



ISAKOS  
CONGRESS  
2025



MUNICH  
GERMANY  
June 8-11

# Biomechanical Evaluation and Surface Analysis of Glenoid Reconstruction Using the Subtalar Joint Allograft for Significant Glenoid Bone Loss in Recurrent Shoulder Instability: A Novel Alternative Graft Option

Phob Ganokroj,<sup>\*†</sup> MD, Justin F.M. Hollenbeck,<sup>\*</sup> MSc, Marco Adriani,<sup>\*‡</sup> MD, Ryan J. Whalen,<sup>\*</sup> BS, CSCS, Amelia H. Drumm,<sup>\*</sup> BA, Alexander R. Garcia,<sup>\*</sup> BS, Wyatt H. Buchalter,<sup>\*</sup> BS, Trevor J. McBride,<sup>\*§</sup> MD, Marco-Christopher Rupp,<sup>\*||</sup> MD, and CAPT Matthew T. Provencher,<sup>\*¶#</sup> MD, MBA, MC, USNR (Ret.)

Faculty of Medicine Siriraj Hospital, Mahidol University, Bangkok, Thailand



U.S. OLYMPIC & PARALYMPIC  
NATIONAL  
MEDICAL CENTER



# Faculty Disclosure Information

- **Presenter:** Phob Ganokroj, MD reported nothing to disclose
- **Co-author:**
  - Justin Hollenbeck, MSc reported nothing to disclose
  - Marco Adriani, MD reported nothing to disclose
  - Ryan J. Whalen, BS, CSCS reported nothing to disclose
  - Amelia H. Drumm, BA reported nothing to disclose
  - Alexander Garcia, BS reported nothing to disclose
  - Wyatt H. Buchalter, BS reported nothing to disclose
  - Trevor J. McBride, MD reported nothing to disclose
  - Marco-Christopher Rupp, MD reported nothing to disclose

**Matthew T Provencher, MD, MBA, FAAOS has something to disclose:** Submitted on: 08/25/2022

AAOS: Board or committee member; American Orthopaedic Society for Sports Medicine: Board or committee member; American Shoulder and Elbow Surgeons: Board or committee member; Arthrex, Inc: IP royalties; Paid consultant; Arthroscopy: Editorial or governing board; Arthroscopy Association of North America: Board or committee member; Arthrosurface: IP royalties; Elsevier, Inc.: Publishing royalties, financial or material support; International Society of Arthroscopy, Knee Surgery, and Orthopaedic Sports Medicine: Board or committee member; Joint Restoration Foundation (Allosource): Paid consultant; Knee: Editorial or governing board; Orthopedics: Editorial or governing board; San Diego Shoulder Institute: Board or committee member; SLACK Incorporated: Editorial or governing board; Publishing royalties, financial or material support; Society of Military Orthopaedic Surgeons: Board or committee member



**ISAKOS**  
CONGRESS  
2025



**MUNICH**  
**GERMANY**  
June 8-11



# Background

- Glenoid and humeral head bone defects are common in chronic shoulder instability.
- The talus, and more specifically, the subtalar joint, has been proposed as a unique allograft from which bipolar bone loss can be addressed.
- However, there are few biomechanical data or joint reconstruction analyses of the glenoid using the posterior facet of a subtalar joint allograft (STA)

# Objective

- To compare the contact mechanics of a subtalar joint allograft (STA) versus a coracoid graft (Latarjet procedure) versus a distal tibial allograft (DTA) for anatomic glenoid reconstruction.



**ISAKOS**  
CONGRESS  
2025



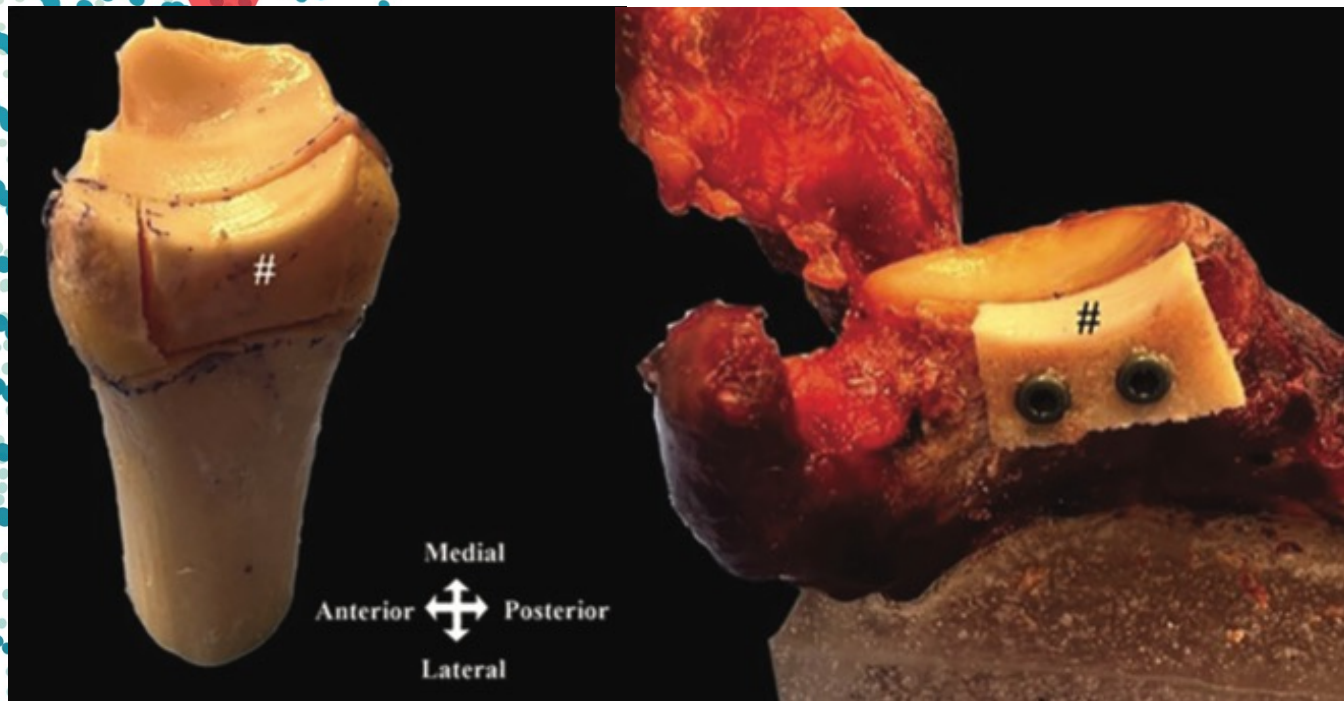
**MUNICH**  
**GERMANY**  
June 8–11



# Methods

- A Controlled laboratory study.
- A total of 8 fresh-frozen, unpaired cadaveric specimens
- The repeated-measures biomechanical testing in 5 stages: native (intact) state, bone loss (30% glenoid bone defect), Latarjet procedure, glenoid reconstruction using a DTA, and glenoid reconstruction using an STA

# Anatomic glenoid reconstruction



DTA reconstruction



STA reconstruction



ISAKOS  
CONGRESS  
2025



MUNICH  
GERMANY  
June 8-11



# Methods

- A compressive load of 440 N was
- A dynamic tensile testing machine in 3 shoulder positions: 30° of abduction, 60° of abduction, and 60° of abduction with 90° of external rotation
- Average contact pressure, contact area, and peak contact pressure were measured
- Surface area and surface congruency were calculated using a custom script.
- Data were analyzed using analysis of variance.



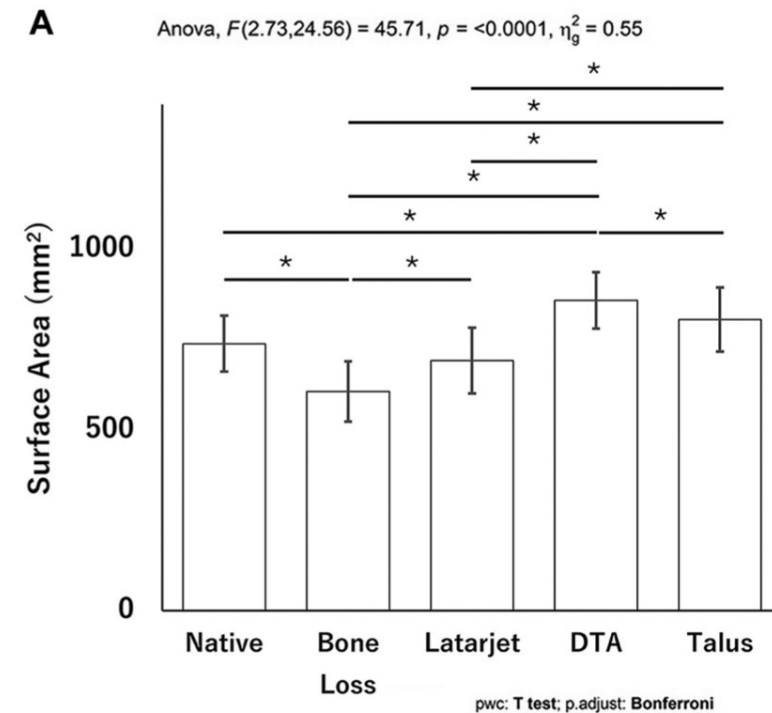
**ISAKOS**  
CONGRESS  
2025



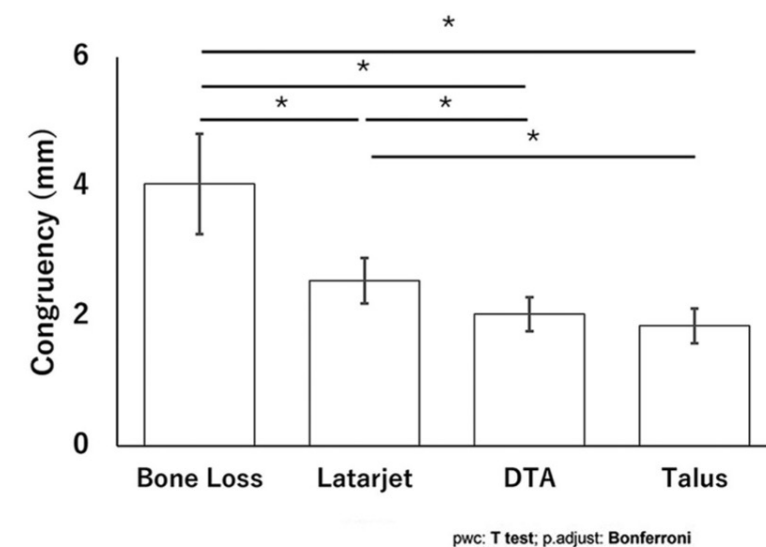
**MUNICH**  
**GERMANY**  
June 8-11

# Result

- There was a significantly higher surface area with glenoid reconstruction using the DTA ( $859 \pm 78 \text{ mm}^2$ ;  $P = .005$ ) than with glenoid reconstruction using the STA ( $806 \pm 88 \text{ mm}^2$ ;  $P < .001$ ) and the Latarjet procedure ( $692 \pm 91 \text{ mm}^2$ ).
- Surface congruency was significantly better with reconstruction using the DTA ( $2.0 \pm 0.3 \text{ mm}$ ;  $P = .003$ ) or the STA ( $1.9 \pm 0.3 \text{ mm}$ ;  $P = .004$ ) than with the Latarjet procedure ( $2.6 \pm 0.4 \text{ mm}$ ).

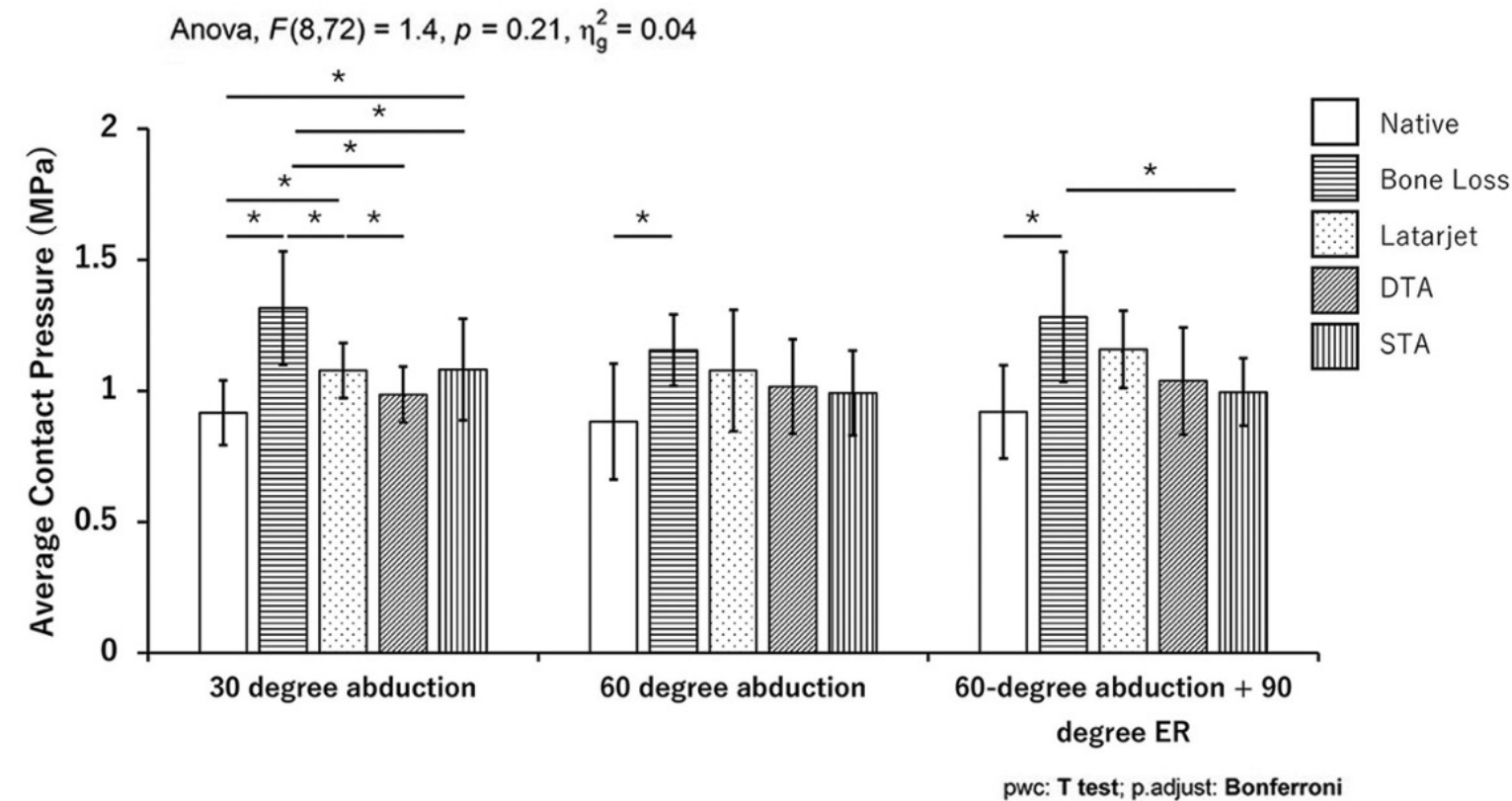


**B** Anova,  $F(1.54, 13.9) = 43.67$ ,  $p = <0.0001$ ,  $\eta_g^2 = 0.79$



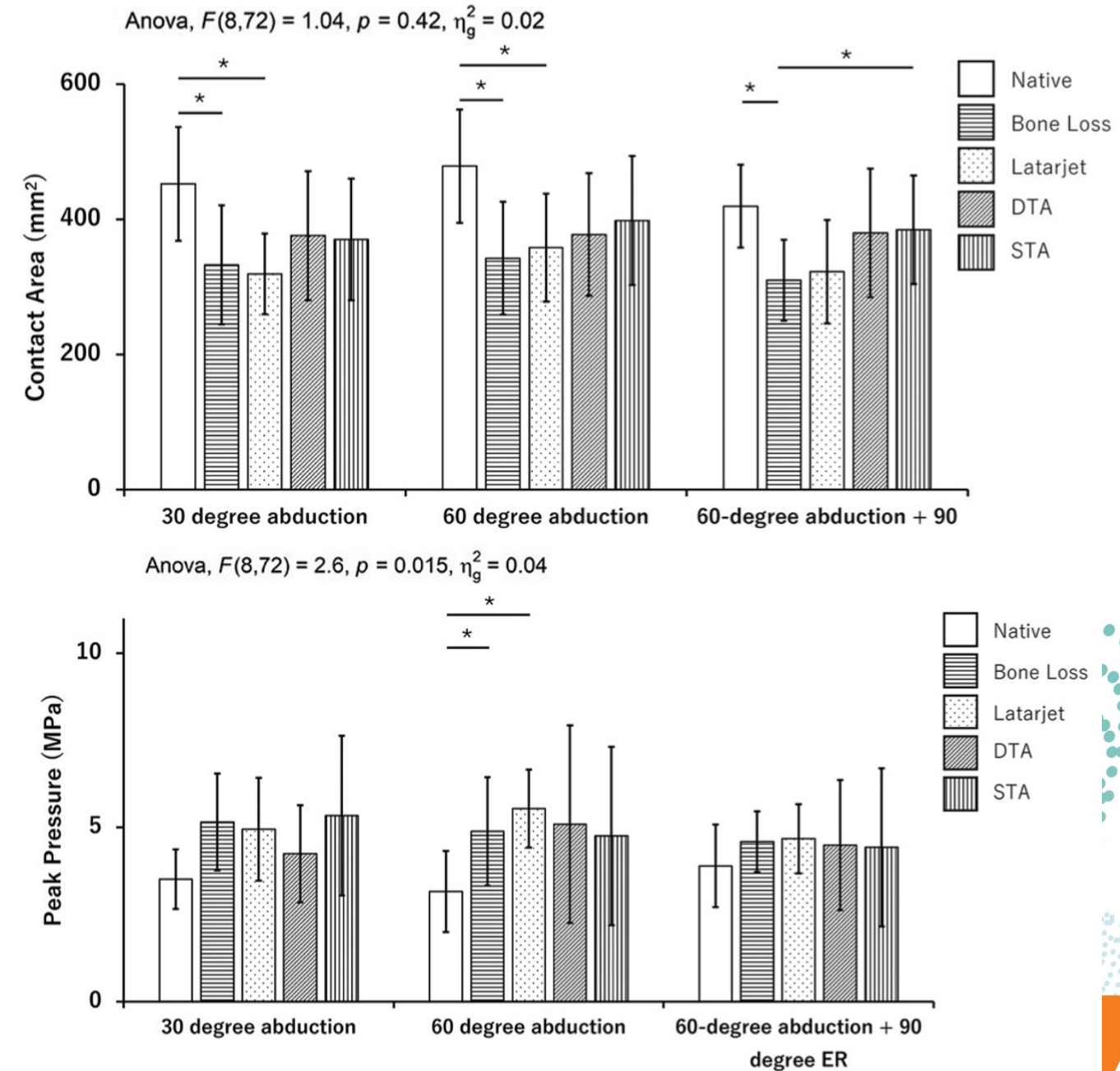
# Result

- The average contact pressure in the bone loss state was significantly higher than that in the native state ( $P < .05$ ) in all positions.
- All repair states restored average contact pressure to the native state at 60° of abduction and 60° of abduction with 90° of ER.



# Result

- There was less contact area after the Latarjet procedure than in the native state at 30° and 60° of abduction ( $P = .009$  and  $P = .040$ , respectively).
- There was no significant difference in contact area and peak contact pressure after reconstruction with the DTA or STA compared with the native state.





# Discussion

- The study's most important findings were that the Latarjet procedure and anatomic glenoid reconstruction using an STA restored the physiological surface area.
- Furthermore, reconstruction with a DTA and STA improved surface congruency over the Latarjet procedure. DTA and STA preserved the contact area, similar to the native state, better than the Latarjet procedure
- Finally, the Latarjet procedure induced a higher peak contact pressure at 60° of abduction than the native state. This finding may be because of the poor congruency of the coracoid graft to the native humeral head



**ISAKOS**  
CONGRESS  
2025



**MUNICH**  
**GERMANY**  
June 8-11



# Conclusion

- Anatomic glenoid reconstruction using a DTA or STA restored average contact pressure, peak contact pressure, and contact area at 60° of abduction and 60° of abduction with 90° of ER in a cadaveric model.
- In addition, surface congruency and surface area improved over the traditional Latarjet procedure.
- The STA showed comparable contact mechanics and surface geometry to the DTA.
- Further research is needed to determine the in vivo clinical outcomes of this new alternative graft.



**ISAKOS**  
CONGRESS  
2025



**MUNICH**  
**GERMANY**  
June 8-11

# Reference

1. Bhatia S, Van Thiel GS, Gupta D, et al. Comparison of glenohumeral contact pressures and contact areas after glenoid reconstruction with Latarjet or distal tibial osteochondral allografts. *Am J Sports Med*. 2013;41(8):1900-1908.
2. Frank RM, Romeo AA, Provencher MT. Glenoid reconstruction with distal tibia allograft for recurrent anterior shoulder instability. *Orthopedics*. 2017;40(1):e199-e205.
3. Frank RM, Shin J, Saccomanno MF, et al. Comparison of glenohumeral contact pressures and contact areas after posterior glenoid reconstruction with an iliac crest bone graft or distal tibial osteochondral allograft. *Am J Sports Med*. 2014;42(11):2574-2582.
4. Ganokroj P, Garcia AR, Hollenbeck JFM, et al. Utility of talus osteo- chondral allograft augmentation for varying Hill-Sachs lesion sizes: a cadaveric study. *Orthop J Sports Med*. 2023;11(10):232596712 31203285.
5. Griswold BG, Pare´ DW, Herzwurm ZP, et al. Utility of allograft talus as a source for grafting of concurrent humeral and glenoid defects associated with anterior glenohumeral instability: an anthropometric analysis. *Arthroscopy*. 2021;37(3):845-851.
6. Provencher MT, Frank RM, Golijanin P, et al. Distal tibia allograft glenoid reconstruction in recurrent anterior shoulder instability: clinical and radiographic outcomes. *Arthroscopy*. 2017;33(5):891-897.
7. Provencher MT, Ghodadra N, LeClere L, Solomon DJ, Romeo AA. Anatomic osteochondral glenoid reconstruction for recurrent glenohumeral instability with glenoid deficiency using a distal tibia allograft. *Arthroscopy*. 2009;25(4):446-452.

