

Association between pivot-shift like phenomenon in the contralateral uninjured knee and residual pivot-shift phenomenon after anterior cruciate ligament reconstruction

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COI Disclosure

The authors have no financial conflicts of interest to disclosure related to the present study.

Pivot-shift phenomenon

- ✓ **Greater** preoperative pivot-shift (PS) phenomenon in anterior cruciate ligament (ACL) injured knee is **a risk factor for residual PS** after ACL reconstruction (ACLR).
Yamamoto Y, et al. Am J Sports Med 2018
Kim SH, et al. Arch Orthop Trauma Surg 2020
- ✓ **PS like phenomenon** is sometimes observed in the **contralateral uninjured knee**
Katakura et al, The Knee. 2020
Sundemo et al, Knee Surg Sports Traumatol Arthrosc. 2018
- ✓ Patients with a **positive PS like phenomenon** in the **contralateral uninjured knee** had **greater preoperative PS** in the **ACL-injured knee** than those without
Nagata N, et al. JOA annual meeting 2024
- ✓ The relationship between the PS like phenomenon in the **contralateral uninjured knee** and knee stability after ACL reconstruction is not clear.

Purpose

- To investigate the relationship between the **PS like phenomenon** in the **contralateral uninjured knee** and postoperative **knee stability** after **ACLR**

Hypothesis

- Patients with a **positive PS like phenomenon** in the **contralateral uninjured knee** are more likely to have **residual PS phenomenon** in the **ACLR knee**

**Primary Double-bundle ACLR using hamstring autograft,
Screw removal about 1 year after ACLR**

292 cases

Evaluated both knees using an
**electromagnetic
measurement system (EMS)**
under general anesthesia

Exclusion criteria

- Concomitant around knee osteotomy
- A history of contralateral knee surgery
- Epiphyseal sparing surgery
- No PS phenomenon in ACL injured knee
- ACL reinjured knee
- Incomplete data

92 cases (male/female : 43/49)

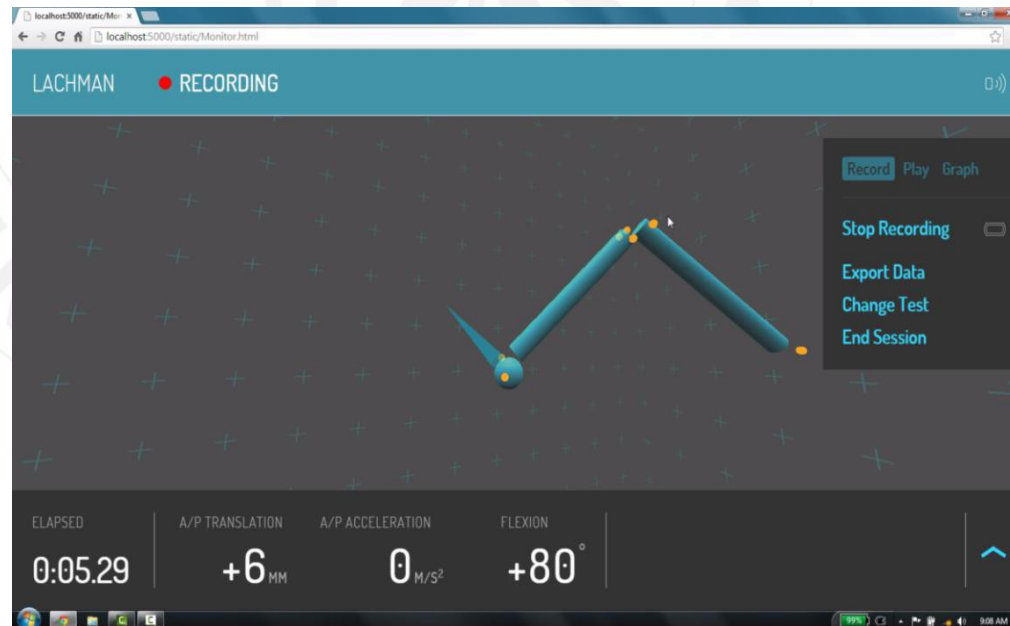
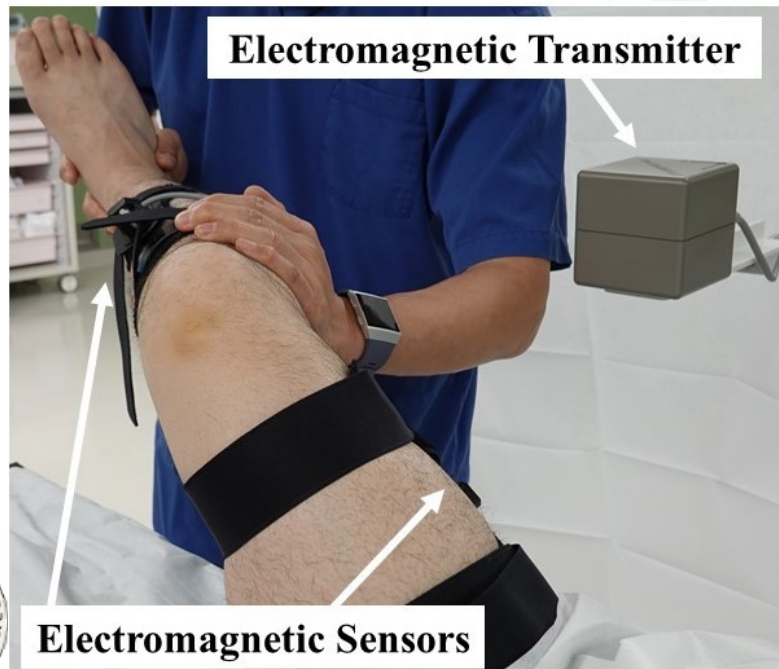
Age : 25.7 ± 11.8 years

Electromagnetic measurement system (EMS)

- Non-invasive
- Precise ($<1\text{mm}$, $<2^\circ$)
- 7 bony landmarks are registered to digitize femoral and tibial positions

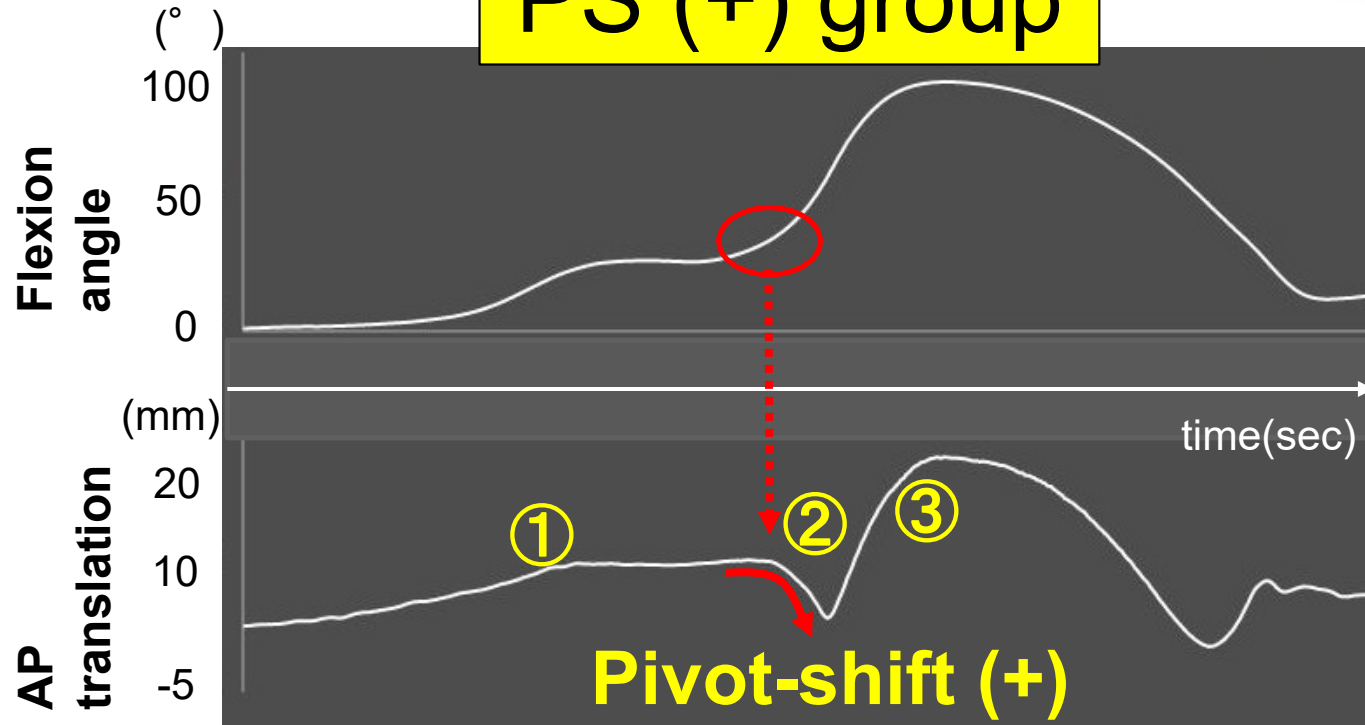
Hoshino Y, et al. AJSM 2007
Araki D, et al. Arthroscopy 2011
Nagai K, et al. KSSTA 2015

JIMI Kobe

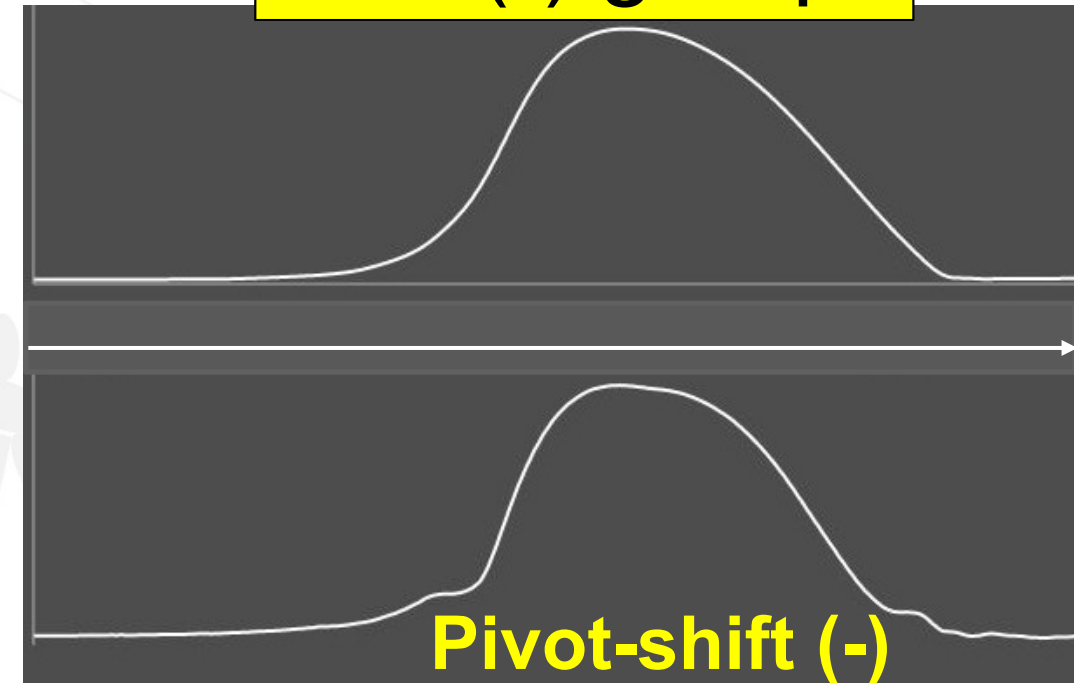


PS phenomenon; EMS waveform

PS (+) group



PS (-) group



Definition of positive PS phenomenon

1. Anterior tibial subluxation
2. Rapid posterior translation at 30-50° knee flexion
3. Relative anterior tibial translation

Evaluations

➤ Patient's demographic data

- ✓ Age, sex, BMI
- ✓ Meniscus injury, knee hyperextension
- ✓ IKDC manual grade of PS test

Hefti F, et al. Knee Surg Sports Traumatol Arthrosc 1993

➤ PS test measured by EMS measurement

ACL-injured & ACLR knees

- ✓ Posterior tibial translation (PTT) (mm)
- ✓ Posterior tibial acceleration (PTA) (m/s^2)

ACLR knees

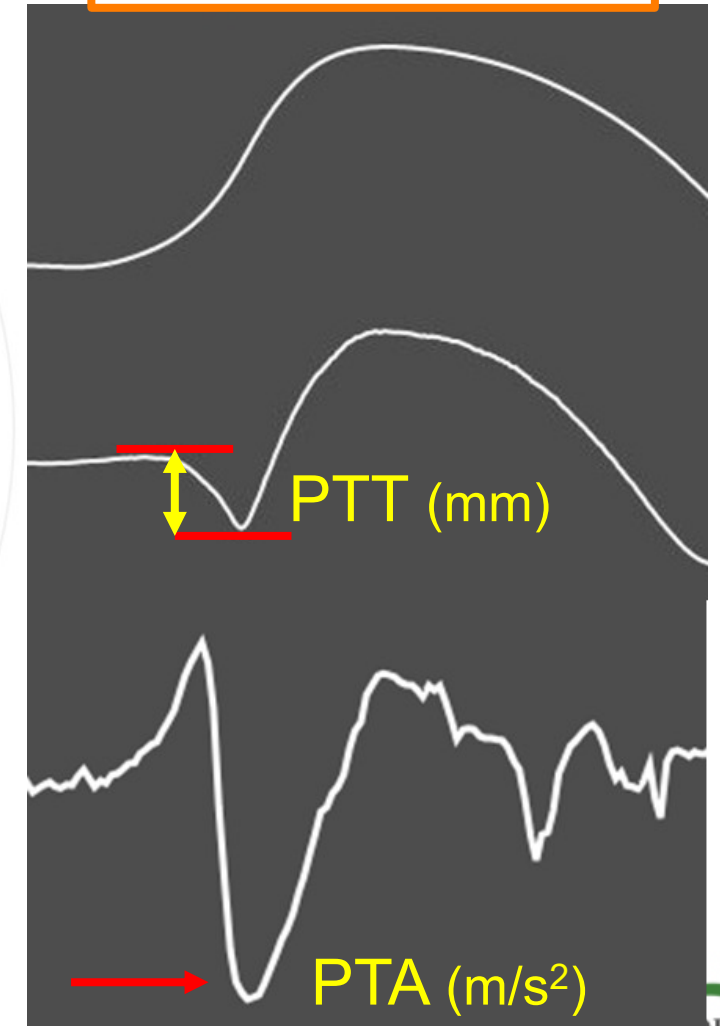
$\text{PTT} > 3\text{mm}$



Residual PS (+)

Pivot-shift test

Flexion angle
AP translation
Acceleration



Statistical analysis

PS (+) vs PS (-)
in **contralateral uninjured knee**

- Mann-Whitney U test
 - ✓ Patient's demographic data
 - ✓ PTT & PTA in **ACL-injured** & **ACLR** knee
- Fisher's exact test
 - ✓ The ratio (%) of residual PS in **ACLR** knee
- Significance level: $P < 0.05$

Demographic data

	Contralateral uninjured knee		P value
	PS (+) (n=28)	PS (-) (n=64)	
Male / Female	17 / 11	26 / 38	0.11
Age	25.9 ± 12.2	25.6 ± 11.8	0.83
BMI (kg/m ²)	23.6 ± 4.9	22.9 ± 2.9	0.88
Grade; 0/1/2/3	0 /14 /11 /3	0 /33 /30 /1	0.15
Meniscus injury (+/-)	15/13	27/37	0.37
Medial (+/-)	10/18	20/44	0.81
Lateral (+/-)	6/22	12/52	0.78
Knee hyperextension	4 (14.3%)	7 (10.9%)	0.73

No significant difference in patient background

Pivot-shift analysis in ACL-injured & ACLR knees

	Contralateral uninjured knee		P value
	PS(+)	PS(-)	
ACL injured knee (pre-op)			
▪ PTT (mm)	7.8 ± 7.0	> 3.9 ± 3.3	0.002
▪ PTA (m/s ²)	1.9 ± 1.3	1.9 ± 1.1	0.71
ACLR knee (post-op)			
▪ PTT (mm)	2.2 ± 1.8	> 1.4 ± 2.4	0.006
▪ PTA (m/s ²)	1.0 ± 0.6	1.1 ± 0.7	0.74
▪ Residual PS phenomenon			
PTT > 3mm	11 (39.3%)	> 11 (17.2%)	0.03
IKDC manual grade ≥ 1	10 (35.7%)	12 (18.8%)	0.11

PS like phenomenon in **contralateral uninjured knee**

Previous study; Accelerometer (KiRA)

Katakura M, et al. The Knee 2020

- Tibial acceleration during the PS test
Greater PS (+) **in uninjured knee**
➡ risk factor of **residual PS** in ACLR knee

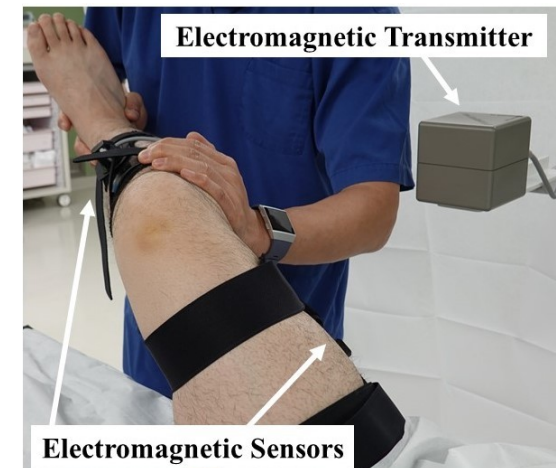
Present study; EMS

- PS (+) in **contralateral uninjured knee**
➡ **Greater PTT & residual PS** in ACLR knee
compared to PS (-) group

Physiological anterolateral rotatory knee laxity may be associated with **residual pivot-shift** phenomenon in **ACLR knee**



Di Paolo, et al. AOJ 2021



Conclusion

Patients with a positive PS like phenomenon in the contralateral uninjured knee are more likely to have residual PS phenomenon in the ACLR knee