Higher signal intensity of repaired lateral meniscus on MRI indicates the risk of residual anterolateral knee laxity after ACL reconstruction

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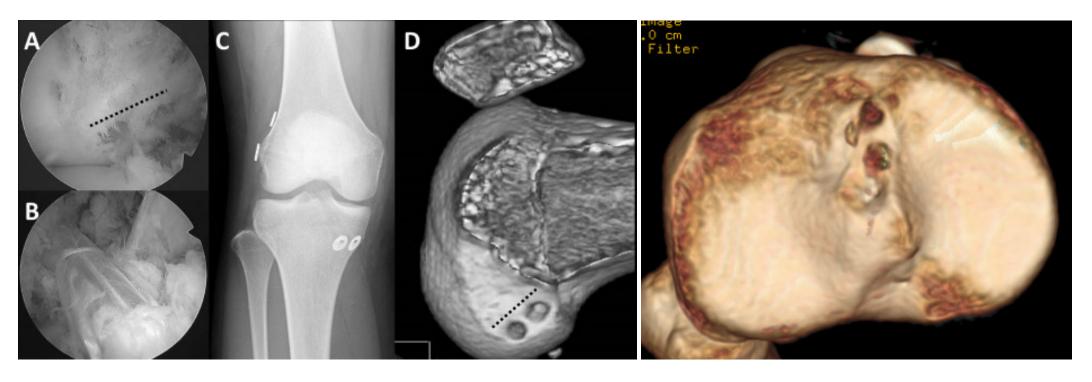
Conflict of Interest

Every authors has nothing to declare.

Purpose

This study is aimed to evaluate the longitudinal relationship between the signal intensity (SI) of lateral meniscus repair (LMR) on MRI and Anterolateral knee laxity (ALLx) after ACLR.

Subjects: 87 cases Anatomical DB-ACLR + LMR



Sasaki S, AJSM. 2016

Evaluation of knee laxity

- 1 year after ACLR
- **Definition of ALLx:**
- ≥ IKDC grade 1
- Pivot-shift test

MRI-SI in LMR

□SI ratio: SIR (3M, 6M, 12M)



Proton-density weighted image

√T2WT2 weighted image



| | Area | Mean | Min | Max | |
|---|------|--------|-----|-----|--|
| 1 | 1610 | 40.352 | 12 | 83 | |
| 2 | 8457 | 18 222 | 1 | 42 | |

$$SIR = [SI_{LM}] / [SI_{PCL}]$$

$$Ex. SIR = 2.22$$

Statistical Analysis

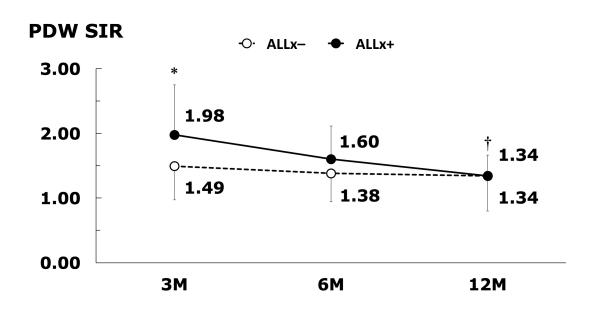
- **Mann-Whitney U test**
- Repeated measured ANOVA
- Logistic regression analysis
- **✓** Dependent variable → SIR
- **✓**Independent variable→Prevalence of ALLx

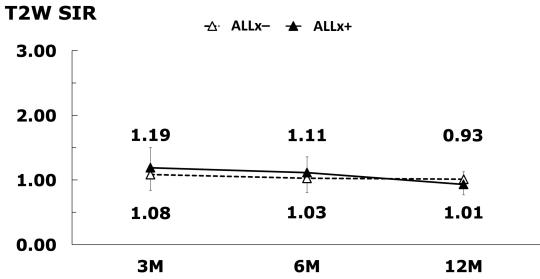
Demographic data

| | ALLx - (N = 75) | ALLx + (N = 12) |
|------------------------------------|-----------------|-----------------|
| Age | 24.0 ± 11.0 | 20.8 ± 6.6 |
| Height (cm) | 165.6 ± 8.2 | 164.6 ± 5.8 |
| Weight (kg) | 64.3 ± 12.0 | 63.9 ± 13.8 |
| BMI | 23.6 ± 3.6 | 24.2 ± 4.7 |
| Tegner activity score | 6.7 ± 1.5 | 6.5 ± 2.0 |
| Duration from injury to surgery | 263.7 ± 1101.8 | 84.1 ± 105.4 |
| Side-to-side difference of KT-1000 | 0.5 ± 0.6 | 1.6 ± 0.9* |

^{*}Mann-Whitney U test: P ≤0.05, ALLx - vs. ALLx +

SIR by ALLx +/-

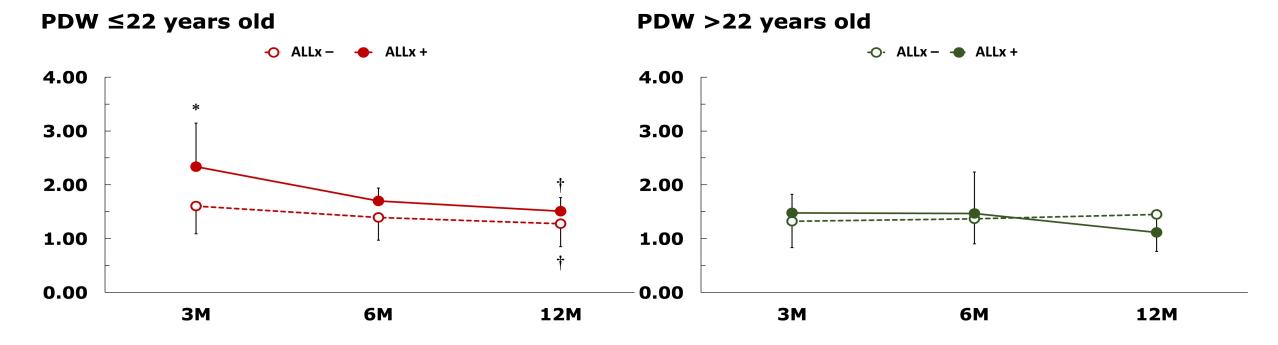




PDW-SIR by ALLx +/-

Younger population (≤22 years old) Total Number = 53, ALLx = 7 (13.2%)

Older population (>22 years old) Total Number = 34, ALLx = 5 (14.7%)

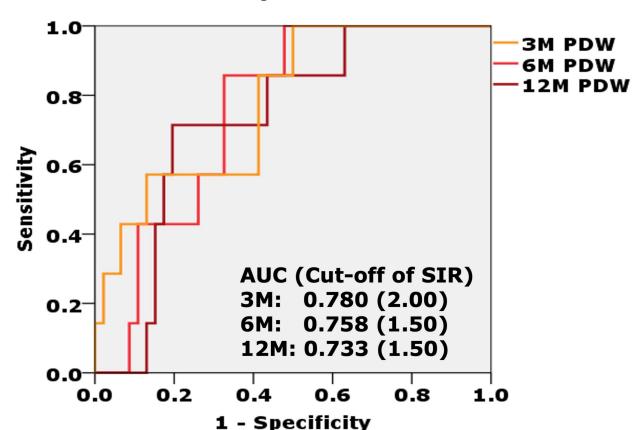


^{*}Mann-Whitney U test: P ≤0.05, ALLx – vs. ALLx +

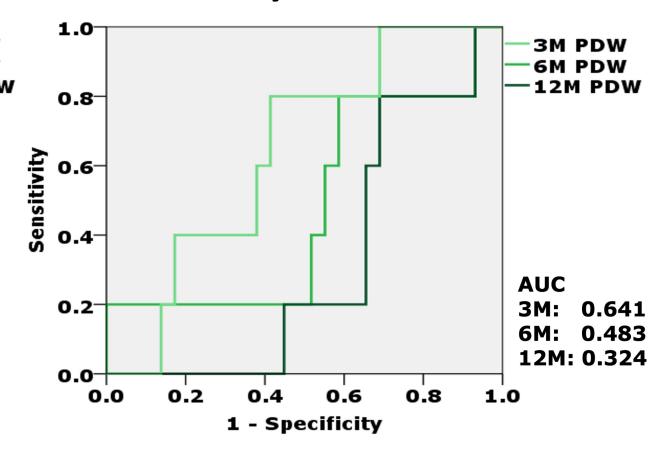
†Repeated measured ANOVA: P ≤0.05, 3M vs. 12M

ROC curves of PDW

≤22 years old



>22 years old



Logistic regression analysis

Patients ≤22 years old, Total Number = 53, ALLx = 7 (13.2%)

| Independent variable: Prevalence of ALLx Dependent variable: PDW-SIR | | В | P-value | OR | 95% CI | |
|--|----------|------|---------|--------------------|--------|--------|
| SIR _{3M} ≥2.00 | Crude | 2.19 | 0.013 | 8.89 | 1.58, | 49.91 |
| S.III | Adjusted | 2.33 | 0.025 | <mark>10.24</mark> | 1.34, | 78.18 |
| SIR _{3M} ≥2.00 + SIR _{6M} ≥1.50 | Crude | 2.64 | 0.004 | 14.00 | 2.28, | 85.94 |
| 5.01 | Adjusted | 2.81 | 0.011 | <mark>16.56</mark> | 1.93, | 142.34 |
| SIR _{3M} ≥2.00 + SIR _{6M} ≥1.50 + SIR _{12M} ≥1.50 | Crude | 2.80 | 0.008 | 16.50 | 2.10, | 129.63 |
| | Adjusted | 3.16 | 0.014 | <mark>23.57</mark> | 1.87, | 296.27 |

B: Regression coefficient, OR: Odds ratio

Conclusion

- Higher SI of LMR indicated the higher odds of ALLx after ACLR + LMR in younger population.
- Higher SI of LMR is associated with LM incomplete healing and disfunction.

Thank you for your attention!!



