1	Vancomycin-Concentrations in Synovial Fluid Do Not Reach Chondrotoxic Thresholds
2	Following Anterior-Cruciate Ligament Reconstruction with Vancomycin-Soaked
3	Autologous Soft Tissue Grafts: An In-Vivo Prospective Observational Study in Humans.
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25 **Objectives:**

The purpose of this study was to measure the Vancomycin-concentration in the synovial fluid following ACL reconstruction with Vancomycin-soaked autografts. It was hypothesized that intraarticular Vancomycin-concentrations in the synovial fluid do not reach chondrotoxic threshold of 1000 μ g/ml following Vancomycin-soaking of autologous semitendinosus and soft tissue quadriceps grafts for ACL reconstruction.

Methods: 10 patients undergoing ACL reconstruction using four-strand semitendinosus tendon 31 32 autografts and 10 patients undergoing ACL reconstruction using soft tissue quadriceps tendon 33 autografts were enrolled. Each graft was intraoperatively wrapped in 5 mg/ml vancomycin-soaked 34 gauze swabs prior to implantation. Following wound closure an aspirate of 5 ml synovial fluid was taken of each patient. The vancomycin-concentration of the aspirate was analyzed using high 35 performance liquid chromatography – tandem mass spectrometry (HPLC-MS/MS). Spearman-36 37 Rho correlation coefficients were used to identify relationships between the parameters and t-test 38 to test for differences between graft types. A p-value of < 0.05 was considered statistically significant. 39

Results: 20 patients (15 women; 5 men, 29.35 ± 11.3 years) were included in the study. The mean Vancomycin-concentration measured in the synovial fluid was $23.23 \mu g/ml$ ($\pm 21.68 \mu g/ml$) with a minimum concentration of $2.32 \mu g/ml$ and a maximum concentration of $71.56 \mu g/ml$. There was no significant difference between the two graft types (p=0.911). Significant positive correlation (r = .644 p < 0.05) was observed only between the Vancomycin-concentration and the duration from initiation of Vancomycin-soaking of semitendinosus grafts to implantation (13.4min \pm 6min). No correlations were observed between the Vancomycin-concentration and the duration from 47 implantation to fluid aspiration as well as the Vancomycin-concentration and the graft diameter48 (Median 8.5mm Range 6.0-10.0mm) for both graft types.

49 Conclusion: Chondrotoxic Vancomycin-concentrations of equal to or greater 1000 µg/ml were 50 not reached in any aspiration of synovial fluid following ACL-reconstruction using soft tissue 51 autografts that were intraoperatively soaked in a 5 mg/ml Vancomycin-solution. Against the 52 backdrop of multiple studies, showing significantly reduced infection rates after ACL-53 reconstruction when using Vancomycin-soaking, this study suggests that the chondrotoxic 54 properties of this method are negligible due to its submarginal intraarticular concentrations.

Level of Evidence: Prospective observational study (Level of Evidence 3)

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57 Keywords: Anterior Cruciate Ligament (ACL); Vancomycin Soaking; Vancomycin; Infection;
58 Chondrotoxicity.

59

60 Text Box:

This study describes the short-term postoperative intraarticular Vancomycin-concentration
 following ACL-reconstruction with hamstring and quadriceps tendon autografts using
 intraoperative Vancomycin-soaking.

No chondrotoxic thresholds were reached in the synovial fluid on average 15 minutes after
graft implantation.

No differences regarding the intraarticular Vancomycin-concentration following ACL reconstruction using hamstring and quadriceps tendon autografts were observed.

68

Introduction

Despite being a rare complication, ranging from 0.14% to 4.4% in selected patient
populations, postoperative septic knee arthritis following ACL reconstruction can individually
have devastating long-term effects. ^{29,12,16,27} Therefore, any effort to minimize septic knee
arthritis should be undertaken. Multiple meta-analyses showed that Vancomycin-soaking of the
anterior cruciate ligament (ACL) graft can drastically reduce the incidence of postoperative
septic knee arthritis following ACL reconstruction.^{4,14,17,32}

However, reservation regarding this method still prevail and in 2021 two thirds of the 75 76 members of the prestigious ACL Study Group denied soaking the ACL Graft in Vancomycin prior to implantation.³³ The most common concerns are Vancomycin induced weakening of the 77 graft and chondrotoxicity. Regarding the weakening of the ACL graft, several in-vitro studies of 78 human tenocytes suggest that there is a safe Vancomycin-concentration range, leaving tenocyte 79 80 viability unaffected. Depending on the respective study, safe Vancomycin-concentrations varied between 2.5 mg/mL for up to 1 h of treatment and 12.8 mg/mL for up to 6 h of treatment.^{20,31} 81 Likewise, Vancomycin showed no effect on the biomechanical properties of ACL grafts.^{11,15,26} 82 Several studies did not report increased re-rupture rates, Offerhaus et al. even observed a reduced 83 re-rupture rate after Vancomycin soaking.^{5,6,8,10,19,21,23,25,32} 84

Regarding the chondrotoxicity, several in-vitro studies investigated the Vancomycinconcentration threshold in human and animal chondrocytes and synoviocytes, finding chondrotoxic effects in concentrations as low as 1000 μ g/mL. ^{3,18,24,34} As the soaked ACL graft can act as Vancomycin-reservoir, the release and elution rate of human Vancomycin-soaked grafts in the synovial fluid in the knee joint is of pivotal importance. Grayson et al. investigated the in vitro elution rate of Vancomycin-soaked animal tendons at different concentrations. The 91 experiment showed that elution rates declined rapidly in a 1-hour interval without reaching
92 chondrotoxic concentrations while at the same time being above the minimum inhibitory
93 concentration for Staphylococcus.⁹

94 Currently, there is no in vivo or in vitro study, showing adverse effects with respect to Vancomycin-soaking. However, the preventive approach of Vanocmycin soaking of ACL Grafts 95 has been first established in 2012 and no long-term outcome data is at hand.³⁰ Especially 96 97 chondrotoxic effects would only become apparent in a longer observation period. Therefore, it is 98 pivotal to know whether this technique puts the cartilage at risk by reaching chondrotoxic 99 thresholds. In vitro data showed that Vancomycin concentrations approximate the maximum concentration within the first ten minutes due to the rapid decrease of the elution rate.⁹ However, 100 101 in-vivo data within this decisive time period immediately following the implantation of 102 vancomycin-soaked tendons are not available. 103 Therefore, the purpose of this study was to measure the Vancomycin-concentration in the

104 synovial fluid immediately following ACL-reconstruction with Vancomycin-soaked autografts.

105 It was hypothesized that intra-articular Vancomycin-concentrations do not reach the

106 chondrotoxic threshold of $1000 \,\mu$ g/ml following ACL-reconstruction using Vancomycin-soaked

107 autologous semitendinosus and soft tissue quadriceps grafts.

108

109 Materials and Methods

After approval was obtained from the local ethics committee (S-247/2021), patients
undergoing primary isolated ACL-reconstruction with or without meniscal surgery by one of two
Orthopaedic surgeons (PT and GD) at our tertiary care hospital were recruited. Patients were
excluded if they had prior ipsilateral or contralateral ACL-injuries, prior knee surgeries, and

114	intravenous or oral vancomycin intake. Two groups were formed, one with 4-folded
115	semitendinosus tendon grafts and the other with soft tissue quadriceps tendon grafts.
116	
117	Procedure of intraoperative vancomycin soaking:
118	After harvesting the quadriceps or semitendinosus tendons using respective harvesting
119	instruments, tendons were wrapped in a Vancomycin-soaked gauze compress. The Vancomycin-
120	concentration was 5 mg/ml based on the standard protocol published by Vertullo et al. ³⁰
121	Subsequently, the preparation of the grafts was performed. Before implantation, the Vancomycin
122	was not rinsed or wiped off with a compress containing Ringer's solution. A soaking time of
123	minimum 10 minutes was ensured.
124	
125	Sample collection procedure:
126	The graft was inserted under arthroscopic view. After femoral and tibial fixation, only a
127	short arthroscopy followed to check for graft positioning and to remove debris. Subsequently, the
128	remaining fluid was sucked out of the joint and wound closure of the harvest site and medial
129	portal was performed. Before suturing the anterolateral portal, sterile punction of the joint
130	through the anterolateral portal was performed, aiming for the knee compartment in proximity to
131	the soaked graft in anticipation of maximum concentrations. The aspirated fluid was placed in
132	Falcon tube and frozen at -80°C. The time intervals between initiation of Vancomycin-soaking
133	and implantation (t1) and between implantation and sampling (t2) were measured.
134	
135	Analysis technique:
136	The Vancomycin-concentration of the collected synovial fluid was the analyzed using

137 high-performance liquid chromatography coupled to tandem mass spectrometry (HPLC-MS/MS) 138 analogous to previous methods described for the determination of Vancomycin in serum. 7,13,28 139 Samples were processed at room temperature. Briefly, $100 \,\mu$ L of the sample were 140 transferred into an Eppendorf tube and fortified with the internal standard (Acebutolol) to a final 141 concentration of 10 µg/mL. Proteins were precipitated by adding 400 µL of methanol, followed 142 by thorough vortex-mixing and centrifugation at 17 000 x g for 10 minutes. The clear 143 supernatant was subsequently diluted with 0.1 % formic acid in a LC vial to a ratio of 1:100, 144 vortex-mixed and subjected to LC-MS/MS analysis. The samples were analyzed by reversed-145 phase HPLC coupled to an orbitrap mass spectrometer equipped with a heated electrospray ion 146 source operating in positive mode. MS/MS experiments were performed, monitoring two 147 diagnostic ion transitions each for Vancomycin (m/z 725 \rightarrow 1305; 725 \rightarrow 1143) and the internal 148 standard $(m/z, 337 \rightarrow 116; 337 \rightarrow 319)$ as quantifier and qualifier ion pairs. Estimation of the 149 analyte's concentration was achieved by means of calibration curves prepared in blank synovial 150 fluid utilizing the peak area ratios of the quantifier ion transitions of Vancomycin and internal 151 standard. The method was validated according to ICH criteria.² Before analyzing the 152 Vancomycin-concentrations following ACL-reconstruction with Vancomycin soaked grafts, pre-153 test of synovial fluid following ten ACL-reconstructions without Vancomycin soaked grafts was 154 used to validate the method by adding predetermined concentrations of Vancomycin in vitro. As 155 expected, no Vancomycin was detected in synovial fluid following ACL-reconstruction without 156 Vancomycin soaked grafts.

157

158 *Statistical Analysis*

159 Descriptive statistics were performed as follows. Means, standard deviations, minimums, 160 and maximums were determined for all continuous variables. Spearman's rank correlation 161 coefficient was used to analyze correlations. A Mann-Whitney-U-Test performed to compare 162 Vancomycin-concentrations between groups based on graft choice and remnant preserving. A Kolmogorov-Smirnov Test was used to determine the distribution of the data and a goodness-of-163 164 fit test including Anderson-Darling statistic was performed to investigate if the data are well-165 described by the fitted distribution. To calculate the probability of a value reaching a certain 166 threshold we used the cumulative distribution function (CDF). Significance was set at p-value < 167 0.05.

168 A post hoc power analysis was performed using G*Power 3.1.9.2 (Franz Paul, Kiel, 169 Germany) to calculate the power of the present study. For a t-test comparison between n=10170 Vancomycin-concentrations following ACL-reconstruction with Vancomycin soaked hamstring 171 grafts and n=10 Vancomycin-concentrations following ACL-reconstruction without Vancomycin 172 soaked hamstring grafts, a power of 0.9 was calculated. Based on the results of the Spearman's 173 rank correlation coefficient regarding the Vancomycin-concentrations and the duration from Vancomycin-soaking of semitendinosus grafts to implantation, a power of 0.42 was calculated. 174 175 Based on the results of the independent t-test comparing the Vancomycin-concentration in the 176 synovial fluid of remnant preserving and non-remnant preserving ACL-reconstruction, an effect 177 size of 0.97 (α =0.05), and a study group of 20 patients, a power of 0.51 was calculated. For a t-178 test comparison between hamstring and quadriceps ACL-reconstruction, a power of 0.1 was 179 calculated.

180

181 **Results**

A total of 20 patients were included in the study. Demographic characteristics for the cohort are outlined in Table 1. The mean Vancomycin-concentration measured in the synovial fluid was 23.23 µg/ml (\pm 21.68 µg/ml) with a minimum concentration of 2.32 µg/ml and a maximum concentration of 71.56 µg/ml. With respect to Vancomycin-concentrations, no statistically significant differences were identified between semitendinosus (21.45 \pm 22.37 µg/ml) and quadriceps tendon autografts (25.01 \pm 22.02 µg/ml; p = 0.91). (Figure 1A)



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Figure 1 (A) Bar graph of vancomycin concentration in synovial fluid (μ g/ml). There is no significant difference between semitendinosus and quadriceps tendon autografts. (B) Time between soaking and implantation of the ACL Graft in minutes (min) and vancomycin concentration in synovial fluid after implantation correlates only in semitendinosus tendon autografts (triangles) (r = .644 p <0.05). (C) There is no correlation between time from graft implantation to sample collection in minutes (min) with vancomycin concentration (μ g/ml) in either quadriceps tendon autografts (squares) or semitendinosus grafts (triangles). 197 The mean duration between initiation of Vancomycin-soaking and implantation was 20.75 min (± 198 15.26 min) and the mean duration from implantation to fluid aspiration was 15.40 min (\pm 5.33 199 min). The only significant correlation (r = .644 p < 0.05) was observed between the Vancomycin-200 concentration and the duration (13.4min \pm 6min) from initiation of Vancomycin-soaking of 201 semitendinosus grafts to implantation.(Figure 1C) No correlations were observed between the 202 Vancomycin-concentration in the synovial fluid and the duration from implantation to fluid 203 aspiration (r=-0.73 p=0.841) as well as the Vancomycin-concentration and the graft diameter 204 (median 8.5mm, range 6.0-10.0mm, r=-0.026, p =0.914) for both grafts.(Figure 1D) In four patients all reconstructed with semitendinosus autografts a substantial remnant of the original ACL 205 206 was left intact, and the ACL graft was covered by the ACL stump. There was a significant 207 difference (p=0.019) between the mean Vancomycin-concentration in the synovial fluid for 208 remnant preserved ACL-reconstructions (7.61 μ g/ml \pm 4.66 μ g/ml) compared to ACL-209 reconstructions without preserved remnant (27.13 μ g/ml ± 22.58 μ g/ml). (Figure 1B)

The vancomycin concentration was exponentially distributed. The goodness-of-fit tests showed that the data are well-described by the fitted exponential distribution (Kolmogorov-Smirnov p=0.171 an Anderson Darling statistic 0.500). Using the CDF we calculated the probability of the vancomycin concentration to reaching 100 µg/ml, 200 µg/ml, 500 µg/ml and 1000 µg/ml. Based on the data distribution, the probability for a measurement being > 100µg/ml was 0.02%, for >200µg/ml 2.22 x 10⁻¹⁸ and for both >500 and >1000µg/ml <10⁻³⁰.

	Quadriceps	Semitendinosus	Significance
	Autografts	Autografts	Significance
N	10	10	
Age (yr)	27.0 ± 10.1	31.7 ± 12.5	n.s.
Gender (male / female)	4 / 6	2 / 8	n.s.
Graft Diameter (mm)	8.7 ± 0.6	8.3 ± 0.9	n.s.
Remnant Preserving ACL	0	,	0.04
Reconstruction	0	4	0.04
Time between Vancomycin-			
soaking and Graft Implantation	28.4 ± 17.9	13.10 ± 6.2	0.02
(min)			
Time between Graft Implantation			
and Aspiration (min)	18.4 ± 5.0	12.4 ± 3.8	0.008
Age and Graft Diameter is presented	as mean \pm standar	d deviation. Gender i	s presented as

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217 Discussion

The most important finding of this study is that chondrotoxic Vancomycin-concentrations
of equal to or greater 1000 µg/ml were not exceeded in any aspiration of synovial fluid following
ACL-reconstruction using soft tissue autografts that were intraoperatively soaked in a 5 mg/ml
Vancomycin-solution. Thereby, this study adds relevant in-vivo data to the ongoing discussion,
suggesting that chondrotoxic effects of Vancomycin-soaking on the cartilage seem to be

clinically insignificant and that the method constitutes a safe prophylaxis of infection in ACL-surgery.

225 The lowest reported Vancomycin-concentration threshold regarding chondrotoxicity and 226 toxicity of chondrocytes was 1000 µg/ml. The reported thresholds are solely based on in-vitro 227 studies, investigating the effects of Vancomycin in direct contact with chondrocytes and 228 describing the cellular sequelae with respect to cell viability, reproduction, and necrosis. Without 229 the extracellular and cartilage matrix that functions as additional barrier in-vivo, however, 230 Vancomycin- exposure to the cells presumably results in higher cell toxicity. Therefore, the in-231 vivo threshold for the chondrotoxicity of Vancomycin-concentrations might even be overestimated.²⁴ However, the true chondrotoxic Vancomycin concentration could only be 232 233 identified by measuring Vancomycin concentrations in the chondral tissue in vivo. With a mean 234 Vancomycin-concentration of 23.23 μ g/ml and a maximum concentration of 71.56 μ g/ml in the 235 synovial fluid on average 15 min following graft implantation, the present results distinctly 236 remain below the lowest reported Vancomycin-concentration threshold. Importantly, all 237 Vancomycin concentrations are at the same time above the minimum inhibitory concentration of 238 2μ g/ml for Staphylococcus aureus, reported by the European Committee on Antimicrobial 239 Susceptibility Testing.¹ Furthermore, all but two measured concentrations were above the 240 minimum inhibitory concentration of 4µg/ml for coagulase-negative staphylococci that include 241 clinically relevant pathogens like Staphylococcus epidermidis. Hence, not only do harmful 242 concentrations seem to be ruled out, but also sufficient antibiotic concentrations were reached. 243 The corresponding in-vitro experiment by Grayson et al. showed three major findings: 1. The 244 ACL grafts served as Vancomycin-reservoirs and the graft size influenced the amount of 245 Vancomycin released. 2. The maximum elution rate occurred between 10 minutes and 1 hour

with a subsequent rapid decline. 3. The Vancomycin-concentration did not exceed osteoblast and
chondroblast toxicity thresholds. In contrast to this in-vitro study, however, the postoperative
knee joint is not a static environment. Due to postoperative hemorrhage, the intraarticular
volume increases and further dilution is expectable, reducing the Vancomycin-concentration in
the synovial fluid. In a synopsis of both studies, Vancomycin is unlikely to accumulate in the
synovial fluid due to rapid elution rates and additional dilution despite the Vancomycin-reservoir
in the graft.

253 Despite its larger surface, four-strand semitendinosus tendon grafts showed similar 254 Vancomycin-concentrations compared to quadriceps tendon grafts. Regarding the relationship 255 between Vancomycin-concentrations and duration of exposure, a significant correlation was only 256 identified in semitendinosus tendons. Whether there is an influence of the absent tendovaginal 257 sheath in quadriceps tendon grafts cannot be answered in the present study and should be 258 investigated in-vitro, especially to ensure the viability of the tendocytes. Interestingly, 259 preservation of the remnant ACL led to significantly lower Vancomycin-concentrations 260 compared to ACL-reconstructions without remnant ACL, providing yet another argument for 261 remnant preservation.

Regarding subgroup-analyses, this study does not have a sufficiently large sample size to answer all research questions of interest and the results are prone to being underpowered as shown by the post-hoc power analysis. However, even supposedly minor intraoperative interventions like in the present study always involves weighing up the risk for the individual patient and the potential increase in knowledge. In addition, no meaningful a-priori calculation of the sample size was possible, as there was no reliable data on the intra-articular Vancomycinconcentration. Therefore, a sample size of 20 was chosen as a balance between individual risk 269 and information gain. However, based on the calculations from the present distribution of data 270 using the CDF, it was shown that it is very unlikely that a measured intra-articular concentration 271 of vancomycin could be above the chondrotoxic threshold. Further, the good agreement of the 272 fitted exponential function with the data distribution of the vancomycin concentration gives 273 further evidence that the chosen number of cases is suitable to answer the main research 274 question. Additionally, the time of sampling can be scrutinized. The mean duration from 275 implantation to fluid aspiration was 15.40 min. Thereby, it was just in the time interval of 276 maximum elution as shown by Grayson et al. and might miss the peak of intraarticular 277 Vancomycin-concentration. Since patient safety was prioritized and the fluid aspiration was only reasonable under the sterile conditions in the operating room immediately following ACL-278 279 reconstruction, it was not possible to adjust the sampling time. Despite using a single-stranded 280 and a multi-stranded graft, the results cannot be automatically transferred to bone - patellar 281 tendon - bone grafts. Nevertheless, this study provides important in-vivo data on intraarticular 282 Vancomycin-concentrations following ACL-reconstruction using Vancomycin-soaked grafts and 283 adds to the growing body of evidence, suggesting that this is a safe method for prophylaxis of 284 septic knee arthritis following ACL-reconstruction. Even though no general recommendation for 285 vancomycin soaking can be given due to the lack of level I evidence, this method has the 286 potential to become the future gold standard. Even now it appears to be difficult to withhold this 287 method from high-risk patients in particular against the backdrop of multiple level II and II 288 studies including more than 20,000 patients showing drastically reduced incidences of septic knee arthritis following ACL-recontruction.^{22 32} 289 290 Conclusion

291	Chondrotoxic Vancomycin-concentrations of equal to or greater 1000μ g/ml were not		
292	reache	d in any aspiration of synovial fluid following ACL-reconstruction using soft tissue	
293	autogra	afts that were intraoperatively soaked in a 5mg/ml Vancomycin-solution. Against the	
294	backdrop of multiple studies, showing significantly reduced infection rates after ACL-		
295	reconstruction when using Vancomycin-soaking, this study suggests that the chondrotoxic		
296	properties of this method are negligible due to its submarginal intraarticular concentrations.		
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