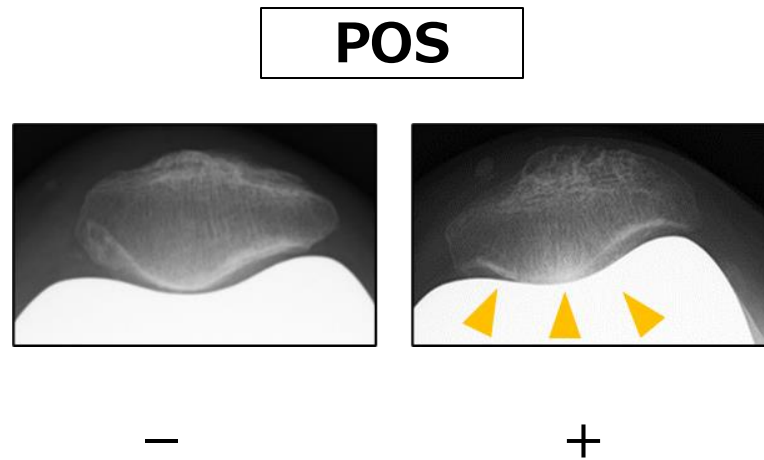


**Figure 3.**  
Effect of PTS on PF joint pressure: a shallower slope may increase pressure.

The effect of FTPO and PTS on PF pressure pre- and post-TKA remains unclear

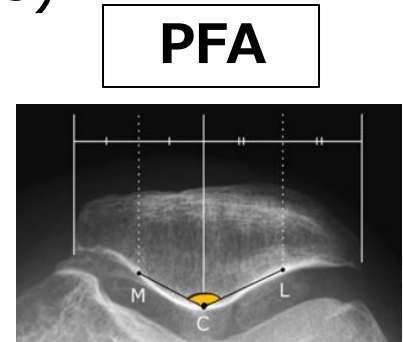
# Purpose

To investigate the relationship between FTPO and PTS  
in relation to postoperative POS after TKA



# Subjects and Methods

- Study subjects:  
Jan 2017-Jan 2023, 80 knees (58-84 y/o, 12 male, 47 female)
- Indications: Medial knee osteoarthritis
- Diagnosis of exclusion:  
Severe PF joint deformities, **Patella facet angle (PFA) < 132°**<sup>9)</sup>,  
Lateral knee osteoarthritis, Significant anterior knee symptoms,  
Rheumatoid arthritis, History of trauma or prior surgeries
- Procedure: TKA without patellar resurfacing was performed  
using Journey II BCS (Smith & Nephew)



# Subjects and Methods

- Radiographic evaluation:

Assessments at preoperatively and at one year postoperatively.

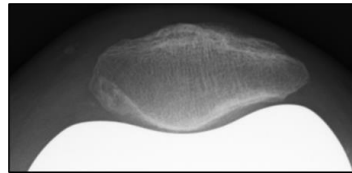
- POS was evaluated using axial views
- FTPO and PTS were measured using lateral views

- Statistical analysis of the relationship

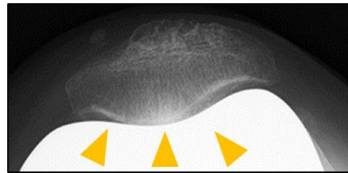
Between

**POS**

and

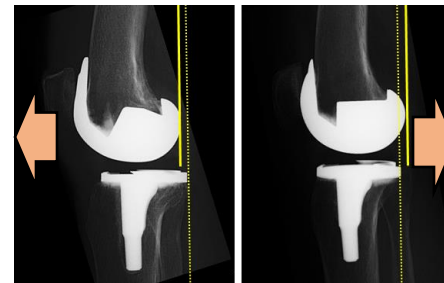


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+

**FTPO**



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+

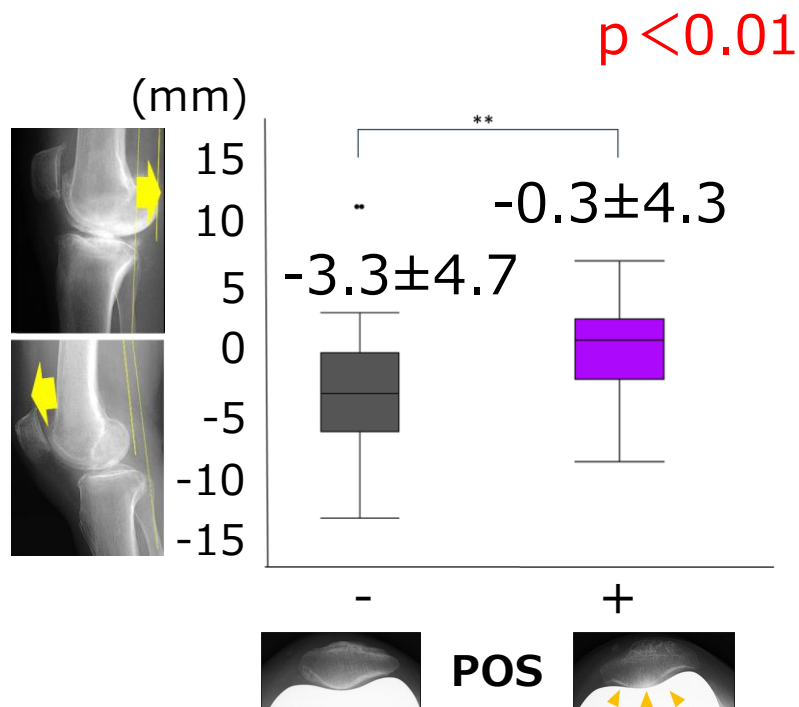
**PTS**



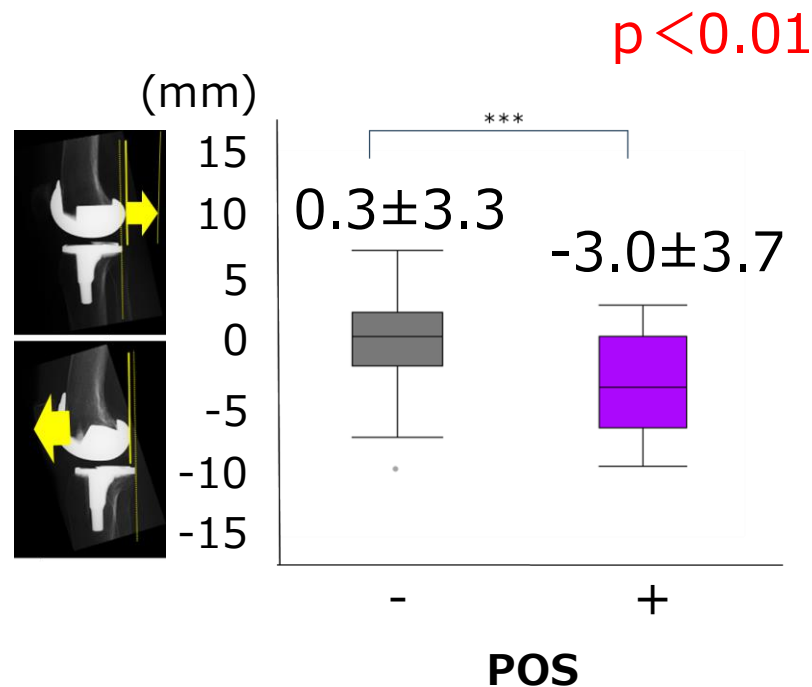
Statistical method: t-test, Wilcoxon's rank sum test,  $\chi^2$  test ( $p < 0.05$ )

# Results: Relationship between POS and FTPO

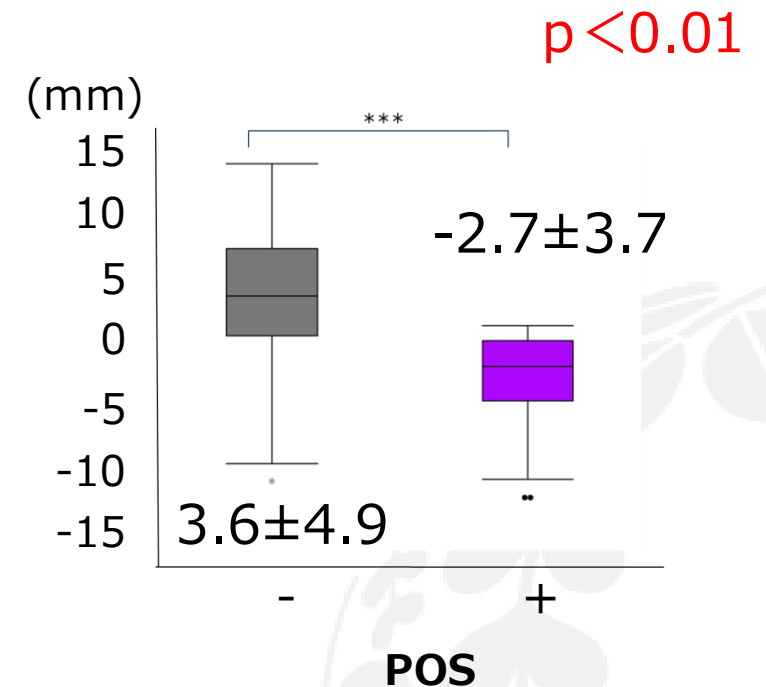
Pre-TKA FTPO



Post-TKA FTPO



Pre- and Post- FTPO Change

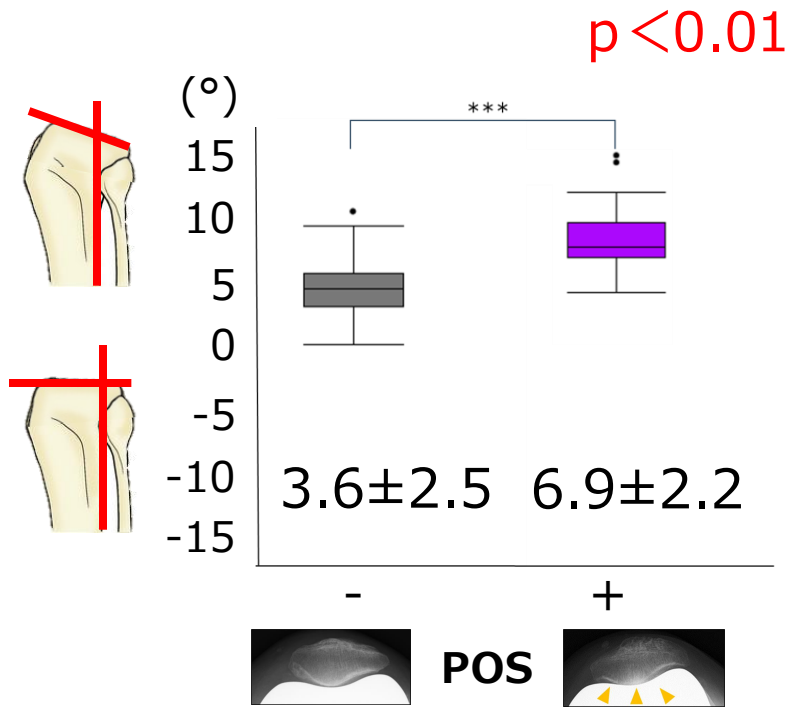


In the POS-positive group (23/80 knees)  
FTPO was significantly greater  
Greater anterior shift of the femur after TKA

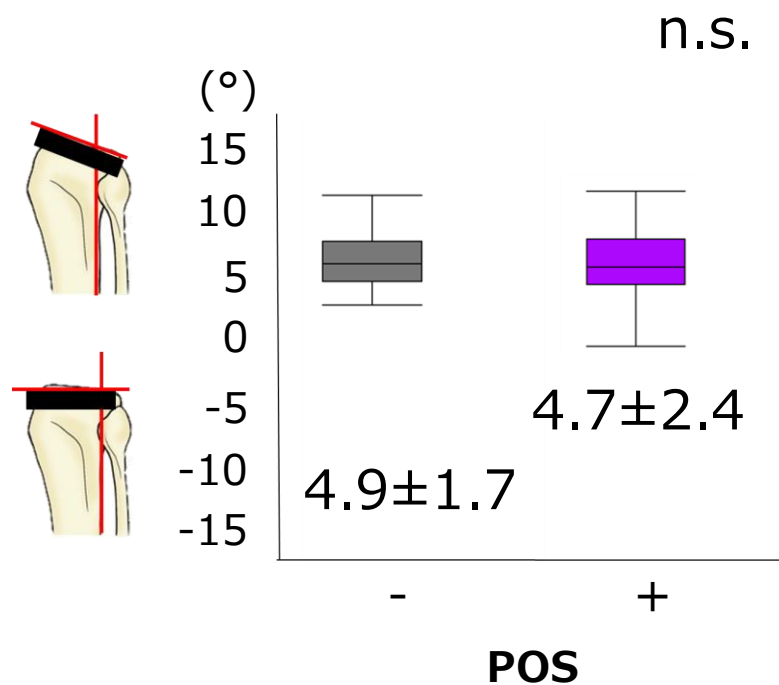


# Results: Relationship between POS and PTS

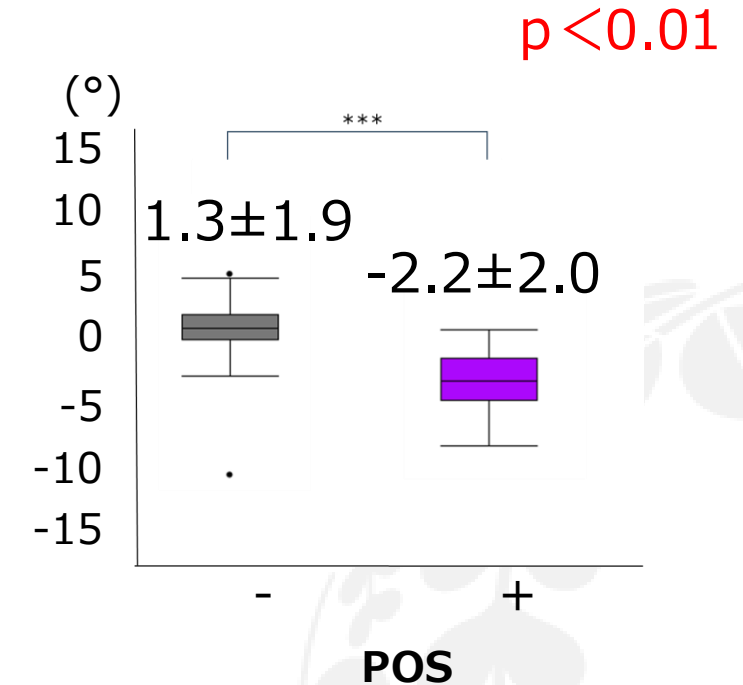
Pre-TKA PTS



Post-TKA PTS

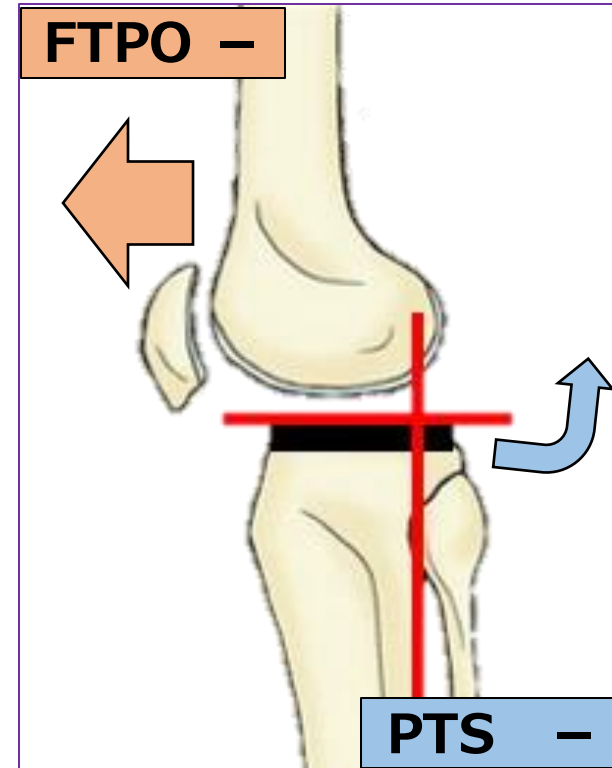
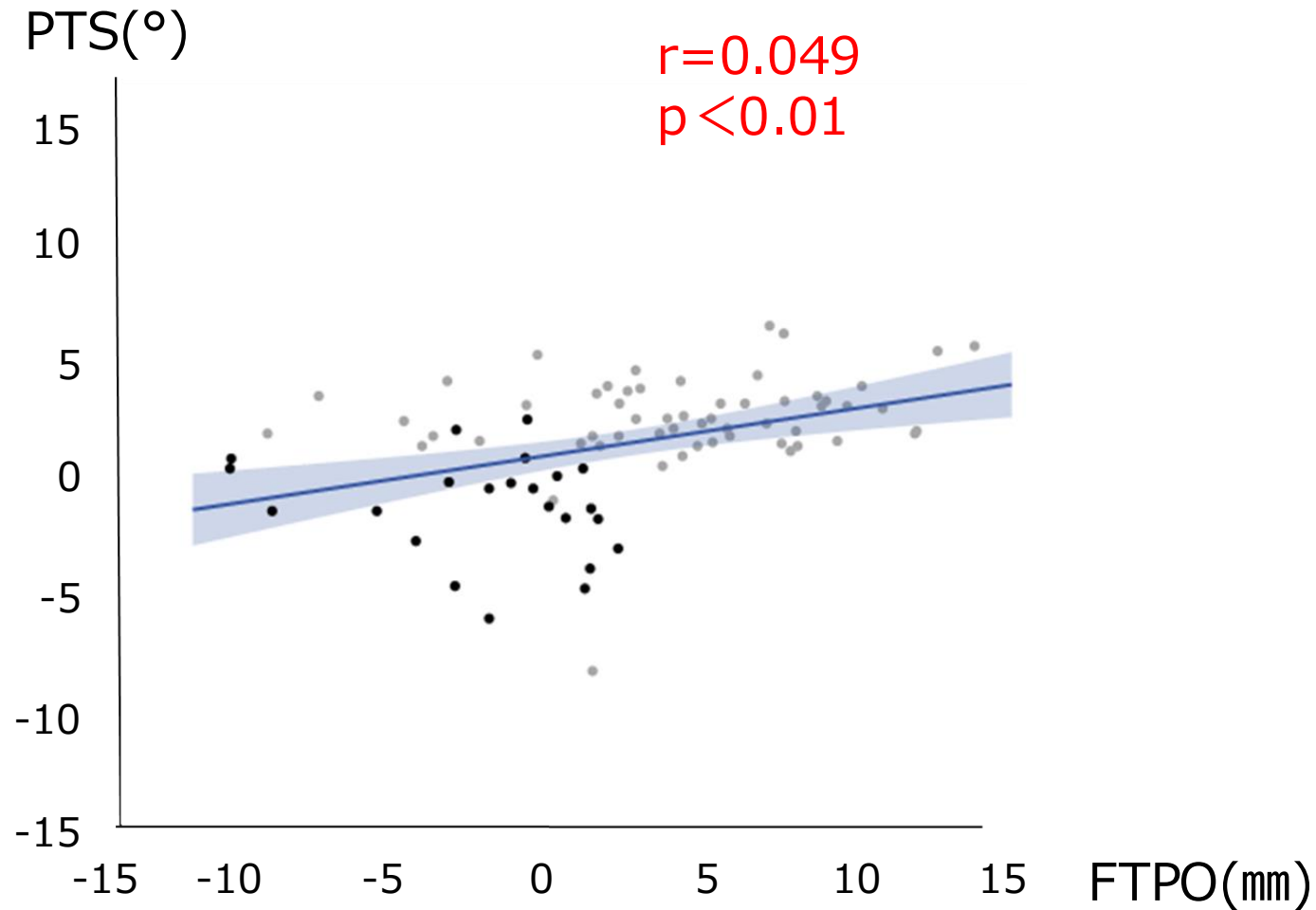


Pre- and Post- PTS Change



In the POS-positive group (23/80 knees)  
the preoperative PTS was significantly larger  
the postoperative PTS was reduced

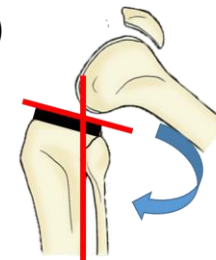
# Results: Correlation between FTPO and PTS



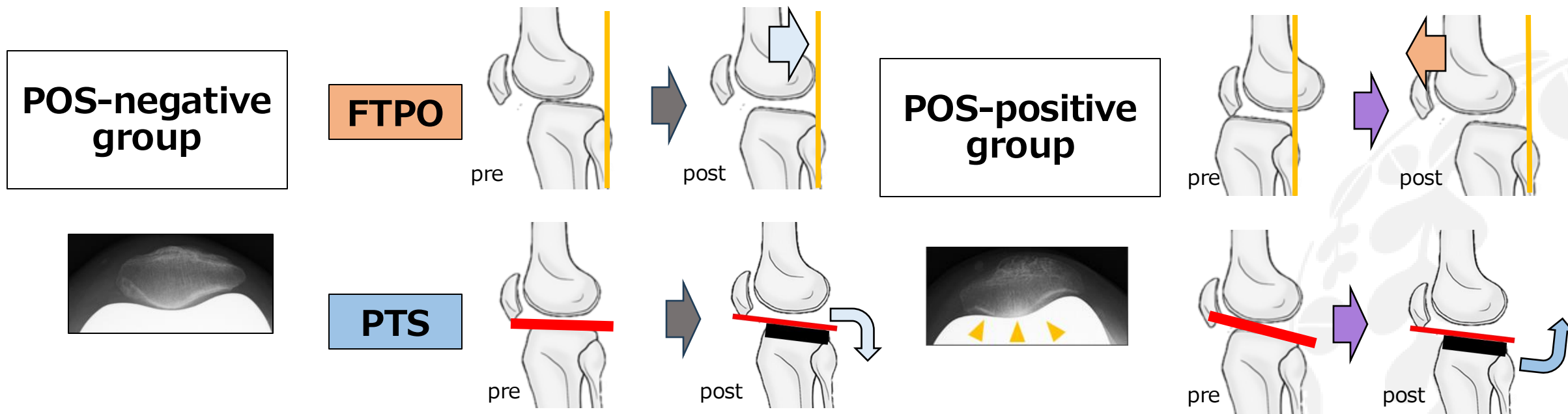
A moderate statistical correlation was observed FTPO and PTS

# Discussion: Relationship between FTPO and PTS change

- ✓ An appropriate PTS ➡ Femoral rollback during deep knee flexion<sup>10)</sup>
- ✓ Proper rollback movement ➡ Reduce PF pressure<sup>11)</sup>



## The results of this study



- Decrease in PTS ➡ Rollback ✕  
Anterior deviation of the femur ➡ PF pressure ↑  
POS+

# **Discussion: POS after selective patellar surfacing TKA**

- ✓ 52% of patients without patellar resurfacing TKA develop POS<sup>12)</sup>
- ✓ Patellar shape was related to PF contact stress  
following TKA without patellar resurfacing<sup>9)</sup>

## **The results of this study**

- POS occurred in only **28.8%** of cases
- Selective patellar resurfacing based on patellar shape  
may contribute to the prevention of POS
- ※ Patella facet angle  $< 132^\circ$   
may indicate the need for patellar replacement in TKA

# Conclusion

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This study suggests that,

FTPO and PTS significantly influence postoperative PF pressure.

A smaller FTPO and reduced PTS may lead to increased PF pressure and bone sclerosis.

# Reference

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