

# Combined Arthroscopy Sports Medicine Meet – CASM, 2012

## Jaipur, India

### REPORT

Combined Arthroscopy and Sports Medicine - CASM 2012 was a combined meeting of Indian Arthroscopy Society (IAS), Asian Arthroscopy Congress (AAC) and Asia Pacific Orthopedic Society for Sports Medicine, (APOSSM). This combined meeting of the IAS, AAC and APOSSM which was held in Jaipur, India. CASM 2012 was attended by more than 800 delegates and 49 International faculty from more than 32 countries including Japan, China, Hongkong, Korea, Taiwan, Malaysia Singapore, Iran, UAE Indonesia, New Zealand and Australia amongst others.



Dr. Anant Joshi & Dr. Parag Sancheti



CASM 2012 was supported by ISAKOS. As a part of this conference, ISAKOS certified Team Physician's course was organized on 8th November 2012 at Jaipur. ISAKOS certified Team Physician course was a highlight of this meeting. The purpose of the workshop was to discuss sports medicine topics like tendinopathies, musculoskeletal imaging, pre-hab and re-hab. Specialists shared their experience and provide insights into newer developments in this specialty. The Chair for the Workshop was Willem van der Merwe from South Africa and Indian Co-Chairs were Mandeep Dhillon and Parag Sancheti. The International

faculty included Surgeons, Radiologists and Physiotherapists who shared their views and discussed regarding the various aspects patient care with a sports perspective.

Willem van der Merwe welcomed the participants for this course and spoke about his experience in sports injury management with an African viewpoint. His session was followed by eminent speakers from all over the world who specifically talked on ACL injuries, Shoulder and Ankle Injuries. The surgeons' perspective and the physiotherapists' point of view was discussed for these injuries along with importance of injury prevention, predisposing factors, treatment protocols and post-surgery rehab. Separate sessions / demonstrations on Kinesiology Taping, Core Stability, Eccentric Neuromuscular exercise; Plasma Rich Protein (PRP) and Radiological Imaging of Sports Injuries were also included the workshop.



Dr. Willem Vander Merve & Dr. Parag Sancheti



During this 3 day meeting, lectures, symposiums, ICL's and debates were held on various aspects of arthroscopy and sports medicine. In addition, 25 live surgeries were demonstrated which showed innovative techniques to make arthroscopic surgeries simplified which was in line with the theme of the meeting.

The entire 3 day proceedings of CASM 2012 was highly appreciated by the all the participants and faculty and has put Indian Arthroscopy on a different pedestal. Entire organizing committee worked hard to make this meeting a success. Dr. Anant Joshi was the organizing chairman, Dr. Parag Sancheti, the organizing secretary, Dr. Dinshaw Pardiwala was the scientific chair and Dr. Nicholas Antao was the treasurer for the meeting. This committee was ably supported by Dr. Kanchan Bhattacharya, President and Dr. Debasis Chatterjee, Secretary of Indian Arthroscopy Society.



Dr. Mark Ferguson,  
Dr. Willem Van Der Merve,  
Dr. Parag Sancheti &  
Dr. Dinshaw Pardiwala



**Organising Committee :**

Dr. Dinshaw Pardiwala, Dr. Anant Joshi,  
Dr. Parag Sancheti & Dr. Nicolas Antao



**CASM 2012 - HIGHLIGHTS :**

- 8 Concurrent preconference workshops ( including ISAKOS certified course)
- 25 Live surgical demonstrations. Beamed from 2 hospital (6 ORs ) in Jaipur city
- 49 International faculty
- 103 Indian faculty
- 810 Delegates (including those from the ISAKOS precourse)
- 320 scientific presentations