

Arthroscopic osteocapsular arthroplasty with mini-open ulnar nerve decompression for elbow osteoarthritis

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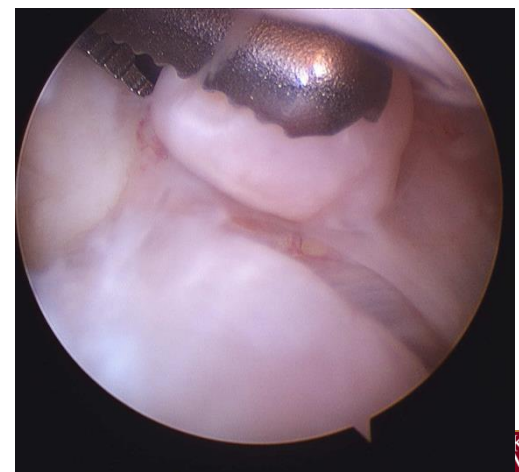
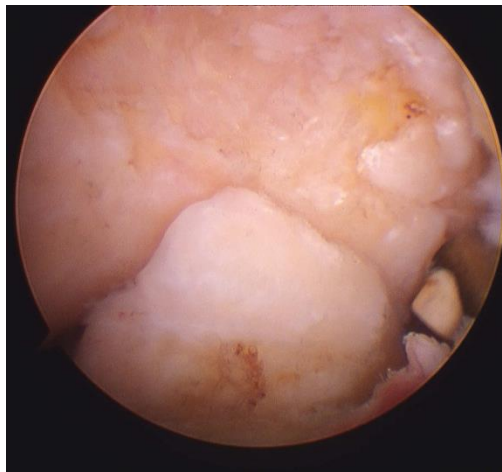
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DISCLOSURE

None

Elbow osteoarthritis

- **Treatment options**
 - **Less invasive treatment** is preferred to lower extremities such as knee and hip joints
 - **Arthroscopic osteocapsular arthroplasty**



Purpose of the study

- To evaluate outcomes after arthroscopic osteocapsular arthroplasty combined with ulnar nerve decompression for the treatment of elbow OA with concomitant ulnar neuropathy

Materials

- **Elbow osteoarthritis c ulnar neuropathy**
 - **Arthroscopic oseteocapsular arthroplasty**
 - **Mini-open Ulnar nerve decompression**

F/U > 1 years

22 Cases

Arthroscopic procedures

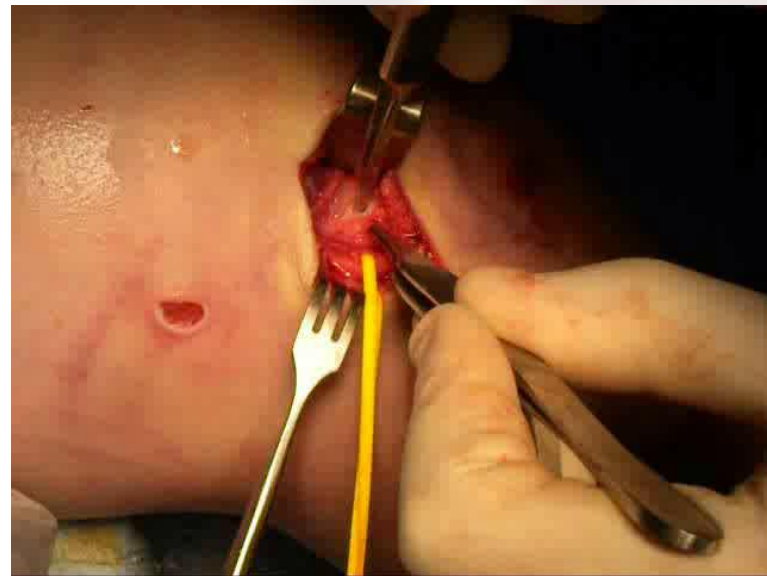
1. Osteophyte
2. Capsule contracture
3. Loose bodies



Debridement
Release
Removal



Mini-open Decompression



Measurements

■ Clinical outcomes

Function : VAS, ROM,

Mayo Elbow Performance Index (MEPI)

McGowan stage

Modified Bishop score

Complications

Clinical outcomes

- **Mayo Elbow Performance Index (MEPI)**

Pre OP	Post OP
67.2 ± 10.2	85.3 ± 9.6

P-value 0.03

Clinical outcomes

- **Modified Bishop score: 7.1 ± 2.4**

Excellent 10 (45%)

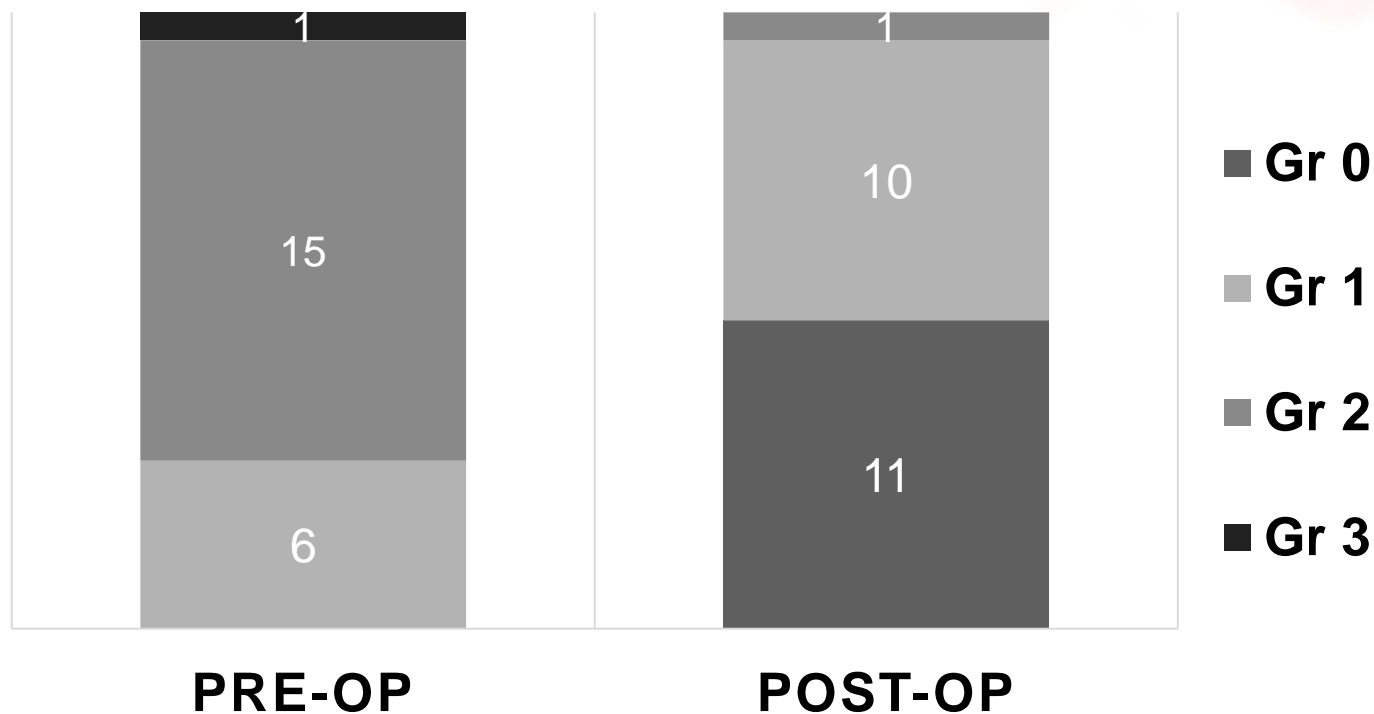
Good 7

Fair 3

Poor

Radiologic outcomes

▪ Broberg and Morrey grading



Conclusion

Miniopen ulnar nerve decompression was safe and effective procedure and can be indicated for ulnar neuropathy in the setting of elbow osteoarthritis.

References

1. O'Driscoll SW. Arthroscopic treatment for osteoarthritis of the elbow. Orthop Clin North Am. 1995
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3. Kovachevich R, Steinmann SP. Arthroscopic ulnar nerve decompression in the setting of elbow osteoarthritis. J Hand Surg Am. 2012
4. Kroonen LT, Piper SL, Ghatan AC. Arthroscopic Management of Elbow Osteoarthritis. J Hand Surg Am. 2017