



Texas Orthopaedic & Sports Medicine Institute

Contact Name: Jesse DeLee, MD
Address: Orthopaedic Surgery Associates of San Antonio, 9150 Huebner Road Suite 110, San Antonio, TX 78240 United States
Phone: +1 210 561 7033
Fax: +1 210 561 7013
Email: kay.harrell@healthsouth.com
Web: N/A

The Institute hosts courses designed to increase the knowledge and skills of practicing orthopaedic surgeons interested in sports medicine. Four modern arthroscopy training stations, adjacent to our lecture hall, allow participants to receive not only theoretical knowledge on new procedures, but also practical surgical skills utilizing fresh frozen specimens. Courses are also held to allow surgeons to obtain practical skills using innovative equipment and instrumentation.

The institute is a nonprofit corporation housed within a medical building that also contains physician offices, outpatient surgery, imaging and physical therapy. Volunteer physicians who teach within our program are considered experts within their area of specialization and sports medicine. The scope of the experience can include primary and revision reconstructive procedures of the shoulder, hip, knee, foot and ankle, including arthroscopy and minimally invasive procedures. The experience provides access to over 1600 surgical cases per year and 800 clinical patients per week, evenly divided between shoulder, hip and knee, and foot and ankle. Participants can participate in a monthly sports medicine case study conference. Participants also help provide team coverage to 16 local high schools, 2 universities and all San Antonio professional teams. A state of the art biomechanics lab is available for sport medicine research.