

The Role of Arthroscopy in Shoulder Function Restoration After Proximal Humeral Fracture Malunion

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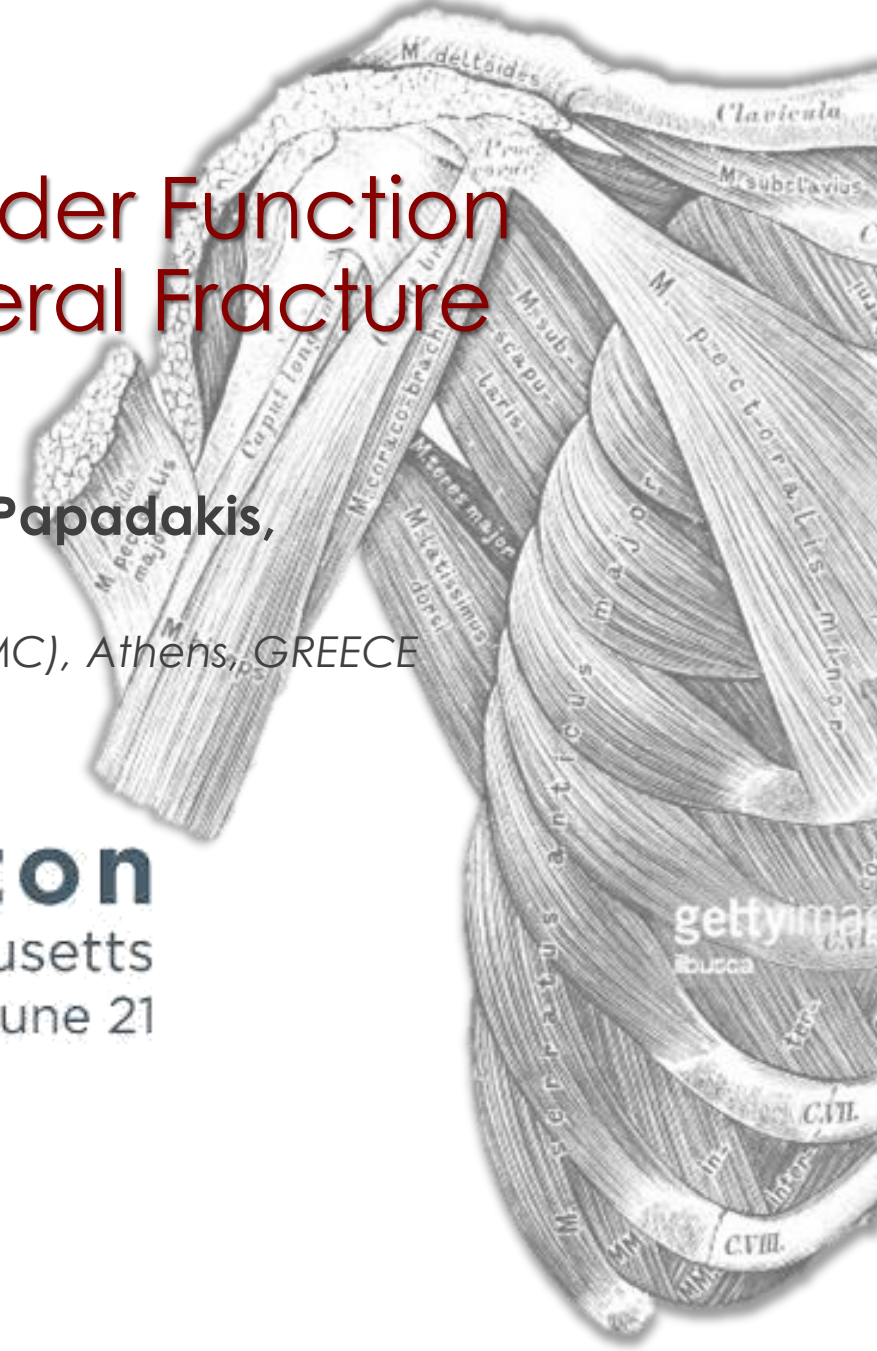
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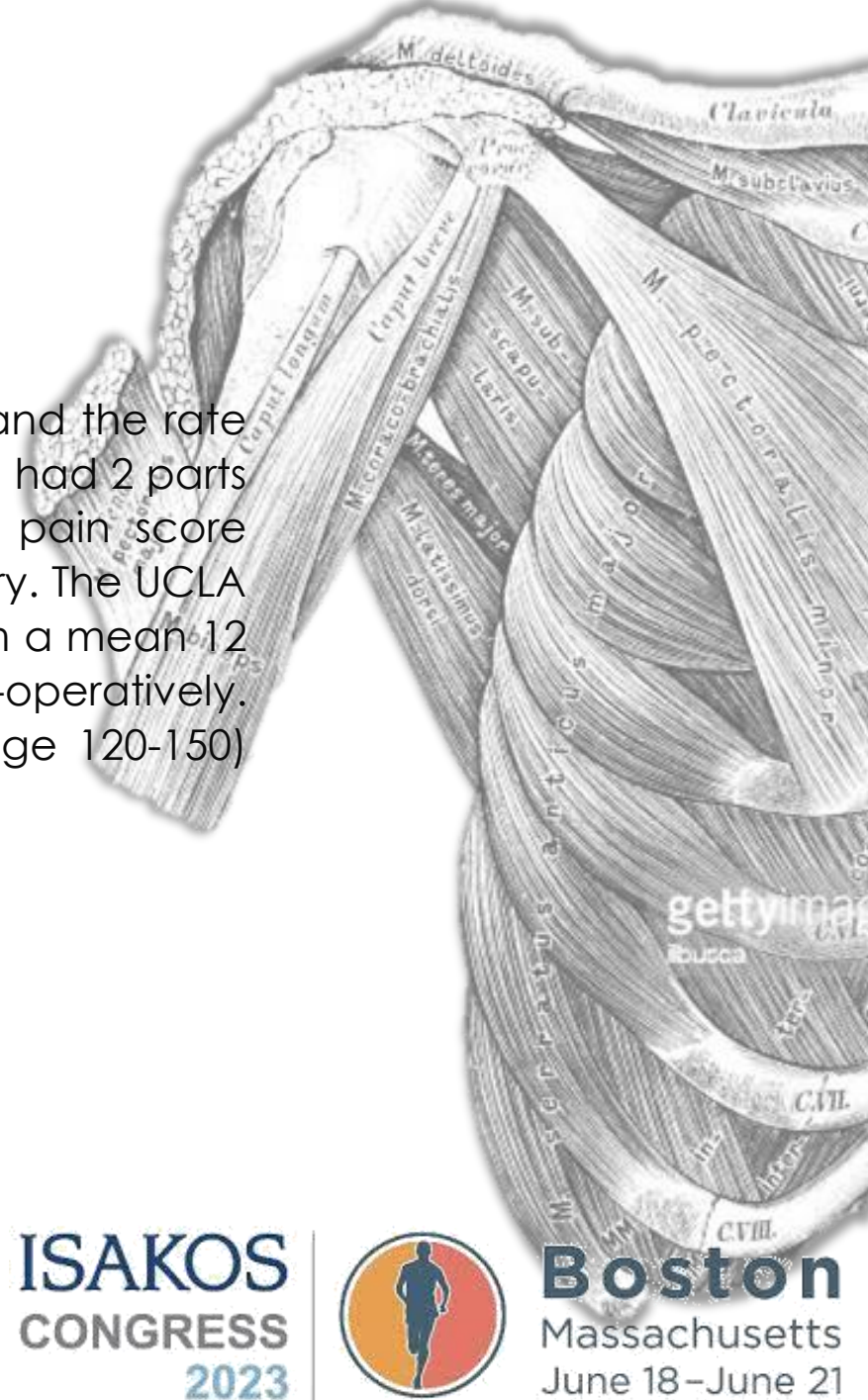
Disclosures

- No conflict of interest to declare.
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RESULTS

The follow-up period lasted 2.8 years on average (range 12-43 months) and the rate was 100%. 11 of 14 (78%) patients had 1 part displaced and the rest 3 (22%) had 2 parts displaced according to Neer classification before surgery. The mean pain score before surgery was 8 (range 6-9) and reduced to 4 (range 2-6) after surgery. The UCLA score showed an excellent outcome ($p < 0.01$) with an improvement from a mean 12 (range 9-16) points pre-operatively to 28 (range 20-31) points post-operatively. Shoulder abduction ROM increased from 80 (range 70-100) to 135 (range 120-150) before and after surgery respectively ($p < 0.05$).



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