



San Diego Arthroscopy and Sports Medicine Fellowship

Contact Name: James P. Tasto, MD
Address: 6719 Alvarado Road, Suite 200, San Diego, CA 92120 United States
Phone: +1 619 229 3932
Fax: +1 619 582 2860
Email: marih@sdsm.us
Web: www.sdsmortho.net

San Diego Sports Medicine and Orthopaedic Center sponsors a 12-month fellowship program known as the San Diego Arthroscopy and Sports Medicine Fellowship. This program provides a unique opportunity to offer a high level of training to new physicians, as well as to conduct much-needed research.

The US National Action Network recently designated 2000-2010 "The Decade of Bone and Joint Research." The fellowship program plans to make a significant contribution to the study of musculoskeletal diseases in the next few years.

The first fellow started training with Dr. James Tasto in 1991. Since then, the program has grown in popularity. Currently, there are hundreds of candidates, but only four physicians are selected each year to participate. The San Diego Arthroscopy and Sports Medicine Fellowship is a "hands-on" program in which the new physicians have the opportunity to learn from nationally renowned physicians' offices as they rotate through five different orthopaedic practices through the year. This allows the fellows the chance to see different approaches, clinical settings and different areas of specialization.



Currently, the orthopaedists involved with training and oversight, and the hospitals they are affiliated with, are:

Dr. Rob Pedowitz, University of California-San Diego
Dr. John Miles, Mercy and Scripps Medical Centers
Dr. James Esch, Tri City Medical Center
Dr. Brad Cohen, Pomerado Hospital
Dr. James Tasto and Dr. Steven Tradonsky, Alvarado and Grossmont Medical Centers
Dr. Jan Fronck, Dr. Heinz Hoenecke and Dr. Laura Alberton, Scripps Clinic

In light of decreasing remuneration over the years to medical practitioners and surgeons, as well as a significant reduction in assistant's fees, funding for this program has become increasingly scarce. It is estimated that each fellow costs the programs approximately \$75,000 a year, which includes salary and overhead. This does not take into consideration any expenses for research and publishing requirements.